



Western University

OF HEALTH SCIENCES

Off Campus Resources (Pomona)

211 California

211 California serves as a guide to help individuals and their families find support and resources related to health and human services within their community. The 211 call center is available 24 hours a day.

Phone: 211

Website: <https://www.211ca.org>

988 Suicide and Crisis Lifeline

The 988 Suicide and Crisis Lifeline provides 24/7 free and confidential support for people in distress, prevention, and crisis resources for you or your loved ones.

Phone: 988

Website: <https://988lifeline.org/>

Ability Tools

Ability Tools assists Californians with various Assistive Technology (AT) services. Assistive technology is any device, gadget, hardware, or software used by a person with a disability to manage a task. Services include NATADS Assistive Technology Portal, device lending and demo centers, financial loan program for AT, information & referral, reuse program in affiliation with organizational partners.

Location

1000 G Street, #100
Sacramento, CA 95814

Phone: (800) 390-2699, (800) 900-0706 TTY

Website: <https://abilitytools.org/>

Assistance League of Pomona Valley

The Assistance League of Pomona Valley (ALPV) provides multiple services to qualifying children and their families. Services include clothing packages, assault survivor kits, and dental care to low-income or uninsured individuals and their families.

Location:

655 North Palomares Street
Pomona, CA 91767

Phone: (909) 629-6142

Website: <https://alpv.org/>

CalFresh

The CalFresh Program, federally known as the Supplemental Nutrition Assistance Program (SNAP), issues monthly electronic benefits that can be used to buy most foods at many markets and food stores. The CalFresh Program helps to improve the health and well-being of qualified households and individuals by providing them a means to meet their nutritional needs.

Location:

3352 Aerojet Ave.
El Monte, CA 91731

Phone: (310) 258-7400

Website: <https://benefitscal.com/>

California Department of Rehabilitation

The California Department of Rehabilitation (DOR) provides vocational rehabilitation to individuals with disabilities seeking employment. Services include disability and benefits programs, job search, interview skills, job training and tools, funding for education and textbooks, disability equipment, childcare, and transportation.

Location:

3595 Inland Empire Blvd.
Bldg.4, Suite 100
Ontario, CA 91764

Phone: (909) 948-6050

Website: <https://www.dor.ca.gov/>

Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD)

Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD) is an organization that provides education, advocacy, and support for individuals with ADHD and their families.

Local Chapter Location:

Foothill CHADD
971 N. Altadena Drive
Pasadena, CA 91107

Phone: (800) 233-4050

Website: <https://chadd.org/>

City of Pomona Police Department

For any non-life-threatening emergency or inquiry please contact the City of Pomona's Police Department non-emergency number.

Location:

490 W. Mission Blvd.
Pomona, CA 91766

Phone: (909) 622-1241

Coachella Valley Rescue Mission

The Coachella Valley Rescue Mission (CVRM) provides emergency services like hot meals, safe shelter, medical care, clothing, and vocational training. The CVRM works to meet the needs of Coachella Valley residents by providing basic needs.

Location:

47-470 Van Buren St.
Indio, CA 92201

Phone: (760) 347-8073

Website: <https://www.cvrn.org/>

Community Resource Center

The Community Resource Center in Pomona offers various services to the public, including nutrition coaching, telemedicine, social services assistance, and childcare.

Location:

696 W. Holt Ave.
Pomona, CA 91768

Phone: (909) 620-1661

Website: <https://www.communityresourcecenterla.org/locations/pomona>

FIND Food Bank

Food In Need of Distribution, Inc. (FIND Food Bank) is dedicated to relieving hunger, the causes of hunger, and the problems associated with hunger through awareness, education, and mobilization of resources and community involvement.

Location:

83775 Citrus Ave
Indio, CA 92201

Phone: (760) 775-3663

Website: <https://findfoodbank.org/>

Helping Hands Caring Hearts

Helping Hands Pantry provides many services to the hungry and needy, with a food bank that includes USDA distribution once a month, college and grad student food assistance, help with feeding pets, pantry gardens, a mobile food bank that goes to the homeless, and more.

Location:

250 E. Center St.
Pomona, CA 91767

Phone: (626) 426-3356

Website: <https://www.hhchpomona.org/>

Homeless Shelter Directory

Homeless Shelter Directory, also known as the San Bernardino Homeless Shelters & Services for the Needy, is a list of the homeless shelters and services that provide help to those in need of shelter for San Bernardino, CA, and surrounding cities.

Website: <https://www.homelessshelterdirectory.org/>

Inland Empire Lighthouse for the Blind

The Inland Empire Lighthouse for the Blind provides free daily meals, transportation, social outlets, and independent living classes to legally blind individuals.

Location:

359 E. Parkcenter Circle South
San Bernardino, CA 92408

Phone: (909) 884-3121

Fax: (909) 884-2964

Email: info@ielighthousefortheblind.org

Website: <https://ielighthousefortheblind.org/>

Inland Valley Hope Partners

Inland Valley Hope Partners offers an emergency food pantry through their Food Security Program. They provide individuals and their family staple food goods. Additionally, they assist with rapid re-housing and mortgage rental assistance.

Location:

1753 N. Park Avenue
Pomona, CA 91768

Phone: (909) 622-3806

Fax: (909) 622-0484

Website: <https://www.inlandvalleyhopepartners.org/>

Metro

Metro offers reduced fare rates through Low-income Fare is Easy (LIFE). The LIFE program offers discounts on select passes or 20 free rides on the Metro or any of their participating affiliates. Metro additionally offers up to 80% off fares to students and persons with disabilities.

Location:

1 Gateway Plaza
Los Angeles, CA 90012

Phone: (213) 922-600

Website: <https://www.metro.net>

National Alliance of Mental Illness

National Alliance of Mental Illness (NAMI) offers children, adults and their loved one's support through various group and peer-to-peer programs focused on teaching strategies that focus on achieving and maintaining mental wellness.

Location:

233 Harrison Ave
Claremont, CA 91711

Phone: (909) 399-0305

Website: <https://namipv.org/>

National Council on Alcoholism and Drug Dependence of East San Gabriel and Pomona Valley

The National Council on Alcoholism and Drug Dependence of East San Gabriel and Pomona Valley (NCADD) provides treatment and support to individuals and their families experiencing alcoholism, opioid addiction, and substance abuse issues.

Location:

656 North Park Avenue
Pomona, CA 91768

Phone: (909) 629-4084

Website: <https://www.ncaddesgpv.org/>

Neighborhood Legal Services of Los Angeles County

Neighborhood Legal Services of Los Angeles County (NLSLA) provides free legal help to LA county residents. NLSLA services include assistance in preparing legal forms & guidance on a variety of civil matters including evictions, child custody, divorces, domestic violence, paternity actions, and civil harassment. Pomona has a self-help center that provides these services.

Location:

Los Angeles Superior Court
400 Civic Center Plaza, Room 730
Pomona, CA 91766

Phone: (929) 485-0571

Website: <https://nlsla.org/services/self-help-centers/>

Pomona Valley Transportation Authority

Pomona Valley Transportation Authority offers community transportation for the cities of Claremont, La Verne and San Dimas. Through their Get About program persons with disabilities or seniors (60+) can schedule a ride anywhere in Claremont, La Verne, Pomona, and San Dimas.

Location:

2120 Foothill Blvd., Suite 116
La Verne, CA 91750

Phone: (909) 596-7664

Website: <https://www.pvtrans.org/>

San Bernardino County Homeless Partnership

San Bernardino County Homeless Partnership (SBCHP) was formed to provide a more focused approach to issues of homelessness within the County. The Partnership consists of community and faith-based organizations, educational institutions, nonprofit organizations, private industry, and federal, state, and local governments.

Location:

560 E. Hospitality Lane, Suite 200
San Bernardino, CA 92408

Phone: (909) 501-0610

Website: <https://sbchp.sbcounty.gov/>

San Gabriel/Pomona Regional Center

The Department of Developmental Services (DDS) oversees the coordination and delivery of services to Californians with disabilities. The website provides information on services like Early Start, employment, crisis housing, foster grandparents, and senior companion programs. The San Gabriel/Pomona Regional Center services clients in the San Gabriel Valley and Pomona area.

Location:

75 Rancho Camino Drive
Pomona, CA 91766

Phone: (909) 620-7722

Website: <https://www.sgprc.org/>

Tri-City Mental Health Center

Tri-City Mental Health provides a variety of programs that help support wellness and recovery for individuals experiencing a mental illness in the communities of Claremont, La Verne, and Pomona.

Location:

2008 N. Garey Ave.
Pomona, CA 91767

Phone: (909) 623-6131

Website: <https://www.tricitymhs.org/>