OB / GYN
Clinical Rotation
Objectives
Obstetrics and Gynecology (OMS III) Core Rotation

The purpose of this rotation is to provide the student with a solid foundation in the diagnosis and management of common obstetric and gynecologic conditions as well as health care maintenance and disease prevention for women. In addition, the rotation should expose the student to the full breadth of the clinical specialty of Ob-Gyn so that those students specifically interested in Women’s Health will be better prepared to decide if they should pursue post-graduate training (i.e. a residency) in Obstetrics and Gynecology.

Recommended Competencies:

Knowledge:
- Be able to manage a normal pregnancy and perform an uncomplicated vaginal delivery.
- Recognize a high-risk pregnancy.
- Demonstrate familiarity with indications, contra-indications, usage, and complications of various methods of contraception.
- Have a thorough understanding of published guidelines addressing health maintenance and preventive care across a woman’s lifetime.

Skills:
- Recognize any deviation from the normal pelvic examination.
- Demonstrate knowledge of commonly performed gynecological surgical procedures and familiarity with the diagnostic workup and management of various gynecologic disorders and malignancies.

Recommended Procedures to do:
- Admission H&P (Obstetric and Gynecological)
- Progress Notes for inpatient and outpatient settings
- Breast exam and teach breast self exam
- Pelvic Exam with cultures and PAP smear
- Wet mount preparation and interpretation
- Ob exam (fundal height, FHT’s Leopold’s)
- Follow Ob patient from admission to delivery
- Assess fetal monitor strip
- Cervical Exam in labor
- Scrub in to:
  - Laparoscopy
  - Abdominal Hysterectomy
  - Vaginal hysterectomy/repair
  - NSVD
  - C-Section
  - Bilateral Tubal Ligation
Recommended Procedures to do or see:
- Colposcopy with or without cervical biopsy/ endometrial biopsy/cryotherapy/LEEP
- Sterile speculum exam
- Repair of episiotomy or laceration
- Vacuum or forceps delivery
- Place FECG, IUPC
- AROM
- OB ultrasound

Professionalism:
- Demonstrates respect, compassion, integrity, and altruism in relationships with patients, families, and colleagues
- Demonstrates sensitivity and responsiveness to the gender, age, culture, religion, sexual preference, socioeconomic status, beliefs, behaviors, and disabilities of patients and colleagues
- Adheres to the principles of confidentiality and informed consent
- Effectively establish rapport with patients and families and initiates communication with them on a regular basis
- Displays support and empathy to patients and families
- Demonstrates respect for and recognition of skill sets possessed by other healthcare team members

Required Presentation:
Students are required to complete one case-based presentation, including an in depth discussion of one or more aspects of the case (e.g. a presenting symptom or sign, a diagnostic category or management issue) that you want to learn more about during your rotation. The actual case chosen should be based on a patient the student personally evaluated in either the inpatient or outpatient setting. The presentation will be given to the Ob-Gyn Attending Physician/Preceptor and any other members of the medical team (e.g. medical students, interns, residents). The presentation should be about 15-20 minutes in length and should be accompanied by handouts including a written description of the case and an evidence based discussion of the topic to be presented with a list of the recent literature used to obtain information for the discussion. The literature could include material from journal articles, national guidelines, professional publications and web sites such as the American College of Obstetricians and Gynecologists (ACOG) or recent textbooks.
Supplemental Material

Ob-Gyn Rotation
The Ob-Gyn core curriculum provides exposure to many aspects of primary care. However, in six short weeks students will see only a portion of the many diseases, disorders, and procedures that obstetricians and gynecologists manage. Consequently, students are responsible for independent preparation for standardized Shelf and board examinations.

**Shelf Examination Preparation:**

The NBME provides subject tests in the basic and clinical sciences for the purpose of assessing the educational achievement of individuals in specific subject areas. The Family Medicine shelf examination is provided to Western University third year medical students after completion of their core rotation. The question distribution is listed below.

www.nbme.org

<table>
<thead>
<tr>
<th>Gynecology</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Promoting Health and Health Maintenance</td>
<td>5%–10%</td>
</tr>
<tr>
<td>Understanding Mechanisms of Disease</td>
<td>15%–20%</td>
</tr>
<tr>
<td>Establishing a Diagnosis</td>
<td>15%–20%</td>
</tr>
<tr>
<td>Applying Principles of Management</td>
<td>5%–10%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Obstetrics</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Promoting Health and Health Maintenance</td>
<td>5%–10%</td>
</tr>
<tr>
<td>Understanding Mechanisms of Disease</td>
<td>10%–15%</td>
</tr>
<tr>
<td>Establishing a Diagnosis</td>
<td>15%–20%</td>
</tr>
<tr>
<td>Applying Principles of Management</td>
<td>10%–15%</td>
</tr>
</tbody>
</table>
Obstetrics and Gynecology Resources

Required Text:


Supplemental Texts:


Websites:

www.APGO.org
   User name is: Directory and the password is Westernu299.

www.uptodate.com

www.epocrates.com

www.mdconsult.com