

Personal Support Services, Pomona

Disability Accommodations			
WesternU Department	Purpose	Contact Person	Contact Information
Center for Disability & Health Policy (CDHP); Accommodations & Resource Center (AARC)	Support students with disabilities, ensuring that all programs and activities are accessible to those with permanent or temporary disabilities	Sandra Lawler, Assistant Director, CDHP and AARC	(909) 469-5297 slawler@westernu.edu
Optum Assistance Program			
Student Resource	Purpose	Contact Person	Contact Information
Optum, Employee Assistance Program	Students have free access to resources needed to manage difficult & daily concerns: assessment, short-term counseling, and referral services	Optum Representative	(800) 234-5465 http:// www.liveandworkwell.com/
On-Campus Counseling (Optum Affiliated)			
WesternU Department	Purpose	Contact Person	Contact Information
Counseling Services, WesternU University Student Affairs	Free on-campus counseling services Hours: Tues. & Thurs. 12:00 - 7:30 pm	Anna Couch, PhD, MA, MFT	(909) 469-8496, Regular calls (626) 391-8608, Urgent calls acouch@westernu.edu Pumerantz Library, LRC 411
Off-Campus Counseling Centers (Optum Affiliated*)			
Company Name	Company Specialization	Notes	Contact Information
Inland Psychiatric Medical Group	Providers have interests and expertise in a broad range of areas of psychiatry and psychotherapy	Call about provider list & Optum access	(909) 902-1082 11800 Central Ste 223 Chino www.inlandpsych.com
Foothills Psychological Services	Providers specialize in solutions-focused therapy and psychiatry services	Call for provider list & Optum access	www.foothillpsych.com 3 locations: 1) 13193 Central Ave Ste 200, Chino, 2) 954 W. Foothill Blvd. Ste A, Upland, & 3) 9089 Baseline Rd. Ste 200 Rancho Cucamonga

LEAD does not affiliate with or endorse any of the counseling centers or professionals listed.

* Optum Affiliated Counseling Professionals were selected based on their 5-mile proximity to 91766 zip code.

Off-Campus Counseling Center (Non-Optum Affiliated)			
Company Name	Company Specialization	Notes	Contact Information
Rosewood Counseling Center	Providers offer mind-body therapy	Call for provider list	(909) 981-0270 288 W. 9th St. Upland
Tri-City Wellness Center	Providers offer treatment for mental health	Call for provider list	(909) 623-6131 2008 N. Garey Ave Pomona
Off-Campus Counseling Professionals (Optum Affiliated*)			
Contact Person	Contact Information	Contact Person	Contact Information
Anna Couch, PhD, MA, MFT	(909) 860-1541; 750 N. Diamond Bar Blvd, Ste. 204, Diamond Bar	Bernadette Brennecke, LCSW	(909) 622-2125; 1977 N. Garey Ave, Ste. 2, Pomona
Nicholas Fittante, MFT	(909) 497-7288; 13768 Roswell, Ste. 220, Chino	Dayna Tevis, MS, MFT	(909) 228-0302; 12598 Central Ste. 205, Chino
John Cullen, MFT	(909) 896-3137; 114 N. Indian Hill, Ste D, Claremont	Kristen Ohman, MFT	(909) 261-6359; 219 N. Indian Hill Ste 205, Claremont
Mary Crosby Bennett, LCSW	(909) 297-0523; 428 Harrison Av, Ste 101D, Claremont		
Off-Campus Counseling Professionals (Non-Optum Affiliated)			
Contact Person	Contact Information	Contact Person	Contact Information
Aurora Soliguen, MD	(909) 949-0076; 1183 E. Foothill, Ste 234, Upland	Elizabeth Baxt, MFT	(909) 518-0329; 150 N. Grand Ave, Ste 212, West Covina
Ilian Alvarez, EdD	(714) 455-9096; 640 S. Sunset Ave, Ste 105, West Covina	Linda Abdelsayed, PsyD	(909) 228-0302; 12598 Central Ave, Ste 205, Chino
National, 24 hour, Phone Support Services			
Organization	Phone Number		
LA County Access Center Crisis Intervention	(800) 854-7771		
National Mental Health Crisis Hotline	(800) 273-8255		
National Suicide Prevention Lifeline	(800) 273-8255		
24-hour Rape Crisis Hotline	(800) 656-4673, (626) 966-4155, (626) 793-3385		
Project SISTER (Sexual Assault Support Hotline)	(909) 626-4357		
Alcoholic Anonymous, Chino 24 hr. answer machine	(909) 628-4428		

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