

Public Health Bingo – Example Activity

Purpose

Reinforce key public health concepts by having students identify terms based on definitions, examples, or real-world scenarios.

This activity supports:

- Recall of core terminology
 - Understanding of epidemiological concepts
 - Application of public health principles
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Setup

1. Each student receives a Bingo card with public health terms.
 2. The instructor reads a definition, scenario, or example.
 3. Students identify the correct term on their card and mark the square.
 4. First student to complete a row, column, or diagonal calls “Bingo!”
 5. The student must explain the answers before winning is confirmed.
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Sample Prompts the Instructor Calls

Students must identify the correct concept.

Definitions

- “The number of **new cases** of a disease in a population over a specific period.”
→ **Incidence**
 - “The **total number of existing cases** of a disease at a given time.”
→ **Prevalence**
 - “Factors such as housing, education, and income that influence health outcomes.”
→ **Social Determinants**
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Scenario-Based Prompts

- “A community program encouraging physical activity and healthy eating to prevent obesity.”
→ **Primary Prevention**
 - “Health officials tracking influenza cases weekly to monitor trends.”
→ **Surveillance**
 - “Testing adults for hypertension before symptoms develop.”
→ **Screening** (Secondary Prevention)
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Real-World Application Prompts

- “During COVID-19, individuals who had contact with infected persons were asked to stay home temporarily.”
→ **Quarantine**
 - “A situation where disease spreads across multiple countries and continents.”
→ **Pandemic**
 - “When enough people are immune to reduce disease spread within a community.”
→ **Herd Immunity**
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TIP: <https://myfreebingocards.com/> has a free Bingo Card Generator where you can enter a list of terms and up to 30 free cards get generated for print. You can also send individual links to students to do this virtually. Each student will get a virtual bingo card to play so no need to print!