

Lebanon Key Student Support Services & Referrals

COUNSELING & ACCOMODATIONS

Sandra Lawler Assistant Director CDHP/AARC Accommodations and Resource Center for Disabilities	(909) 469-5297 slawler@westernu.edu Pomona Campus			
Lonny Bevill, LMFT Optum Health Licensed Personal, Marriage, and Family therapist	(541) 905-5423 lonnybevillmft@aol.com On campus Weds: 11-7:00PM		National Lifeline Suicide, PTSD, substance abuse	Crisis Phone Counseling (800) 273-8255
Optum Assistance Program free online self-help materials, live chat, phone counseling, and clinician search	(800) 234-5465 www.liveandworkwell.com (access code: <i>westernu</i>)		Optum Health	Crisis Phone Counseling (800) 234-5465
Linn County Mental Health Clinic *Tell them you are with WesternU*	(541)451-5932 1600 S. Main St. Lebanon		Linn County Mental	Crisis Phone Counseling (800) 304-7468
Samaritan Resident's Clinic for Primary Care *Tell them you are with WesternU*	(541) 451-6960 425 N. Santiam Hwy, Lebanon		Rape and Domestic Violence	Crisis Phone Counseling (541) 754-0110
Physician Referral network	(800) 863-5241			

SECURITY

Premier Security Services (Campus Security)	(541) 259-0301		Lebanon Police Emergency	Justice Center 40 N. 2nd Lebanon (541) 451-1751 911
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SEXUAL ASSAULT & DOMESTIC VIOLENCE CRISIS SUPPORT

If Employee: Geri Abracosa Human Resources	(909) 469-5372 gabracosa@westernu.edu Administration Building, Room 107, Pomona		CARDV Rape and Domestic Violence	Crisis Phone Counseling (541) 754-0110
If Student: Dr. Fernandes Paul, Director Oregon Student Affairs	(541) 259-0220 mfernandespaul@westernu.edu			

Alcohol and Drug Abuse Support

Alcoholic Anonymous	(541) 967-4252 http://aaoregon-district21.org/		Narcotics Anonymous	(877)233-4287 http://lblna.org/
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Lebanon Academic Support Services

COMP-Northwest Lebanon Campus Location

Room 247

Hours

8:30 am-5:00 pm M TH F

10:30 am-5:00 pm (and 5:00-7:00 pm by appointment) T&W

Phone: (541)259-0226

email: LEAD@westernu.edu

NW Academic Counselor

Karen Acquilano, M.Ed.
Learning Skills Specialist

- **Individualized Learning Style and Jung Typology Analysis:** consultations to help you discover ways you can personalize your own study and test taking methods
- **Course Study Guides, Access to Course Resources, & Instructor Contact info**
- **Exam Reviews:** analyze your errors and refine your test taking skills
- **Tutorial Assistance:** request peer tutoring or become a tutor
- **Independent Study Board Prep Rotations Mentoring:** get organized and strategize
- **Well-being and Stress Resiliency:** resources to help you *live and work well*
- **Referrals to *OptumHealth's* Personal and Family Therapist:** on site Wednesdays
- **Referrals to AARC's Sandra Lawler:** for special case accommodations for disabilities

Pomona Office Support Staff

Martha L. Ruelas, MHSc
Pomona Office Manager

(909) 469-5325
mruelas@westernu.edu