

The College of Health Sciences Welcome Future DPT-Oregon Class of 2028



## INTERVIEW/ORIENTATION DAY AGENDA

Your Interview Day will be comprised of the following:

- Check-in
- Welcome from the Chair
- Interview with Faculty and Community Members
- Timed Writing Samples and Admissions Presentation\*
- Faculty Q&A/wrap up
- Student Panel (evening of interview day)

\*The order of the interview and the (Timed Writing Samples and Admissions Presentation) may be switched depending upon which interview group you are placed.

## Western University of Health Sciences Overview

Western University of Health Sciences (WesternU) is a non-profit, independent, academic health center, founded as the College of Osteopathic Medicine of the Pacific (COMP) in 1977. Located on 22 acres in Pomona, California, 35 miles east of downtown Los Angeles in the Pomona Valley, the founding mission of the institution was to educate primary care osteopathic physicians for the western United States. Over the past three decades, WesternU has preserved and enhanced its mission, expanding it to include educational programs in the health sciences, pharmacy, graduate nursing, veterinary medicine, biomedical sciences, optometry, dentistry, and podiatric medicine.

WesternU expanded to the Pacific Northwest in 2011 with the addition of the Doctor of Osteopathic Medicine program in Lebanon, Oregon. The Doctor of Physical Therapy program accepted its first cohort in 2021. While many of our students come from the Pacific Northwest to serve the people in the area, our students will come from all regions of the United States.

The mission of Western University of Health Sciences is to produce, in a humanistic tradition, health care professionals and biomedical knowledge that will enhance and extend the quality of life in our communities. Within a learner-centered environment, the University encourages lifelong learning, supports faculty and student research activities, provides patient care in support of clinical training, and enhances the quality of life in the region through community service. More than 1,400 students are studying each year to become health care professionals at one of the eight colleges of WesternU.

The College of Health Sciences and WesternU Oregon's Department of Physical Therapy Education support WesternU in its mission to increase the availability of health care providers to serve the needs of the people living in the Pacific Northwest region of the United States. In addition, the College of Health Sciences provides educational opportunities for students in a variety of health careers. There are four academic programs offered in the College of Health Sciences: Master of Science in Medical Sciences, Master of Science in Physician Assistant Studies, Doctor of Physical Therapy – California, and the newly added Doctor of Physical Therapy – Oregon.

## **Program Mission and Vision**

## **Program Purpose Statement**

Educate and develop service-oriented leaders in the profession of Physical Therapy who will provide humanistic care in rural, underserved, and/or vulnerable communities of Oregon and the Pacific Northwest.

## **Program Mission**

In a humanistic tradition, we cultivate clinical excellence and leadership in physical therapy professionals through education, research, community service, innovation, and evidence-based practice.

To accomplish this mission and purpose:

- We educate culturally competent, service oriented, reflective students who are committed to leadership, life-long learning, scientific inquiry, and critical thinking.
- We engage in scholarly activities that contribute to the professional body of knowledge and are integrated into our curriculum.
- We engage in service activities within our professional organizations, institution, and local communities.
- We strive to maintain clinical excellence in contemporary practice as demonstrated by serving as clinicians and consultants in our communities.
- We embrace innovation and collaboration in education, clinical practice concepts, scholarship, and healthcare.
- We are focused on the total student experience by providing authentic learning opportunities and curricula optimized to the learners of today.
- We promote humanistic values of caring, respect, empathy, and trust through intentional interactions across diverse cultural groups and among healthcare professionals.
- We endeavor to cultivate a diversity of graduates united as experts in optimizing movement that transform lives across the lifespan.

#### **Program Vision**

WesternU Oregon DPTE will be the leader in advancing healthcare access in rural, underserved, and vulnerable communities to optimize movement and improve the human experience for all.

#### **Program Goals**

The graduate of the DPT- Oregon program will be a mature individual whose professional education is based on a foundation of the requisite preparation in the biological, behavioral sciences, social sciences and humanities. The graduate will have the necessary knowledge, skills and attitudes to function as a clinician generalist; will have an appreciation for the value of the research process; and will be a responsible and service-oriented member of the community and the profession. The goal of the WesternU Oregon Department of Physical Therapy Education and its DPT program is to achieve the following goals:

- 1. Demonstrate appropriate clinical decision-making skills, including critical thinking, clinical reasoning and problem solving to guide decisions regarding screening, examination, evaluation, diagnosis, plan of care, and intervention to achieve optimal outcomes.
- 2. Demonstrate entry level competence in establishing a safe and efficient physical therapy plan of care, to address movement dysfunctions and associated functional impairments, activity limitations, and participation restriction, for a variety of patients with varying ages, diagnoses, and complications in the most common practice environments.
- 3. Demonstrate entry level competence in establishing a safe and efficient physical therapy plan of care, to address movement dysfunctions and associated functional impairments, activity limitations, and participation restriction, for a variety of patients with varying ages, diagnoses, and complications for rural, underserved, and/or vulnerable populations.
- 4. Demonstrate competency in oral and written communication by expressively and receptively communicating with patients/clients, family members, caregivers, practitioners, interdisciplinary team members, consumers, payers, and policymakers.
- 5. Function as a collaborative and effective member of an interprofessional team providing health care to meet the needs of patients, clients, and the public, especially individuals in a rural community or in underserved and/or vulnerable populations.
- 6. Adhere to laws governing the profession of physical therapy; demonstrate professionalism and ethical values including trustworthiness, respect, responsibility, and integrity; and contribute to the community and the profession through altruistic service and leadership.
- 7. Provide physical therapy services for prevention, health promotion, and wellness as an autonomous practitioner, educator, consultant, and collaborator and demonstrate a commitment to personal and professional growth and lifelong learning.
- 8. Participate in scientific inquiry and critically evaluate and apply the best scientific evidence as a basis for physical therapy practice by determining the effectiveness of assessments, interventions, and outcome measures.
- 9. Provide person-centered care that is compassionate and humanistic based on an understanding and appreciation of cultural, gender, socio-economic, ethical and contextual factors that affect physical therapy practice.

## **The Interview Process**

Interviews at WesternU are meant to be an exchange of information in a warm and welcoming environment. It is an experience that will be both positive and enjoyable for the student applicants. Our interviews are never meant to be threatening nor confrontational in any way. Applicants have been selected by the admissions committee because they exemplify those qualities that we feel are important in the professionals whom we educate.

We understand that the applicants are also making choices regarding the professional school that they will attend. Our goal is to inform the applicants of the educational programs provided to assist them, the state-of-the-art facilities that are available to the applicants, and demonstrate to potential students our value that we are here for our students and for each other. This is what makes WesternU – Oregon a special place to learn.

## **General Applicant Information**

- Our class size is 60
- Interviews will be held November June

#### Orientation

The interview day has been organized to allow candidates to obtain information on our program and support services; therefore, we encourage you to **ASK QUESTIONS!** 

## **Interview**

- The interview consists of a timed writing sample along with an interview with faculty and community members.
- The interview team may be comprised of the following: faculty, administration, PT students/alumni of WesternU, and community members.

## **Admissions Committee Decisions**

- Following the interview, applicants are placed in one of three categories: Accept, Alternate, or Not Accepted. The Office of Admissions notifies candidates by e-mail of the committee's decision within 3 weeks of the interview. If you have not received notification of your status within a month of your interview, please feel free to contact the Admissions office.
- Applicants selected as Alternates may be offered a seat in the class as late as the first week of school (July).

#### Questions

If you have questions regarding your application, please contact your Admissions Counselor by (please refer to the Contact Us page for contact information).

#### **Interview Day Evaluation Form**

You will receive an e-mail shortly after your interview with a link to our evaluation form. Please take a moment complete and submit it as soon as possible. Your feedback and comments are important to us, as we will consider them when planning next year's interview day activities. The information

that you report will remain confidential and the program will not use it in determining admissions decisions.

## **IMPORTANT ACCEPT STATUS INFORMATION**

<u>ALL</u> course work in progress must be completed by the end of the Spring 2025 semester or quarter and <u>must be completed</u> and documentation received by June 1, 2025.

If you have prerequisite course work in progress, and are accepted to the DPT-Oregon program, your acceptance will be <u>contingent</u> upon successful completion of <u>ALL</u> prerequisite courses ("C-" or lower is unacceptable).

A current history and physical along with the results of a TB test or chest x-ray must be completed within six months prior to matriculation. We will also need titer results for MMR, varicella, and Hepatitis B, along with a current diphtheria, tetanus and adult pertussis vaccination. It is strongly recommended that you schedule an appointment for your physical examination, titers and any necessary immunizations as soon as you receive your letter of acceptance.

Additionally, upon acceptance into the program, you will be required to complete a criminal background check and may be required to take a urine drug test in order to meet State regulations and hospital accreditation requirements.

All required documentation must be received by the deadline indicated below. Failure to complete the admissions requirements by the deadline could result in the delay of your financial aid and/or the rescindment of your acceptance.

Acceptance Deposit & Acceptance Decision	See Acceptance Letter
History, Physical & Immunization Documentation	<b>June 1, 2025</b>
All Updated Official Transcripts	<b>June 1, 2025</b>
Course Work/Degree Completion Documentation	<b>June 1, 2025</b>
Any Additional Requested Documentation	<b>June 1, 2025</b>
Proof of Legal U.S. Residency (If non-resident)	<b>June 1, 2025</b>

If you have any questions, please check with the Admissions Office.

#### ACCEPTANCE DEPOSIT

For DPT-Oregon applicants accepted to WesternU Oregon, the acceptance deposit is \$500, payable to Western University of Health Sciences and is due by the date indicated on your letter. This deposit is non-refundable. Upon matriculation, the \$500 deposit is applied toward the student's account.

#### ALTERNATE STATUS INFORMATION

Applicants placed as alternates may or may not be offered a seat for the upcoming entering class. Please note that alternate candidates are not ranked. The alternate status remains unchanged until notified in writing by Western University.

Applicants selected as alternates may or may not be offered a seat for the upcoming entering class. Please note that the program does not rank or number alternate candidates. The alternate status **remains unchanged until an offer of acceptance is made by DPT-Oregon.** If you are placed on the alternate list, and you would like suggestions on how to improve your application for the next application cycle, we recommend that you review the competitive candidate profile on the prospective student website to identify opportunities to strengthen your application. In addition,

suggestions on how to improve your application do not guarantee an interview and/or acceptance to the DPT-Oregon Program.

Please confirm your interest as an alternate by clicking on the link provided in your status letter to confirm that you wish to remain in consideration should a seat become available. If you should accept a seat elsewhere, please notify us as soon as possible in writing so that we may remove you from the alternate list (an e-mail is fine).

#### IF YOU ARE NOT OFFERED AN ACCEPTANCE

If you are not offered an acceptance, and you would like suggestions on how to improve your application for the next application cycle, we recommend that you review the competitive candidate profile on the prospective student website to identify opportunities to strengthen your application. In addition, suggestions on how to improve your application do not guarantee an interview and/or acceptance to the DPT-Oregon Program.

Candidates who are unsuccessful in gaining admission will be notified in writing by the end of August. Remember to check our website for new application deadline dates and any changes in program prerequisites.

#### WESTERN UNIVERSITY OF HEALTH SCIENCES CATALOG

The <u>DPT-Oregon catalog</u> is available online. It is presented as a pdf file, and you will need to download Acrobat Reader to access the catalog.

To ease download times for viewing, we have broken up the catalog into major sections – mostly by academic program. There is a general university section (Overview) at the start and a listing of the Board of Trustees, Administration, and Faculty at the end. Also, with the advent of an online catalog, the information contained in the Student Handbook has been incorporated into the catalog. University Academic Policies and Procedures are contained as a section within each program component.

## WesternU Oregon DPTE Curriculum

Year 1, Fall Semester		
Course	Title	<b>Credit Hours</b>
IPE 5000A	Patient Centered Cases IA	0.00
PT 5310	Human Anatomy I	4.00
PT 5320	Clinical Biomechanics and Kinesiology I	4.00
PT 5330	Patient Care and Clinical Skills	3.00
PT 5335	Research Methodology and Critical Appraisal	3.00
PT 5340	Human Physiology and Pathophysiology	4.00
PT 5610	Professional Aspects in Physical Therapy I	1.00
	Semester Total:	19.00

Year 1, Spring Semester		
Course	Title	Credit Hours
IPE 5000B	Patient Centered Cases IB	1.00
IPE 5100A	Patient Centered Cases II	1.00
PT 5315	Human Anatomy II	4.00
PT 5325	Clinical Biomechanics and Kinesiology II	4.00
PT 5350	Foundations of Physical Therapy Examination	1.00
PT 5355	Cultural, Psychosocial, and Ethical Aspects of Healthcare	3.00
PT 5360	Physiologic Basis of Exercise, Wellness, and Nutrition	2.00
PT 5365	Teaching and Learning Principles	2.00
PT 5370	Introduction to Pharmacology in Physical Therapy	1.00
PT 8710	Practical Applications Lab – Foundational Skills	1.00
	Semester Total:	20.00

Year 1, Summer Semester		
Course	Title	Credit Hours
IPE 5100B	Patient Centered Cases IIB	1.00
PT 7110	Concepts of Motot Control and Motor Learning	2.00
PT 5415	Neuroscience and Neuroimaging	4.00
PT 5420	Musculoskeletal Imaging	2.00
PT 5425	Clinical Application of Therapeutic Exercise	2.00
PT 5430	Cardiovascular and Pulmonary System: Examination, Evaluation, and	3.00
DT 5510	Management in Physical Therapy	2.00
PT 5510	Musculoskeletal System I: Examination, Evaluation, and Management in Physical Therapy	3.00
PT 8721	Practical Applications Lab – Clinical Skills I	2.00
Semester Total:		19.00
	Year 1 Total:	58.00

Year 2, Fall Semester		
Course	Title	Credit Hours
IPE 6000A	Team Training in Health Care IA	0.00
PT 5515	Musculoskeletal System II: Examination, Evaluation, and	4.00
	Management in Physical Therapy	
PT 5410	Medical Screening in Physical Therapy	3.00
PT 7115	Human Development Across the Lifespan	2.00
PT 7521	Neurological System I: Examination, Evaluation, and Management in	3.00
	Physical Therapy	
PT 7525	Professional Development, Clinical Education, and Communication	1.00
PT 7535	Therapeutic and Mechanical Modalities	3.00
PT 8810	Clinically Oriented Readiness I	1.00
PT 8722	Practical Applications Lab – Clinical Skills II	2.00
	Semester Total:	19.00

Year 2, Spring Semester		
Course	Title	<b>Credit Hours</b>
IPE 6000B	Team Training in Health Care IB	1.00
IPE 6100A	Team Training in Health Care IIA	0.00
PT 7530	Health Care Considerations for Rural and Underserved Populations	2.00
PT 7540	Evidence Based Practice in Physical Therapy	3.00
PT 8841	Research Project I	1.00
PT 8891	Clinical Education Experience I (10 Weeks)	5.00
	Semester Total:	12.00

Year 2, Summer Semester		
Course	Title	Credit Hours
IPE 6100B	Team Training in health Care IIB	1.00
PT 7522	Neurological System II: Examination, Evaluation, and Management in Physical Therapy	3.00
PT 7545	Prosthetic and Orthotic Applications in Physical Therapy	2.00
PT 7560	Aging Adults: Examination, Evaluation, and Management in Physical Therapy	3.00
PT 7550	Pediatric Populations: Examination, Evaluation, and Management in Physical Therapy	3.00
PT 7565	Management of Complex Conditions in Inpatient Settings	2.00
PT 8723	Practical Applications Lab – Clinical Skills III	2.00
PT 8842	Research Project II	1.00
PT 8815	Clinically Oriented Readiness II	1.00
PT 8951	Professional Development and Reflective Practice I	1.00
	Semester Total:	19.00
	Year 2 Total:	49.00

Year 3, Fal	Year 3, Fall Semester		
Course	Title	Credit Hours	
PT 8992	Clinical Education Experience II (12 weeks)	6.00	
PT 8843	Research Project III	2.00	
	Semester Total:	8.00	

Year 3, Spring Semester		
Course	Title	<b>Credit Hours</b>
PT 8952	Professional Development and Reflective Practice II	1.00
PT 8740	Principles of Administration, Business Management, and Leadership	3.00
PT 8745	Differential Diagnosis and Management of Complex Conditions in Outpatient Settings	3.00
PT 8750	Community Service and Outreach	2.00
PT 8755	Integumentary System and Wound Care: Examination, Evaluation, and Management in Physical Therapy	2.00
PT 8844	Research Project IV	1.00
PT 8760	Selected Topics	2.00
PT 5615	Professional Aspects in Physical Therapy II	2.00
PT 8730	Practical Applications Lab – Administration and Leadership	2.00
	Semester Total:	18.00

Year 3, Summer Semester		
Course	Title	<b>Credit Hours</b>
PT 8993	Clinical Education Experience III	6.00
PT 8953	Professional Development and Reflective Practice III	1.00
	Semester Total:	7.00
	Year 3 Total:	33.00

#### Additional Course(s)

Students who have not met a minimal level of proficiency in the clinical education experience may be required to enroll in an independent study to fulfill course remediation requirements prior to assignment to a repeated clinical experience.

## **Practical Application Lab**

Development of strong foundational skills with a transition to case based, service-learning, and experiential learning with clients and patients in the PALs clinic, facilitates synthesis and integration of knowledge to enhance clinical reasoning

#### **Community Service**

Community service requirements prepare students with the necessary skills to become a contributing member of the clinical team, community, and physical therapy profession. Learners apply the humanistic principles they have learned in previous courses to community service projects outside of the classroom.

#### **Research Opportunities**

Research is an integral part of the college and program mission. Students will have the opportunity to complete a capstone related to a community service partnership project, a comprehensive cast student or an empirical research project. Students will work with faculty to collect, analyze and develop an abstract to be disseminated as a poster or platform presentation.

## Personal Competencies for Admission and Matriculation

A candidate for admission to the DPT-Oregon program must possess, or be able to achieve through a reasonable accommodation, certain sensory and motor functions, that would enable the individual to carry out the activities described in the sections that follow. Upon matriculation to the program, the student must continue to possess, or be able to achieve through a reasonable accommodation, the personal competencies outlined below throughout their progression in the DPT-Oregon program. Graduation from the program signifies that the individual is prepared for entry into clinical practice. Therefore, it follows that graduates must have the knowledge and skills needed to function in a broad variety of clinical situations and to render a wide spectrum of physical therapy evaluation and treatment techniques. The candidate and student must be able to integrate all information received consistently, quickly and accurately by whatever sense(s) are employed. In addition, they must have the intellectual ability to learn, integrate, analyze, and synthesize data.

Essential functions are the aptitudes and abilities that allow physical therapy students (and physical therapists) to complete the professional curriculum and to perform the clinical skills consistent with Patient/Client Management as detailed in the Guide to Physical Therapist Practice. Therefore, there are essential functions or abilities necessary for admission and progression in the Department of Physical Therapy Education Program at Western University of Health Sciences – Oregon.

This practice requires the performance of specific essential functions that include but are not limited to the areas below. For candidates or students who require a reasonable accommodation in order to meet the competencies outlined below, please contact the Harris Family Center for Disability and Health Policy (CDHP) at (909) 469-5441.

Under all circumstances, a candidate or student should be able to perform the following in a reasonably independent manner, with or without a reasonable accommodation:

## Observation (includes functional use of vision, hearing and somatic sensations)

Candidates and students must have sufficient vision to be able to observe patients and demonstrations accurately, close up and at a distance, to learn skills and to gather patient data (e.g., observe a patient's gait, appearance, posture, etc.). Candidates and students also must possess functional use of the sense of vision and somatic sensation. Observation is enhanced by the functional use of the sense of smell.

#### Communication

Candidates and students must have the ability to communicate orally and in writing with patients, families, groups and other members of the healthcare team, as well as faculty and peers. Candidates and students must be able to communicate effectively and sensitively in English with other students, faculty, staff, patients, family and other professionals, in both oral and written formats, and must be able to read, write, and communicate verbally in English. Candidates and students must be able to interpret communication of others effectively. Candidates and students must be able to read and comprehend written material and communicate clearly and audibly during interactions with classmates, professors, patients, and members of the health care team. Candidates and students must also be able to recognize and respond to soft voices or voices under protective garb, auditory timers, equipment/emergency alarms, joint noises, prostheses, and effectively use devices for the measurement of vital signs and breathe sounds. Candidates and students must be able to hear patients and respond to patient critical needs when not in direct line of site.

## **Psychomotor Skills**

Candidates and students must have sufficient motor function to be able to execute movements commonly required to provide assessment and physical therapy treatment procedures to patients/clients, as well as respond quickly to emergencies by lifting/pushing/pulling patients, applying force to perform CPR, and assisting with transporting

patients. These actions require both gross and fine muscular movements, equilibrium and functional use of the senses of touch, hearing, and vision.

## **Mobility and Stamina**

Candidates and students must possess sufficient gross and fine motor skills and endurance to provide safe and effective physical therapy care in all health care settings. Candidates and students must have the ability to: perform basic life support, including CPR; function in an emergency situation; safely transfer a patient (e.g., from wheelchair to commode, from chair to bed, lift and transfer from floor); calibrate and use equipment; perform treatments and procedures; apply pressure to stop bleeding; and/or manipulate diagnostic instruments to adequately perform all aspects of an assessment. Candidates and students must demonstrate strong bilateral grasp during joint mobilization/manipulation and manually resisted exercise, bilateral gross and fine motor control, and strength to perform therapeutic massage, and fine motor control to manipulate testing instruments/equipment/ writing instruments/computers.

Candidates and students must be able to maintain and assume a variety of positions including sitting for up to 2 hours continuously, frequent standing, walking, bending, squatting, kneeling, stair climbing, reaching forward, reaching overhead, and turning and movement of the trunk and neck in all directions. Candidates and students must have sufficient endurance to continue performing a variety of exertional activities for up to 8-12 hours with occasional rest breaks. Candidates and students must also perform manual material handling and manipulation of various sizes and weights including lifting and transferring patients, guarding patients during gait training on level surfaces/uneven surfaces/ramps/stairs, pushing and pulling to provide resistance and to assist in maneuvering patients. Specific requirements include:

- · Safely lift up to 50 lbs. independently
- · Safely lift up to 200+ lbs. with assistance; and sit, stand, and move about in patient environments.
- · Safely push and pull up to 200 lbs.

Candidates and students must be able to balance self and provide support and balance to patients on a variety of surfaces including level and uneven ground, ramps, curbs, and stairs.

#### **Tactile**

Candidates and students must have sufficient tactile ability to perform a physical assessment of a patient and to perform procedures necessary for physical therapy care. Candidates and students must have the ability to perform palpation, manual muscle testing, joint mobilization, percussion, massage, and other functions necessary for a physical exam; assess texture, shape, size, and vibration; note temperature changes in skin and equipment; and perform therapeutic functions associated with wound care. Candidates and students must be able to manipulate dials, sensors, and switches on all examination and therapeutic equipment.

## Intellectual, Conceptual, Integrative, and Quantitative Abilities

Candidates and students must be able to measure, calculate, reason, analyze, synthesize, integrate, and apply information in making critical judgments. Problem solving, a clinical skill necessary in physical therapy practice, requires all of these intellectual abilities. In addition, candidates must be able to comprehend three-dimensional relationships and to understand the spatial relationships of structures.

#### **Behavioral and Social Abilities**

Candidates and students must possess the emotional health required for full utilization of the intellectual abilities, the exercise of good judgment, the prompt completion of all responsibility's attendant to the assessment and care of patients/clients, and the development of mature, sensitive, and effective relationships with patients/clients, caregivers/family, colleagues and other health care professionals. Candidates and students must be able to tolerate physically taxing workloads, adapt to changing environments, display flexibility, and learn to function in the face of uncertainties inherent in the clinical problems of many clients. Compassion, integrity, concern for others, interpersonal skills, interest, motivation, and professionalism are all personal qualities to be assessed during the admissions and educational processes.

The WesternU Oregon Department of Physical Therapy Education, along with all the other programs at WesternU, shares a commitment to develop creative ways of opening the PT curriculum to competitive, qualified individuals with disabilities who meet the personal competencies for admission and matriculation. In doing so, however, the Western U Oregon Department of Physical Therapy Education must maintain the integrity of its curriculum and preserve those elements deemed essential to educating candidates to become effective physical therapists.

#### **Ethical Standards**

Candidates and students must demonstrate the ability to reason morally and practice physical therapy in a professional and ethical manner with patients, families, and other health care workers as well as with faculty and peers.

#### **Overview of WesternU Financial Aid Process**

**Welcome!** The information below is to provide you with a quick overview on how financial aid is processed at <u>our office</u>. Please visit our website at <a href="https://www.westernu.edu/financial/">https://www.westernu.edu/financial/</a>, which has a lot of useful information.

If you have any questions or feedback, please contact our office at (909) 469-5353 or via email at <a href="mail:minid@westernu.edu">finaid@westernu.edu</a>. We look forward to assisting you!

## **Applying for Aid –**

#### THE PROCESS

## Step 1: Complete the Free Application for Federal Student Aid (FAFSA)

- The Free Application for Federal Student Aid (FAFSA) is open for submission annually each October 1st.
- Create a Federal Student Aid (FSA) ID
- This FSA ID is used to sign your Free Application for Federal Student Aid (FAFSA) online. If you have an existing FSA ID, you are not required to create another one.
- Complete the Free Application for Federal Student Aid (FAFSA) https://fafsa.ed.gov/
- Western University of Health Sciences (WesternU) school code is 024827
- When completing the FAFSA application, transfer your federal tax information from two years ago (Prior-Prior Year).

## Step 2: Review Student Budget/Cost of Attendance

- Student Budgets/Cost of Attendance are subject to change and costs vary each year.
- See page 3 for details

## **Step 3:** Requirements

• Once admitted to the University, an email from our office will be sent to your WesternU email account. This email will instruct you to login to your Student Portal to complete the listed requirements prior to disbursement of loan funds. Once requirements are completed, your financial aid offer will be emailed to your WesternU email account.

## Step 4: Financial Aid Offer

## **Packaging and Award Policy**

- Students at WesternU are packaged and awarded as independent graduate students. There are no Grants available to graduate students. Resources such as gift aid, scholarships, Military and the National Health Service Corps will be taken into consideration first when packaging and awarding students.
- All eligible students are then awarded in the unsubsidized loan and the balance in the Grad PLUS loan to meet the maximum of their budget. Students are awarded the maximum allowable in the Federal Direct Loan program's as per their program and the Department of Education.
- Outside scholarships are available! Please visit <a href="https://www.westernu.edu/financial/financial-scholarships/">https://www.westernu.edu/financial/financial-scholarships/</a> for more details.

#### Loans

Graduate professional students are eligible to borrow federal loans up to the cost of attendance minus

other financial aid from the Department of Education (ED) and/or non- Department of Education lenders referred to as an Alternative loan.

- ED Loans and Interest Rates for 2023/2024 Academic Year
  - Federal Direct Unsubsidized Loan
    - 7.05%
  - Federal Graduate PLUS Loan
    - 8.05%
  - The Federal Graduate PLUS loan requires a credit check. If loan is declined, student will need an Endorser.
  - Please remember that the interest rates for each academic year may vary based on what the 10-Year T-Bill will be by the end of May of each year. In addition, there is an origination fee, which is assessed at the time of disbursement. For additional information visit our website athttps://www.westernu.edu/financial/direct-loan-program-counseling/.
  - Repayment begins 6 months after the student graduates or drops below half time enrollment. Limited deferments and forbearances are available to students upon graduation based on economic hardship.

#### Alternative Loan

- Eligible students are International, DACA, and those eligible to borrow ED loans.
- International students must secure a U.S. Citizen co-signer to obtain funding.
- Requires a credit check and is based on credit worthiness. Unlike ED's Loan program, approval is not guaranteed. The lending institutions determine interest rates of which there is no cap. Some lenders may charge an origination fee. Alternative loans may not have deferment/forbearance as an option.

## Step 5: Disbursements Schedule

- Disbursement schedules are based on the student's program enrollment terms (fall and spring or fall, spring, and summer terms).
- The financial aid amount you've accepted will be disbursed to your Student Account. Loan funds will first be used to pay for tuition and fees and then the remainder of it will be deposited to your checking account.
- To view your disbursement schedule, please Login to your Student Portal.

## Step 6: Meet with a Financial Aid Counselor

• Students who are borrowing ED loans for the first time at Western University of Health Sciences will receive an email with instructions to schedule their 30-45-minute mandatory New Student Information (NSI) Financial Aid group meeting

\*\*Please refer to the <u>Doctor of Physical Therapy – Northwest Financial Aid Fact Sheet</u> and <u>Financial Aid Office website</u> for the most current tuition and fee amounts. \*\*

# UNIVERSITY STUDENT AFFAIRS – SUPPORT SERVICES ACADEMIC YEAR 2024-2025

Learning Enhancement and Academic Development (LEAD) http://www.westernu.edu/lead/lead-about/

The LEAD office is student-oriented. It serves as an important resource, partnership and support system for students. LEAD counselors are dedicated to assist students in developing their academic, professional and personal skills.

## **Tutorial Assistance Program (TAP)**

This program offers supplemental group academic instruction for **students**. Instruction is facilitated by trained competent peer tutors.

## **Academic Counseling**

In one-on-one academic counseling sessions, students can improve their competencies in a range of areas, including: study strategies, test taking, focus and retention, time management, stress management, academic writing skills and more. Each session is designed to address the student's particular learning style, with the help of basic assessments. Students can schedule as many sessions as needed.

## Wellbeing

The initiative consists of Wellbeing workshops with topics that focus on student wellness, Wellbeing activities around exams, and other activities focused on enriching the humanistic side of the student experience.

#### Harris Family Center for Disability and Health Policy (CDHP) http://www.westernu.edu/cdhp/

If you have a disability and/or medical condition there are a number of support services available to you. Assistant Director, Sandra Lawler, is available to meet with you and discuss the intake process, required documentation, and academic accommodations. To contact the center, you may call (909) 469-5441 or email <a href="mailto:slawler@westernu.edu">slawler@westernu.edu</a>

The CDHP embraces the spirit of providing services to all students with permanent or temporary disabilities or medical conditions, ensuring that all University programs and activities are accessible. During your appointment, you will be advised about the required documentation. The CDHP understands educational needs and is flexible in its accommodations. Please keep in mind, there are no charges to you for services that are needed to support your educational program. We are here to help you succeed!

Fitness - Lebanon, OR Campus | http://www.westernu.edu/students/students-services-fitness/

We want you to stay mentally and physically fit while you are a student, so we offer a number of great opportunities to stay healthy:

- 1. LA Fitness or SamFit You pay a discounted and subsidized rate (WesternU pays \$100 to the facility on your behalf) depending on your option for enrollment. The advertised rates are for the 2020-2021 academic year and may be subject to change in the future.
- 2. Reimbursement to any Non-LA Fitness/SamFit gym You may be eligible for a reimbursement up to \$100 for an annual/pre-paid membership or a month-to-month membership (excluding LA Fitness/SamFit).

Note: Please keep in mind that gyms may experience forced closures during your active memberships due to the COVID19 pandemic. Many gyms, including LA Fitness, may not be offering refunds for closure dates but may compensate members in alternative methods.

#### **Counseling Services – Oregon**

https://www.westernu.edu/students-or/students-services-or/students-services-counseling-or/

We are pleased to provide all full-time students access to an Employee Assistance Program (EAP) for Students through OptumHealth. Under the EAP for Students, you and any member of your immediate household are

eligible for up to six free counseling sessions for each "incident" or situation. Counseling includes but is not limited to: emotional well-being, financial planning, work and school issues. Counseling services may be accessed by telephone, via the web, or face-to-face. An on-campus counselor is also available by appointment.

## **Identification Badges**

Student identification badges must be worn at all times while on campus, and entry into buildings may be denied without proper ID.

#### **Health Insurance**

http://www.westernu.edu/registrar/registrar-about/registration-information/student-health-insurance/

As a full-time WesternU student, you must show that you have a current health insurance policy during registration EACH academic year. We encourage you to "shop around" for a health insurance plan that meets your specific needs. Many students are enrolled in plans offered by Blue Cross, Kaiser Permanente, HealthNet, PacifiCare, Aetna, US Healthcare, and United Healthcare. There are many companies that can give you the coverage you need for your specific health concerns. Coverage requirements for all students seeking to waive out of the school sponsored insurance plan are as follows:

- Active coverage for the entire academic year, including summer and holidays
- Deductible of \$1,000 or less per policy year (\$2,000 or less for family)
- Plan provides coverage in the United States

Should you choose not to go with another health insurance plan or if you do not show proof of insurance by the deadline, you will automatically be enrolled in a <a href="health-plan">health-plan</a> through Aetna. Please note that this plan <a href="health-care">DOES</a>
<a href="https://www.uesternu.edu/plan">NOT COVER</a> routine dental exams. Under this plan, students have access to a network of healthcare providers. Listed below are some of the additional main highlights of this insurance plan. For complete details visit our health insurance page at <a href="http://www.westernu.edu/registrar/registrar-about/registration-information/student-health-insurance/">http://www.westernu.edu/registrar/registrar-about/registration-information/student-health-insurance/</a> or call WesternU's insurance broker, HSA Consulting, by phone at (888) 978-8355 or by email at westernu@hsac.com.

Deductible \$250

**Co-Insurance** 80% – Preferred Provider Organization (PPO), 60% – Non-PPO

Out of Pocket Maximum (Individual) \$6,350 (PPO), \$10,000 (Non-PPO) Out of Pocket Maximum (Family) \$12,700 (PPO), \$20,000 (Non-PPO)

Office Visit \$20 Copayment, 100% (PPO), 60% (Non-PPO) Urgent Care Visit \$20 Copayment, 100% (PPO), 60% (Non-PPO)

**Emergency Room Visit** \$200 Copayment (Waived if Admitted)

Prescription Drugs \$15/\$25/\$45

For additional information on the benefits offered under the student health insurance plan, please visit the Health Sciences Assurance Consulting (HSAC) website at <a href="https://app.hsac.com/westernu">https://app.hsac.com/westernu</a>
No dental benefits are provided.

#### Student Government Association, Community Service & Clubs

https://www.westernu.edu/students-or/students-government-or/ https://www.westernu.edu/students-or/students-clubs-1-or/

WesternU Oregon has a very active Student Government Association (SGA) on campus that serves as the voice of students. In addition, we have over 150 different clubs between the Lebanon and Pomona campuses comprising of

such diverse groups that include but are not limited to nationally affiliated professional organizations, cultural/religious groups, and interest-based groups.

In addition, if you are interested in journalism, we encourage you to get involved in the publication of the **WesternU Humanism magazine**. The magazine is written and edited by students under the direction of faculty advisors.

#### **Diversity**

We are proud of our diverse student body, and the many extracurricular activities offered on campus reflect that diversity. We offer a wide range of opportunities with campus organizations that include **cultural**, **religious**, **medical**, and **fine arts** clubs. The cultural diversity present on our campus provides students with an appreciation and respect for people of all backgrounds.

<u>Housing https://www.westernu.edu/students-or/students-housing-moving-or/students-housing-apartments-or/</u>
There are variety of housing options available to you as a WesternU student. WesternU offers a secure online listing of available rentals both local to the campus as well as nationwide for our students on rotations!

#### Student Life https://prospective.westernu.edu/health-sciences/dpt-oregon/student-life/

Oregonians are fortunate to have access to some of the best nature in the world in a moderate climate. Our students often find time to escape out into nature or explore the great towns and cities nearby. Whether you want to spend a day at the Oregon coast, go hiking in the mountains, have a BBQ in the backyard or float down the river with friends, Lebanon, Oregon is a great place to be! There are many "Hot Spots" within driving distance of WesternU Oregon and we encourage you to take advantage of these attractions while you are here. WesternU Oregon also hosts numerous events on and off campus throughout the year including the President's Ice Cream Social, a Halloween costume contest and musical events in the recital hall, there is something of interest for each of our unique students.

## **Community Involvement**

You will become an active member of the local community. There are a number of ways to get involved in community service including participating in health screenings, conducting physicals at local schools, volunteering at an annual SGA-organized interprofessional community health fair, trail-building, Lebanon Soup Kitchen, and various international service opportunities. WesternU Oregon strengthens this relationship with the community by allowing you to earn credit for service learning – benefiting both students and the community.

#### **ADMINISTRATIVE CONTACTS**

**ADMISSIONS OFFICE** 

Robin Johnson, Associate Director of Admissions admissions@westernu.edu

(909) 469-5674

Michale Haverkamp, Assistant Director of Admission admissions@westernu.edu

(909) 469-5571

Alison Morales-Perez, Admissions Counselor (A-H) admissions@westernu.edu

(909) 469-5571

Ryan Vidales, Admissions Counselor (I-P) admissions@westernu.edu

(909) 469-5272

Jeanna Arnold, Admissions Counselor (Q-Z) admissions@westernu.edu

(909) 469-5246

FINANCIAL AID OFFICE

Modesto Gonzales, Financial Aid Counselor megonzales@westernu.edu

(541) 259-0306

Linda Frenza, Financial Aid Counselor lfrenza@westernu.edu

(909) 469-5356

**UNIVERSITY STUDENT SERVICES** 

For questions regarding Orientation, Health Insurance, and Pre-Enrollment Activities:

Alana Garcia, Administrative Associate adgarcia@westernu.edu

(909) 469-5343

For questions regarding Student Clubs and Organizations:

Christy Ho, Assistant Vice President of University Student Affairs hoc@westernu.edu

(909) 469-5616

For questions regarding Fitness Clubs:

Jessica Kersey, Director of Student Affairs jkersey@westernu.edu

(909) 706-3517

For questions regarding Housing:

Melody Ramos, Student Affairs Coordinator mramos@westernu.edu

(909) 469-5605

**DPT-OR Student Services** 

Shauna Lieu, Director of Student Affairs slieu@westernu.edu

LEARNING ENHANCEMENT/ACADEMIC DEVELOPMENT

Dr. Neil Patel, Assistant Vice President, Learning and Development patelnm@westernu.edu

Brian O'Driscoll, Learning Skills Specialist (Lebanon, OR) bodriscoll@westernu.edu

LAPTOP COMPUTER TECHNICAL SUPPORT

For laptop computer assistance techsupport@westernu.edu