Osteopathic Principles and Practice for

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Objectives

At the end of this presentation the participant will be able to:

- List the basic principles of osteopathic medicine
- Describe:
  - The Five Model approach to patient evaluation and treatment
  - Basic elements of the anatomic and physiologic basis of osteopathic medicine
- Formulate ideas for more complete integration of osteopathic principles and practice (OPP) into the COMP curriculum
- Give feedback for future topics for this project
OPP For Faculty: the Project

- Designed to be a faculty development project to:
  - Facilitate increased faculty knowledge of:
    - Osteopathic principles
    - Osteopathic practice
    - Increase integration of OPP into the more general curriculum
    - Help meet COCA accreditation standards
    - Assist faculty members who, from past experience, wish to explore OPP and apply it in the teaching of their discipline
OPP For Faculty: the Project

The process:
- Quarterly presentations like this one on some topic related to OPP
  - Can address specific topics if and as requested by faculty
  - May include guest speakers
- Implementation of OPP resources for faculty use:
  - IME website
  - Sharepoint
  - Above sites can contain video presentations, articles, links to pertinent websites, research information, and more
  - Ability to work on specific projects with individual faculty or departments, as desired
  - Study groups?
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What the project is NOT:

- NOT telling faculty what to do, say or teach. Faculty are the content experts in their respective disciplines, and have the academic freedom to teach in the manner that they perceive to be best for their audience.

- NOT suggesting the osteopathic medicine is “better” than other approaches: only proposing that:
  - The principles of osteopathic medicine have been in writing since the beginning of the profession
  - Students attend osteopathic medical school because they believe osteopathic principles allow them to express the kind of physician they want to be
  - By increasing our knowledge of OPP, and facilitating its integration into the curriculum, we can help the students “walk the talk”
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- Some possible topics:
  - How do we see similarities and differences between DOs, MDs, DCs, PTs and others?
  - What information constitutes the anatomic and physiologic basis for osteopathic medicine?
  - What is available to us in the realm of osteopathic research?
  - Is there distinctiveness in osteopathic medicine? Is it more than osteopathic manipulative treatment (OMT)?
  - Can OPP be integrated into the larger curriculum? If so, how? What are some examples and strategies?
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- Website: http://www.westernu.edu/ime/training/ime-opp/
- Sharepoint: https://mydocs.westernu.edu/academic/opp/
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- Feedback is welcome
  - What would you like to know?
    - Controversies welcome, too – resolution not necessarily guaranteed!