

## DAILY SPENDING GUIDE

When trying to set up a budget, sometimes starting out it is helpful to use a tracking system for your expenses try a daily spending guide for tracking your expenses for one month so you can determine how much to budget for. Keep track Daily of your purchases in the exact amount and at the end of the month total the amounts. This should help you decide where you may need to spend less money.

Day	What did I spend my money on today?
Sunday	
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	

Total \_\_\_\_\_