

Personal Support Services, Pomona

Disability Accommodations			
WesternU Department	Services Provided	Process to Seek Services	Contact Information
Harris Family Center for Disability & Health Policy (^{HF} CDHP); Accommodations & Resource Center (AARC)	Support students with permanent or temporary disabilities to ensure all programs and activities are accessible	<ul style="list-style-type: none"> Visit and review website Complete Student Intake Form 	Sandra Lawler, Associate Director (909) 469-5297 slawler@westernu.edu
Counseling Services (Free for all WesternU Students)			
Insurance Company	Services Provided	Process to Seek Services	Contact Information
Optum, Employee Assistance Program	Resources needed to manage difficult & daily concerns: <ul style="list-style-type: none"> Short-term counseling Referral services 	<ul style="list-style-type: none"> Contact Optum Obtain authorization number to see any in-network provider 	(800) 234-5465 http:// www.liveandworkwell.com/
Optum Counseling Services with WesternU			
On-Campus Resource	Services Provided	Process to Seek Services	Contact Information
Anna Couch, PhD, MA, MFT	Counseling services conveniently available for on-campus students	<ul style="list-style-type: none"> Schedule appointment using e-appointment link Optum authorization number not necessary 	(626) 391-8508 acouch@westernu.edu Pumerantz Learning Center, PLC 4 th Floor; Hours: Tues. & Thurs. 11:00 am - 6:00 pm Wed. 12:00 pm – 4:00 pm
Luis Orozco. LCSW	Counseling services conveniently available for on-campus students	<ul style="list-style-type: none"> Schedule appointment using e-appointment link Optum authorization number not necessary 	(562) 219-4537 luis_orozco@optum.com Pumerantz Learning Center, PLC 4 th Floor Hours: Mon. & Fri. 9:00 am – 2:30 pm
Off-Campus Local Resource	Services Provided	Process to Seek Services	Contact Information
Soultenders – Therapeutic Services Network of clinical providers operating throughout SoCal	Counseling services conveniently available for on-campus students	<ul style="list-style-type: none"> Call Soultenders to select provider & make appointment 	(855) 952-1907 https://www.soultenders.com/ client-center/

		<ul style="list-style-type: none"> • Optum authorization number not necessary 	
Optum Counseling Services, Nationwide			
Off-Campus Nationwide Resource	Services Provided	Process to Seek Services	Contact Information
Optum Provider Nationwide Network	Counseling services conveniently available for off-campus students	<ul style="list-style-type: none"> • Check website to select provider & make appointment • Optum authorization number is needed 	(800) 234-5465 http://www.liveandworkwell.com/

Counseling Services (Self-Pay or Private Insurance Required, Optum Out-of-Network)			
Company/Professional Name	Contact Information	Company/Professional Name	Contact Information
Rosewood Counseling Center	(909) 981-0270 288 W. 9th St. Upland	Tri-City Wellness Center	(909) 623-6131 2008 N. Garey Ave Pomona
Aurora Soliguen, MD	(909) 949-0076; 1183 E. Foothill, Ste 234, Upland	Elizabeth Baxt, MFT	(909) 518-0329; 150 N. Grand Ave, Ste 212, West Covina
Ilian Alvarez, EdD	(714) 455-9096; 640 S. Sunset Ave, Ste 105, West Covina	Linda Abdelsayed, PsyD	(909) 529-2152 15330 Fairfield Ranch, Chino Hills

National, 24 hour, Phone Support Services	
Organization	Phone Number
LA County Access Center Crisis Intervention	(800) 854-7771
National Mental Health Crisis Hotline	(800) 273-8255
National Suicide Prevention Lifeline	988
National Suicide Prevention Lifeline Website	https://988lifeline.org/
National Suicide Prevention Lifeline Chat	Lifeline Chat : Lifeline (988lifeline.org)
24-hour Rape Crisis Hotline	(800) 656-4673, (626) 966-4155, (626) 793-3385
Project SISTER (Sexual Assault Support Hotline)	(909) 626-4357
Alcoholic Anonymous, Chino 24 hr. answer machine	(909) 628-4428
LEAD does not affiliate with or endorse any of the counseling centers or professionals listed.	

Pomona Academic Support Services

Pomona Campus Location

Pumerantz Learning Center (PLC) Room 102

Hours

Monday's and Friday's

8:00 am-5:00 Zoom Only

Tuesday's - Thursday's

8:00 am-5:00 On Campus and Zoom

Phone: (909)469-5325

email: LEAD@westernu.edu

Academic Counselors	
Name	Contact Information
Neil Patel, Ph.D. Director	(909) 469-5203 patelnm@westernu.edu
Neil Birt, M.S. Assistant Director of Learning Skills and Assessment	(909) 706-3827 nbirt@westernu.edu
Melissa Lopez, Ph.D. Learning Skills Specialist	(909) 469-8347 mslopez@westernu.edu
Shea Heagle, M.S. Learning Skills Specialist	(909) 469-7081
Staff	
Name	Contact Information
Martha Ruelas, M.H.Sc. Office Manager/ESL Specialist	(909) 469-5325 mruelas@westernu.edu