The discipline of learning. The art of caring.
PAR EXCELLENCE.

Good Neighbor Pharmacy and the Institute for Community Pharmacy present the GNP/ICP Scholarship Golf Classic, June 16, 2006 at Robinson Ranch Golf Club in Santa Clarita, California. Proceeds will benefit pharmacy scholarships at Western University of Health Sciences and the USC School of Pharmacy. For more information, contact Marie McNutt at 661-600-1639.
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Ready to assist the university? Call us.
As we enter the New Year, let me tell you of our vision for the future. That vision is spelled out in the University Strategic Plan, approved by the trustees last month. There are many key elements essential to creating a strategic plan for a world-class university, including a committed faculty and staff, dedicated students, a dynamic body of alumni, and a supportive surrounding community. WesternU has been gifted with each, which is why every year we continue to evolve and grow into a stellar educational institution. Indeed, we have built a rich tradition of academic excellence and accomplishments.

As a result, we are recognized as a unique health professions university, enriched by our diverse programs. Given this recognition, we now have an opportunity to further build our discipline mix by responding to a need for an expanding health care workforce. We are exploring additional disciplines in health care. This is in addition to the ongoing need for the health professions that we already educate. As we add new programs and professions and grow our present programs, we maximize the interdisciplinary nature of the university.

Along with this, we will enhance our infrastructure by adding faculty, support staff, and facilities.

In contemplating the milestones our university has celebrated for almost three decades, we know that it has advanced and changed, not once, but a number of times. What remains constant, however, is a genuine engagement of our faculty and staff, students and alumni with one another and with the global community.

It is the university’s social contract with that community, as well as the fundamental pursuit of knowledge through teaching and research, that motivates us to develop our strategic plan to address the growing and changing face of health care. Our continued focus on research makes it possible for new knowledge to be disseminated for the public good. A campus rich in research is a campus where inquiry is given the highest respect.
“I will encourage and welcome participation in planning our future by revisiting the cornerstone of our foundation, which is the intersection of scholarship, scientific knowledge, compassion and caring.”

As we are successful in securing these critical areas, we will optimize the likelihood that our students and graduates will pass all required board, licensing, and certification exams, which will, in turn, lead them to the best internships, residencies, post-doctoral programs, and career opportunities. Indeed, candidates for admission to all of our programs will recognize that WesternU graduates are sought after because of the quality of their education and the prestige and reputation of the university.

During the coming year, I hope to build on the strengths of our foundation by engaging the university in an ongoing dialogue among the different colleges, faculty and staff, students and alumni. I will encourage and welcome participation in planning our future by revisiting the cornerstone of our foundation, which is the intersection of scholarship, scientific knowledge, compassion and caring.

I look forward to continuing to work with our constituencies to cultivate a dynamic and unparalleled association that solidifies and enhances our university as a pioneering institution in the field of interdisciplinary health professions education and science. 

Philip Pumerantz, PhD

Posing for a photo during the recent “A Tribute to Caring” gala are (back row, left to right) radio show host Larry Mantle, and entertainers Roy Horn and Siegfried Fischbacher. Seated are Founding President Philip Pumerantz PhD, (left) and Stephen Tarzynski, MD, of Kaiser Permanente.
World-renowned magicians and animal lovers Siegfried & Roy, radio talk show host Larry Mantle and Kaiser Permanente were the stars of the evening at WesternU’s 25th annual “A Tribute to Caring,” held in November at the Beverly Hills Hotel.

The event raised $195,000, with proceeds benefiting student scholarships, which support the university’s mission to educate compassionate and skilled health-care professionals.

The university’s highest honor, the Elie Wiesel Humanism in Healing Award, was awarded to Siegfried & Roy. Honored as magicians of the century in 2000, they have been entrusted with the care and preservation of the rare Royal White Tigers for more than 20 years.

a) Dr. Stephan Tarzynski, chief of service, pediatrics, of Kaiser Permanente’s West Los Angeles Medical Center, speaks to the audience.

b) Guests at “A Tribute to Caring” enjoy the reception.

c) Dr. Pumerantz acknowledges the gift of $3 million, presented to the university by Howard Bornstein on behalf of the Harold W. Harris Foundation Trust.
Popular radio talk show host Larry Mantle was the recipient of the Media Award for Advancement in Health and Humanism. Mantle has been the host of AirTalk on KPCC since April 1, 1985, making it the longest continuously airing daily talk program in Southern California. Kaiser Permanente, the nation’s largest health care organization and a partner of WesternU, received the Corporate Award for Excellence in Health Care. The university has approximately 48 physician assistants and 31 alumni physicians working in the Kaiser system. The College of Pharmacy also uses Kaiser facilities as rotation sites for its students.

Roy Horn addresses the audience as Harriet Pumerantz, Siegfried Fischbacher and Dr. Pumerantz acknowledge his response.

Larry Mantle, host of AirTalk on KPCC, received the Media Award for Advancement in Health and Humanism.
A TRIBUTE TO CARING

Los Angeles television personality and former journalist Stephanie Edwards graciously emceed “A Tribute to Caring” for the third time.

a) Gala attendees dance to the music of the L.A. Six.

b) The majestic Beverly Hills Hotel was the site of “A Tribute to Caring.”
TESTIMONIALS FROM THE FRONTLINES OF A DISASTER

by Siraj Mowjood, DO '08

As our medical relief team drove towards Seenegama, Sri Lanka, it became very clear to us how powerful the December 2004 tsunami was. For miles, all we could see were homes that were either completely destroyed or nearly turned to rubble. The privacy that a home is supposed to provide was lost among houses that had literally been torn apart, exposing staircases and bathrooms to the outside world. One-room shacks made of wood shingles were scattered throughout the area, while tents made of tarps tied to the ground were also common shelters for victims. Fishing boats were pushed hundreds of meters from the ocean shore, as though they were just another piece of rubble from people’s lives. And yet, the people remained where their homes once stood, trying to rebuild their lives and create some sort of order and normalcy. It was clear that even though these people needed help, they were not going to wait for it to get started again.

My family is from Sri Lanka, and I have been fortunate enough to visit Sri Lanka several times before. This time, I went there with a tsunami relief group from WesternU. My older brother, Dr. Rahmi Mowjood, who had gone to Sri Lanka soon after the tsunami, was leading our team. The team included seven first-year medical students, two physicians, and one pharmacist. Our goal was to provide as much medical care to as many people as possible. We based our efforts out of the Rainbow Clinic in Seenegama, which used to be a vacation home for professional cricket players until it was destroyed by the tsunami. In addition to working at the clinic, we would also visit the surrounding refugee camps to offer our services.

As first-year medical students, my classmates and I faced many obstacles. With just one year of medical school completed, it was clear that there was still a lot for us to learn, including what it really meant to be a physician. It soon became clear to me that this not only meant having a clear understanding of the intricacies of the human body and the medications that are available, but also embodying the values of humility, gratitude, and compassion.

The more people we helped treat, the better we felt about ourselves and our abilities as doctors. Under the supervision of the physicians on our team, we treated people for ailments such as fevers, infections, coughs, asthma, muscle pains, and many other illnesses. And yet, as soon as we felt proud of our abilities, patients whom we could not help would appear. We could not help the 18-year-old man who was hit on his cerebellum when he was a young boy and now had intention tremors every time he tried to move his hands. We did not have the right medications to treat the man who was at risk of losing his foot because it was so infected. We could only listen to the woman who explained to us how she woke up in the morgue after the tsunami because someone thought she was dead. Some of the patients we saw could have

(Continued on page 8)
received treatment for the ailments in the United States, and others could not have been helped even if they came to America. Despite our desires to help everyone, it was clear that we were limited in our abilities at that place and time.

Yet, the people of Sri Lanka are very strong. If you did not ask them how they were affected by the tsunami, you would think that nothing had ever happened to them. On the surface, however, not only was their suffering clearly apparent, but one could also see that there were different levels of suffering. As soon as I saw families living in wooden shacks, I would see a family living in a tent. As soon as I saw families living in a tent, I would see families living in homes made out of woven coconut leaves. As soon as I saw a mother who lost a child to the tsunami, I would see a child who lost his or her mother. And as soon as I saw the child who lost his mother, I saw another child who lost his mother and his father. Then there were the stories of people whom I did not see at all. When I saw the tribulations of the people in Sri Lanka first hand, I could not ignore the feeling of gratitude for all the blessings that I had. And soon the feeling of gratitude turned to shame for having complained about my own tribulations, which were nothing compared to what these people had to face. Whether it be in Sri Lanka, the United States, or anywhere else in the world, after this trip, being a physician is no longer just a profession for me, but rather a way of being grateful for all that I have.

While this relief trip provided me with the opportunity to learn a lot about diseases and treatments, the people of Sri Lanka showed me the most essential aspects about medicine. Through the interpreters, I would have to communicate with my patients to determine what their ailments were. This would often put an unavoidable barrier between the patients and myself, as I was not speaking to them directly. Yet very often, after the patients had received their medication, in the little English they knew, they would look at my face, smile and say “thank you.” It was at these moments that I felt a strong bond to the patients I saw; I would feel as though my work had real meaning. To see these people smile in appreciation of my efforts, despite the difficulties they were living in, was a gift in and of itself.

Humanism and compassion are things that medical schools often preach to their students. Yet these values and characteristics cannot come from reading a book, watching a video, or observing another doctor. These values have to be imprinted in one’s heart, and the only way to do that is to experience and practice these values for one’s self. This relief trip was an opportunity for me to see what it meant to strive for those values.
By Chandra Patel, DO ’08

The post-traumatic stress workshop was one of the most moving parts of the trip for all of us. The beginning was a reminder that kids are kids wherever you are, and that the Hokey Pokey is a hit on the other side of the planet. We sang interactive songs for the kids that instructed us to mess up each others’ hair, give high fives, and tickle one another. The kids were laughing and screaming and smiling, their enormous brown eyes shining. Then they sang a few songs for us. They sang songs in English that might have been part of their English instruction at one point and then sang a song about the tsunami. The song was about the Sri Lankan people supporting each other and remaining strong after the tragedy.

Once we had established a level of comfort, Dr. Smart shared a personal story with the kids about something that made him really happy. We encouraged the kids to draw pictures of things that made them happy. The kids drew pictures of their families, animals, and bicycles. A little boy in my group drew a picture of a waterfall in India. He had seen a picture of it somewhere and thought it was beautiful. Then Kyle shared an experience that made him sad, and he encouraged the kids to draw a picture of something that made them sad or scared. The kids all started scribbling the same thing: chaotic blue or black lines all over their pages, images of little people floating in water. We broke into small groups and gave the kids a chance to share their pictures with us and with each other. This is when the kids got a bit quiet again.

They looked deeply thoughtful and uncertain. More than the destruction of entire villages, more than boats that were lying on their sides a mile from the water, the faces of the children helped me understand the enormity of what had happened. I sensed that for some of them it was too vast to be discussed at that point.

We spent some time talking about some of the science behind tsunamis because, often when these disasters occur in rural areas of developing countries, children, especially, may think that the tsunami happened because they had done something bad or because they were being punished. We talked about the fact that there had been tsunamis in many countries and we explained why they happened. Then we talked a bit about what they could do in the event of another one. We wanted to help them feel like they had a plan so they could feel a little less anxious about the situation. As expected, I think we benefited more than from the session than the kids did. It is shocking to meet such amazingly beautiful children, knowing that they have experienced something so terrifying. Part of me wanted to sit with them and talk about everything that had happened so they could work through their fears, and part of me knew that the kids had more strength and resilience than I could ever imagine. It was helpful to provide a space where the kids could talk a bit about something that could not to talked about in their homes. It was productive to explain the science so that these bright kids could understand another component of what happened. Ultimately, however, I was just honored to be in the presence of such intelligent, resourceful kids, because they were moving forward with or without our help and I found that to be inspiring. We ended the session with more singing, and then we gave the kids some toys and art supplies. Chaos ensued, and we took the party into the playground.
A COMMENTARY ON DRUG-INDUCED DISEASE
by Max D. Ray, PharmD, M.S.
Dean of the College of Pharmacy

A colleague of mine sent me a copy of an article that appeared in the AARP Bulletin regarding inappropriately managed drug therapy in the elderly. The article pointed out something I have known for years: drug-induced disease has become epidemic and we seem to have no grip on the problem. Up until now, we've seen only the tip of the iceberg.

As an educator, I instill in my students, the pharmacists of the future, the belief that something must be done. But before this can be corrected, a number of contributing factors must be identified.

There are more elderly people than ever before, which means there is a burgeoning need for drugs to manage chronic disease. We don’t have good science establishing what the correct dose is for the elderly and, often times, do not adjust dosages. With respect to drug therapy, we all need to keep in mind that drugs are approved for the market based on studies done primarily in healthy adults (mostly young adults); we have no clinical data regarding safety and appropriate dosing for elderly people whose liver enzymes and renal function have begun to slow down.

Polypharmacy—the practice of over-prescribing—is a huge national problem in which pharmacists across the country can easily corroborate. If every physician and pharmacist were to do a better job in keeping up with what patients are already taking, before adding another drug to the regimen, we would begin to bring this problem under control. Part of the problem of polypharmacy, of course, arises from the fact that many patients see more than one physician, with few being aware of what the other is prescribing.

Patient monitoring after a prescription is filled is a huge unmet need in our society. Pharmacists have a major role to play in following up. Once a patient has a new prescription filled, there is usually no provision for follow-up monitoring until the patient’s next appointment with his/her physician, which could be several months. In the meantime, the patient could have experienced a toxic reaction or a treatment failure that goes undetected. And often the toxic reaction is viewed as another symptom to be treated with medication, rather than as a drug-induced disease for which the appropriate treatment is discontinuation of the drug.

Physicians and pharmacists need to keep their guard up every time a drug is prescribed. I tell our students that whenever a drug is used by a patient for the first time, we’re dealing with experimental pharmacology. In other words, we really don’t know what will happen. We, therefore, need to provide for close monitoring of the patient until we know that the drug is producing the desired effect without causing any clinically significant toxicity.

There is one other contributing factor: the huge "disconnect" between medicine and pharmacy (or between physicians and pharmacists). There are some settings in which physicians and pharmacists function in a highly collaborative manner, such as in some hospitals and in many managed-care organizations. But the majority of pharmacists are based in retail pharmacy settings, with no formal relationship with any specific physician or group of physicians. It is not enough to teach the pharmacists of the future; current pharmacists need to be educated now.
PUBLICATIONS WIN TWO NATIONAL AWARDS

Two national awards were presented to publications produced at WesternU. The American Association of Colleges of Osteopathic Medicine (AACOM) presented the awards at the combined national conference of the American Osteopathic Association in Orlando, Florida.

*Humanism*, WesternU’s annual student-produced magazine, won first-place honors in the magazine category and a series of student recruitment brochures won second place in that category. A total of 64 entries were submitted for judging in the 14 categories of the annual communications competition. Osteopathic medical colleges around the country enter the contest each year.

Rick Ha and Nathanael Cardon served as co-editors of *Humanism*, along with 18 students who wrote articles and poetry or contributed photography and art for the feature magazine. The students are volunteers and come from throughout the university. Michael Burney, PA-C, EdD, and chair of the Health Sciences Department, served as faculty advisor for the publication. “Giving Back” was the theme for this year’s edition.

The magazine and the recruitment brochures are produced by University Publications for the Recruitment Department. The brochures are designed to provide an introduction for prospective students to each of the university’s degree programs in health care.

WESTERN UNIVERSITY EARNS U.S. NEWS & WORLD REPORT RANKING DISTINCTION

U.S. News & World Report’s “America’s Best Colleges, 2006” issue reports that WesternU has earned a “distinctive” ranking this year. On the USNews.com site about medical schools, COMP was top-ranked as the hardest school to get into among the reported private osteopathic medical schools.

The top ranking is based on the admission data of the entering class of 2004, which included such factors as average undergraduate GPA, and average MCAT score for physical sciences, biological sciences, and verbal reasoning.

WesternU attributes this recognition to the concerted effort of the faculty and dean to enhance the core values of the college, the work to enhance the diversity of the student body, and the college’s commitment to humanism.
“I want to change the experience of seeing...to have people think when they look at my paintings. I regard myself as a ‘visual storyteller’—using camouflage as a technique to slow down the viewing process, but my meaning and message are never hidden.”

— Bev Doolittle

**ARTIST BEV DOOLITTLE GRANTS USE OF FAMOUS WATERCOLOR**

Bev Doolittle’s watercolors celebrate our Western wilderness and its inhabitants, expressing the reverence for life that is a founding principle of the College of Veterinary Medicine. Hoping that a partnership with the artist would be possible, Leigh Wiemann, executive director of Philanthropy for WesternU and the College of Veterinary Medicine, contacted the Greenwich Workshop, which licenses Doolittle's work.

On behalf of the college, Wiemann requested permission to reproduce the Doolittle watercolor *Pintos* on a limited edition bookmark. Ms. Doolittle graciously agreed to donate the use of the famous image. The elegant bookmark, designed by Pittman & Associates, will be presented as a unique gesture of appreciation to donors who make a gift to the college.

*Pintos*, Bev Doolittle’s first limited edition watercolor print, sold out within weeks in 1979. Her style is characterized by meticulous realism, unsparing attention to detail, and an extraordinary talent for drawing. Beginning with *Pintos*, the artist created her images as stories camouflaged in plain sight. The excitement generated by Doolittle’s mystical, engaging camouflage work has never abated. More than 25 years later, nearly all of her prints have been sell-outs, and five books of her art have been released. Signed, numbered prints of *Pintos*, which retailed for $65 in 1979, are currently selling for $10,000 and higher, and are available only on the secondary market.

Dr. Shirley Johnston, dean of the College of Veterinary Medicine, and Wiemann had the opportunity to personally thank Bev Doolittle for her partnership and generosity in December, during a special exhibition at the B & R Gallery in Canyon Country, CA. Dr. Johnston presented the artist with a handsome “Reverence For Life—It’s in our bones” paperweight (modeled on a canine foreleg femur) and received a delighted smile in return.

For further information on the fine art of Bev Doolittle, please visit the Greenwich Workshop, Inc. at [www.greenwichworkshop.com](http://www.greenwichworkshop.com).

To view the full image, go to [http://www.bnr-art.com/doolitt/pintos.htm](http://www.bnr-art.com/doolitt/pintos.htm)
WesternU’s new Medical Center opened officially on Wednesday, November 30. The new Center is located at 887 E. Second St., just east of Towne Ave. in Pomona.

Joining the ceremony were members of the Pomona Chamber of Commerce, Dr. Philip L. Shettle, president of the American Osteopathic Association, and Dr. James Lally (COMP ’91), president of the Osteopathic Physicians and Surgeons of California and president and chief medical officer of Chino Valley Medical Center Services.

Seeing more than 10,000 patients per year, the Center has been moved from its former Mission Blvd. location, where it was opened in 1984. Many of the patients seen at the Center do not have medical insurance or cannot afford medical care.

The Center offers ambulatory, primary health care services to families in the Pomona area. Medical students, physician assistants, physical therapy students, and graduate nurses from WesternU serve in rotations through the Center, giving them opportunities to work with patients.
A FAMILY AFFAIR IN GRADUATE NURSING AT WESTERN UNIVERSITY OF HEALTH SCIENCES

By Monica Rodriguez, Staff Writer
Reprinted with permission from Inland Valley Daily Bulletin

Sherry Gregory, her son Daniel and his wife Bethany want to give of themselves and lend assistance to the neediest people of the world wherever they may be.

To do that they will first train to become registered nurses. All three began their education at Western University of Health Sciences with the goal of earning master’s degrees in nursing.

All three family members have enrolled in the master of science nursing entry program which is designed for people who have already earned a bachelor’s degree in another field.

Karen Hanford, dean of the College of Graduate Nursing, said school officials believe this is the first time three members of one family are starting school there together.

Sherry’s interest in nursing came about as she and her husband Rick were exploring social justice issues, and she was preparing to return to college about 3 1/2 years ago, she said. In the course of working on a degree in social justice and criminal justice at Cal State Fullerton, she thought of the opportunities she’s been afforded by being born in the United States, opportunities people in other places haven’t had.

For Daniel, nursing was an interest along with football but an injury caused him to begin exploring other options. Eventually, that took him to Biola University where he earned a degree in intercultural studies with an emphasis in journalism.

After graduating he worked for World Vision International and was sent to Thailand to gather information on work with AIDS. Then he spent seven weeks in Afghanistan where the organization was doing emergency relief work, he said. The trips showed him a need he wanted to help address.

For as long as Bethany could remember she’d wanted to work overseas. Since high school she’d been interested in nursing, but the idea of taking on a curriculum loaded with math and science courses was intimidating, she said.

She attended community college and then made a year-long visit to Guatemala before enrolling at Biola where she met Daniel and earned a degree in intercultural studies.

While Daniel was off in Thailand and Afghanistan, Bethany headed to Uganda for a six-week internship with Dr. Scott Kellermann, who provides medical care to the Batwa pygmies.

There, she decided she wanted to be a nurse.

When Daniel and Bethany returned to California they concluded health care was clearly their calling. Medical school was a long-term, expensive commitment. On the other hand, a well-trained nurse practitioner could do a great deal for patients, Bethany said.

As Sherry and her husband where in the middle of evaluating their goals in life Bethany returned from her trip. After seeing pictures of Bethany tending to an ill child, Sherry thought of her experiences caring for her children.

She wrote to the doctor and two years later Sherry was working with sick Ugandan children and adults and her husband split his time between working with a local veterinarian and providing medical care.

"A pair of hands makes a difference between saving five children's lives and 10 children's lives," Sherry said.

Although nothing is set yet, Sherry said she and her husband would like to work in Africa. Bethany said she can see herself and Daniel working with a non-governmental organization and going to areas in crisis such as Niger, Sudan or back to Uganda.
FAST FACTS

The five colleges and degrees or degree tracks offered are:

- **College of Osteopathic Medicine of the Pacific**
  - Doctor of Osteopathic Medicine (DO)

- **College of Allied Health Professions**
  - Doctor of Physical Therapy (DPT)
  - Master of Science in Health Sciences (MSHS)
  - Master of Science in Physician Assistant Studies (MSPAS)

- **College of Graduate Nursing**
  - Master of Science in Nursing/Family Nurse Practitioner (MSN/FNP)
  - Master of Science in Nursing (MSN)
  - Master of Science in Nursing-Entry (MSN-E)
  - Post-Master’s Family Nurse Practitioner (FNP) Certificate

- **College of Pharmacy**
  - Doctor of Pharmacy (PharmD)
  - Master of Science in Pharmaceutical Sciences (MSPS)
  - Mid-Career Post-Baccalaureate Doctor of Pharmacy (PharmD)

- **College of Veterinary Medicine**
  - Doctor of Veterinary Medicine (DVM)

**Impact in the community**

- The College of Veterinary Medicine was the first to open in the country in 20 years and the first in Southern California.
- WesternU has a Medical Center that offers primary care services to more than 10,000 clients a year regardless of their ability to pay. It is located only a few blocks away from the main WesternU campus.

- The university is home to the nationally renowned Center for Disability Issues and the Health Professions.
- 147 full-time faculty
- 420 full-time employees including faculty
- The university employs over 1,200 professionals as adjunct faculty members

- **Student Demographics**
  - 1,923 students attend the university and by 2006 the student body will grow to well over 2,000,
  - Gender – 67% of the students are female, 33% are male.
  - Average age – 31
  - Student ethnicity – Asian/Pacific Islander 39.11%
  - White, Non-Hispanic 41.08%
  - Race/Ethnicity Unknown 7.70%
  - Hispanic 7.59%
  - Black, Non-Hispanic 1.87%
  - Native American 0.36%
  - Enrollment by college
    - COMP 724
    - Allied Health Professions 304
    - Graduate Nursing 116
    - Pharmacy 476
    - Veterinary Medicine 265
  - 1,482 students come from California, 441 students come from the rest of the nation and internationally.
  - 414 students were awarded degrees, (May 2005).
  - 5,267 alumni.

- **Library collection**
  - 23,447 volumes including journals and media
  - 111,562 visits to the library (2004-05)
  - 45,801 number of electronic database searches (2004-05)
A DAY IN THE LIFE.

| PA day.

| Students share a Thanksgiving meal together.

| Halloween provides students with a brief break from the classroom.
“I hope these results will give you a sense of confidence and pride in your school...”

— Max D. Ray, PharmD, M.S.

WESTERN UNIVERSITY OF HEALTH SCIENCES COLLEGE OF PHARMACY GRADUATES SCORE TOP IN NATION

For the third time in a row, graduates from the College of Pharmacy at Western University of Health Sciences scored a 100 percent passing rate on their national exam. The North American Pharmacy Licensure Exam (NAPLEX) opens the final door for graduates to apply for their licenses and go into practice as pharmacists. The statewide pass rate was 93.62% and the national average was 89.15%.

In a message to the current student body Max Ray, dean of the College of Pharmacy said, “I hope these results will give you a sense of confidence and pride in your school. And please keep in mind that we do not intend to ‘rest on our laurels.’” According to Dean Ray, each state may add supplemental questions about individual state laws.

WesternU students earn a Doctor of Pharmacy (PharmD) degree after four years of study. Currently, there are 476 students enrolled in the college and more than 500 alumni. The college was founded in 1996 with its first class graduating in 2000. †
ALUMNI NOTES

1982
Linda Foshagen, DO ’82, writes from Grass Valley, CA: “I’m the sole owner of an osteopathic corporation which combines family practice, psychotherapy, massage, and aesthetic procedures. I also specialize in travel medicine. Anyone else interested in living in paradise?”

1984
Bruce Chau, DO ’84, has re-connected with Michigan State University (where he did an internship) to launch the first plastic surgery residency program. He is waiting for final approval for three resident slots, with the goal to open six down the road. He holds the title of Assistant Professor and will also maintain a private practice while supervising graduates.

1985
John Branch, DO ’85, has been actively involved with Good Samaritan Medical Ministries for a few years now. He is part of a team of 70 physicians, dentists, nurses, pharmacists, and student volunteers who travel to Vietnam for two weeks each year where they minister to the needs of over 4,000 patients with a variety of conditions. This year’s team included Chau Tran, a DO ’06 student, and Nancy Baker, DO ’00.

Julie Lynn McDonnell Mayo, DO ’85, is practicing pediatrics in South Dakota. Her husband is an orthopedic surgeon, and they have four children — Chester, 15, Chloe, 14, Charlotte, 11, and Chandler, 8 — three big labs and 2 cats.

1993
Brett Boyle, DO ’93, received additional training after graduation as a wound care specialist. He is married to Kerri, and has four children: Matt, 17, Nathan, 14, Shaun, 13, and Christian, 10. He writes that one of his favorite COMP memories is of studying around the pool table with John Lamarca and Ralph Conner.

1994
Congratulations to Gregory Hsu, DO ’90, who received “Consultant of the Year” award from the American Academy of Family Practitioners. Dr. Hsu spoke on “Red Eye” at NOMA’s 11th Annual Convention.

Greg Wakeman, DO ’94, owner of La Costa Urgent Care and Family Practice in Carlsbad, CA, was featured on a segment of CBS News – “American Health Front.” He discussed urgent care procedures and how they are changing the way patients are being cared for. Wakeman considers himself a modern version of the old family doctor, providing a personalized approach to individual patient needs, infants to seniors.

1995
Todd G. Gottschalk, DO ’95, received the 2005 Distinguished Alumnus Award. He had served with Dr. Stan Flemming, DO ’85, in Kosovo for some time before they realized that they were both COMP graduates. He is currently the Deputy Commander for Clinical Services and was recently promoted to the rank of major. In this role, he is the chief of the medical and clinical staff for the U.S. Army forces in Kosovo.

1997
Congratulations to Francis Cortez, DO ’97, who was the first osteopathic resident to graduate from a combined emergency/family medicine residency in Ohio. Dr. Cortez writes, “The friendships I gained in medical school and COMP were priceless. I love being a DO.”

1999
Congratulations to Brian Wessel, MPT ’99, and wife Debbie, who have recently moved to Santa Barbara and are expecting their first baby.
2000

Congratulations are also in order to Andreas Hanf, MPT '00, and his wife Carrie, whose second daughter, Hannah, was born in April. Their daughter, Nicole, is two years old.

Shadiar Ohadi, DO '00, completed a MPH internship with Loma Linda University and did her residency through UC Irvine. She is married to Sam Najmabadi and is the mother of Aria, six months.

Kimberly Sheker, DO '00 is married to fellow alum Matthew Dickson, DO '00. They are the proud parents of Annie, two, and Bradford, seven months.

2001

Congratulations and best wishes to Marysa Ho, MPT '01, and Michael Glabman, MPT '01, who were married on May 15, 2004. The couple is living in Orange County, CA, with Marysa working at Irvine Physical Medicine and Rehab and Michael at Coast Therapy in Huntington Beach.

Steven Holsenback, DO '01, completed his emergency medicine residency in Akron, OH in 2004. He is an attending physician at Akron General Medical Center and an associate professor of emergency medicine at Northeast Ohio University College of Medicine. Steve is married to Heather Holsenback, DO '02, who completed her pediatric residency through Akron Children's Hospital and will complete her fellowship in pediatric emergency medicine there in 2008.

Kyle Smart, DO '01 and Jared Salvo, DO '01, were featured in a Sept. 8 ABC News article which highlighted their efforts to bring medical, emotional, social, and spiritual assistance to those affected by Hurricane Katrina. Dr. Smart also spent 11 days in Sri Lanka last July, attending to those affected by the tsunami. The day-to-day logs he kept regarding their experiences in Louisiana are available through the following link:
http://abcnews.go.com/Health/HurricaneKatrina/story?id=1105812&page=1

Pedram Navab, DO '01, completed a neurology residency at the University of Arizona in June of 2005 and has begun a sleep medicine fellowship at Stanford.

2002

Jonathan Gale, DO '02, completed his family practice residency in 2005. He is currently practicing out of Doctor's Hospital of Montclair, CA. He and his wife Windy are the parents of one-year-old Maverick.

The Class of 1985 enjoyed a terrific reunion weekend in Monterey, California as part of OPSC's Fall Conference September 9-11; thanks are due to reunion committee members John Branch, Alan Cundari, James Jempsa, Michael Krasnow, Barbara (Prah) Wix, and Martin Sechrist. The weekend began with a reunion dinner on Friday night at the Monterey Plaza Hotel and Spa's ocean-view dining hall. There were other options for family activities, including an aquarium tour and a guided tour of the Chateau Julienne Winery in Carmel. It was a great getaway retreat for the whole family.

If you are interested in attending next year's COMP reunions for the 20-year Class of 1986, the 15-year class of 1991, the 10-year class of 1996, or the 5-year class of 2001, please contact the alumni office at alumni@westernu.edu and ask about becoming involved in the planning process.

The reunion weekend will again be a part of the OPSC Fall Conference in Monterey, California, September 8 - 10. Mark your calendar now!
The Harold W. Harris Foundation Trust presented a gift of $1.2 million to WesternU. The gift was announced at the university’s 25th Annual "A Tribute to Caring" gala held in Beverly Hills last November. This is the first part of an intended $3 million gift that will support the work of the university’s Center for Disability Issues and the Health Professions (CDIHP).

The initial gift will be used to acquire a property to house the new home of the CDIHP, to be named the Harris Family Center for Disability and Health, a new facility on the Pomona campus.

Seymour Borenstein, a trustee for the Trust, said, "This university has done so much in 29 years. We know that Harold (Harris) would be proud of this gift."

The Harris family consisted of four siblings — two brothers and two sisters. In 1935 in Toledo, Ohio, one of the sisters was disabled early in her life by spinal injuries suffered in an auto accident. The siblings dedicated their lives to taking care of their quadriplegic sister, at a time when institutional services were rudimentary at best.

The family moved to Southern California in search of treatment for their sister and subsequently founded their own successful businesses here. In light of the Harris family experience, the trustees of the foundation have provided this gift to WesternU to expand the work being done by the CDIHP in the development of programs designed to educate both health care professionals and individuals with disabilities.

Brenda Premo, director of the CDIHP, said, "This is a remarkable gift from a family with a remarkable story of caring and support in an era when disability was synonymous with inability."

$1.2 MILLION GIFT FOR WESTERN UNIVERSITY OF HEALTH SCIENCES

UNIVERSITY RECEIVES GRANTS

Premo, Brenda, MBA  CDIHP  
$49,995.00 Department of Rehabilitation  
2nd year  
Establishing a Statewide Infrastructure for Brain Injury Survivors in collaboration with the Brain Injury Institute of California

Darmani, Nissar, PhD  COMP  
$179,590.00 National Cancer Institute  
Mechanisms of Cannabinoid’s Antiemetic Actions

Radhakrishnan, Rajan, PhD  Pharmacy  
$10,000.00 The American Association of College of Pharmacy (AACP)  
Development and characterization of preclinical model of chronic ischemic muscle pain

Scott, Jim, PharmD  Pharmacy  
$125,890 Bristol Myers Squibb Company  
Open Label, Multiple Dose, Drug Interaction Study to assess the effect of Nevirapine on the Pharmacokinetics in HIV infected
Nick Martinez has been selected to serve as director of Development for the College of Osteopathic Medicine and College of Graduate Nursing. Martinez is responsible for developing and cultivating key relationships with individuals and corporations interested in supporting the mission of the colleges and WesternU.

"I am very eager to build and work with a community of supporters whose major contributions will help WesternU to continue to grow and thrive as a premiere health care professions school," said Martinez.

Prior to joining WesternU, Martinez helped to generate more than $3.5 million as assistant director of marketing for City of Hope, the cancer research center in Duarte, CA. He has also been instrumental in other marketing capacities for impressive and exciting campaigns including Chevrolet, Proctor and Gamble, Bayer Corporation, and PBS Television.

"Nick Martinez brings expertise in corporate relations, business development, television production, and campaign launches," said Executive Director of Philanthropy Leigh Wiemann. "He has an impressive track record, sets high standards, and his positive outlook will enable Nick to cultivate long-term, loyal relationships with donors. We are pleased to welcome him to our team."

Martinez holds a Bachelor of Science degree in marketing from California State Polytechnic University, Pomona. He is local to the area and understands the positive effect WesternU has had on the community. He hopes to continue that rich tradition by procuring more funding for the university and collaborating with university sponsors to build recognition of WesternU as a one of the most prestigious health care professions schools in the nation.

"I am very eager to build and work with a community of supporters whose major contributions will help WesternU to continue to grow and thrive as a premiere health care professions school."

— Nick Martinez
DOROTHY BUCHANAN JOINS WESTERN UNIVERSITY OF HEALTH SCIENCES AS DIRECTOR OF ALUMNI RELATIONS

Dorothy Buchanan was recently appointed Director of Alumni Relations. Her work will promote enhanced communication between alumni and the university. She will also organize, implement and assess a comprehensive alumni relations plan, which will work to strengthen the key role that alumni play in the mission of WesternU.

Buchanan comes to WesternU from Claremont McKenna College, where she served as associate director of donor relations. In that capacity, she designed and implemented a comprehensive donor relations program, which included high-profile events for the college’s trustees, donors, and alumni. Prior to her advancement experience, she worked in public relations.

"I look forward to forging new relationships with the trustees, donors and alumni of WesternU...," said Buchanan. "Their partnership is integral to our growth and success as an institution of higher learning."

"Dorothy respects WesternU’s 5,200-plus alumni for their role protecting the health of families in local communities and around the world," said Leigh Wiemann, executive director of philanthropy. "Her professional expertise and gracious interpersonal skills are great assets. We are delighted to have Dorothy join our team."

Buchanan began her career in advancement at Lyon College in Batesville, AK, where she graduated with a Bachelor of Science degree in biology.
SHERRY SLADE SELECTED DIRECTOR OF FOUNDATION AND CORPORATE RELATIONS

Sherry Slade joins WesternU as the new director of Foundation and Corporate Relations. In that capacity, Slade will serve as the university’s point of contact for grant proposals to private foundations and corporations to procure funding for all university departments, some colleges, and campus-wide projects.

“Sherry brings a wealth of experience in health care management to her new position. We are very fortunate that she agreed to join our department,” said Executive Director of Philanthropy Leigh Wiemann. “Sherry understands medicine and the managed care environment, and will be able to develop real-world proposals that should be well received by large foundations in the Los Angeles area.”

Slade has held several directorships in which she has honed her expertise in business development, planning, and grant writing. Prior to her position here, Slade was the director of marketing for Corona Regional Medical Center, where she worked to mitigate the funding loss from previous years and doubled grant funding for the organization. She has also held key positions with Whittier Hospital and Casa Colina.

“I am very pleased about joining such a compelling university,” said Slade. “And I’m excited about the prospect of working with potential funding organizations to continue the momentum of growth WesternU has experienced over the last 30 years. I know that many organizations will be equally excited about supporting our colleges and programs as we partner with them to propel the university to the next level.”

Slade attended Arizona State University, where she earned a Master’s degree in health services administration and a bachelor’s degree in psychology.
GIVING

UNIVERSITY ADVANCEMENT  Philanthropic gifts are vital for the university’s growth and future success. Your financial support will provide critically needed student scholarships, faculty support, and academic program enhancements. The university has a team of development professionals who are all working to cultivate independent monetary resources to support the educational programs of the university.

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Any university can prepare students for graduation. Few can prepare them for life thereafter.

When Dr. Rahmi Mowjood returned to his native Sri Lanka to assist victims of the tsunami, he drew upon the medical skills and compassion for others that are hallmarks of Western University of Health Sciences. The result was a life-changing experience for his patients, himself and the students he teaches as a faculty member in the Family Medicine Department. Please support this independent, nonprofit, fully accredited graduate institution so that extraordinary faculty and gifted graduates like Dr. Mowjood can continue to impact lives locally and the world over. Use the enclosed envelope today to send in your vital contribution or contact Annual Giving at 909-469-5678, or by email at annualfund@westernu.edu.