



College of Osteopathic Medicine of the Pacific COMP-Northwest

Interview Day Guidebook DO 2029

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About the College of Osteopathic Medicine of the Pacific-Northwest

Interview Day Guidebook DO 2029

Prepared by Admissions Office 200 Mullins Dr Lebanon, OR 97355 541 259-0214







WesternU proudly expanded the oldest osteopathic medical program on the west coast in Pomona, California to Lebanon, Oregon in 2011. COMP-Northwest has100 seats per year, blends its educational model into the local community and partners with regional clinical providers. Our medical students learn the skills necessary to become excellent doctors and are prepared to serve diverse areas with skilled health care access.

Osteopathic Medicine is a distinctive and comprehensive approach to the practice of medicine. It requires that Doctors of Osteopathic Medicine (DOs) master both the science of medicine and the osteopathic practice of medicine.

- The Science of Medicine requires the mastery of the complex functioning of the human body and the wide range of medical knowledge and technology that can be applied to both maintain health and treat disease.
- The Osteopathic Practice of Medicine teaches the DO to view the patient as a total person and not a disease. DOs believe that wellness is the goal of medicine and assist patients to achieve wellness through a unified body, mind and spirit.





Message from the Dean

Lisa Warren, DO, MBA

On behalf of our faculty, staff, and administration, we welcome you to the College of Osteopathic Medicine of the Pacific. This is an exciting time to pursue a career in medicine as an osteopathic physician. With rapid global changes and continuous medical innovations, you will be positioned to transform healthcare – one community and one patient at a time.

At COMP and COMP-Northwest, we provide a comprehensive and enriching education that prepares students to excel in the ever-evolving medical field. Our curriculum is designed to foster critical thinking, enhance clinical skills, promote compassion, high-quality, patient-centered care. Our faculty members at COMP and COMP-Northwest are leaders in their fields, committed to mentoring and guiding students throughout their medical journey. They bring a wealth of knowledge, experience, and dedication to excellence in teaching, patient care, and research.

We invite you to visit COMP and COMP-Northwest to learn more about our college and university.

College Mission

The Mission of the College (COMP and COMP-Northwest) is to prepare students to become technically competent, culturally sensitive, professional, and compassionate physicians who are prepared for graduate medical education, who are lifelong learners, and who will serve society by providing comprehensive, patient centered healthcare with the distinctive osteopathic philosophy.

This is accomplished through excellence in curriculum, translational research, service, osteopathic clinical practice, and the enhancement of osteopathic graduate medical education.

Core Competencies in Support of the College's Mission Statement

- Medical Knowledge
- Osteopathic Philosophy
- Patient Centered Care
- Professionalism (Leadership)
- Interpersonal & Communication Skills
- Practice Based Learning & Improvement
- Systems Based Practice

We embody humanism through caring, respect, empathy, trust, and inclusion.



Welcome from the Office of Academic Affairs

Dear Prospective Student:

Thank you for your interest in the osteopathic medicine program at Western University of Health Sciences, College of Osteopathic Medicine of the Pacific and COMP Northwest!

We are very excited that you are considering WesternU/COMP and COMP-NW for your future training as an osteopathic physician. Our curriculum will stimulate and intellectually challenge you with a program that is scientifically rigorous, clinically relevant, and patient centered. Additionally, we have ensured that our program honors the significance of the "humanistic" elements of medicine such as interpersonal relationships, literature, art, altruism, interprofessional collaboration, and community service.

We fully recognize that the best physicians are the ones who are able to integrate both the sciences and the humanities into their interactions with patients and the medical community. Please review the information in the pages that follow for more specifics regarding WesternU/COMP's educational program.

If you have any questions concerning WesternU/COMP or COMP-NW's educational program, please don't hesitate to contact us. If you send an email, please include your phone number.

Good luck!

Sincerely,

Gerald Thrush, PhD, Vice Dean Academic Affairs gthrush@westernu.edu

Jesus Sanchez, DO Associate Dean Pre-Clinical Education jsanchez@westernu.edu

Colleen Talbot, PhD, Assistant Dean, Pre-Clinical Education ctalbot@westernu.edu

Stephanie White, DO, Associate Dean, Clinical Education swhite@westernu.edu

CLASS OF 2028:

Class size is 108, with the students being 35% male and 65% female

Admissions

Admissions Office Staff (Lebanon)

The Admissions Office is staffed by the Assistant Director of Admissions and two Admissions Counselors. Admissions Operations processes your applications and forwards them to the Admissions Office Staff for review in consideration to interview in addition to counseling prospective applicants. The Admissions Office Staff assist in the completion of your application, interview day scheduling, and they also assist with the planning and execution of interview day activities. The Assistant Director of Admissions works closely with the Admissions Committee to prepare files and reports for committee meetings. This position is also responsible for all communication to you from the admissions committee in addition to monitoring class enrollment for the Lebanon campus.

COMP-Northwest is the only Osteopathic Medicine school in the State of Oregon

Admissions Committee Lebanon

Our Admissions Committee is comprised of faculty who have many years of experience in medical school admissions. They are conscientious in their review of applications and consider all aspects of each file knowing that professional potential is just as important as academic ability and places high value on Cognitive, Experiential, and Cultural diversity. Our Admissions Committee is the group on campus that makes recommendations on acceptance to the college Dean. Your interviewers assist the admissions committee by gathering information in an online panel interview setting. The Admissions Committee uses this information to make decisions on admission. The Chair of the Admissions Committee and the Assistant Director of Admissions meet with the Dean for approval of committee decisions. Once the approval has been given, all candidates receive an email notification of a status update to their application. Candidates log onto their status page to review updates. This process can take 28 working days to accomplish.

Interviews occur between August and April each year with a May option if necessary and acceptances occur on a rolling basis until the class is filled.

Admissions Committee Decisions

Offer of Acceptance

If you are offered a seat in the program, you will receive a phone call and an email notification. An offer of acceptance does not imply that your application is complete or that we have verified outstanding coursework and your degree, or that we are in receipt of all required documents. Your status page will outline the conditions of your acceptance, please read it carefully and if you have questions, contact your admissions counselor. Accepted candidates are directed to our Admitted Student Web Page. There you will find instructions, deadlines, and copies of documents you need to complete or take to your physician to complete. All documents must be received prior to registering for classes.

- » Our non-refundable acceptance deposit is \$2,000. Offers received through November 15th split the acceptance deposit into two \$1,000 payments.
- » Offers received after November 15th require one acceptance deposit of \$2.000
- » Your offer letter is the final notification on the acceptance deposit due date(s). You are responsible for submitting your deposits in a timely manner. If we do not receive your deposit according to the schedule outlined in your offer letter, your offer is rescinded and your place is offered to another applicant.
- » Deposits are made electronically by credit card. The Admitted Students web page will have detailed instructions on how to submit your nonrefundable acceptance deposit.

Waitlist Status

- » Only used if the class if full and the committee recommends to accept
- » Waitlist status is for this year only
- » Waitlist candidates are the first to be offered a seat if one becomes available

Alternate Status - both

- » The alternate status is for this year only
- » Alternates are not ranked
- » Alternate files will be periodically reviewed for consideration of an offer of admission.

Students selected as alternates will be notified of their status update electronically and may continue to add information to their application, i.e., letters of recommendation, new grades, volunteer work, clinical experience, and community service experiences. Any information that you would like the admissions committee to be aware of can be uploaded to your application by logging into your SLATE status page. Alternate candidates are contacted by email monthly starting in February asking if they accept their alternate status. If COMP is one of your top choice schools, please respond with a 'Yes' to let us know. Those responding with NO will be removed from consideration. It is important that your application reflects the completion of all pre-requisites. If you are still enrolled in classes, please take advantage of the AACOMAS update periods to report completed coursework. All coursework needs to be completed prior to June 1st of the entering year.

Deny Status

Students who are not selected for the program will be notified of their status update electronically. We interview 450 or more applicants annually and offers of acceptance to all qualified applicants is not possible. The Admissions Committee must make difficult decisions on candidates. Information can be provided explaining this decision if requested. Please contact your admissions counselor.

CLASS OF 2028:

54% of the students are bilingual and speak 33 different languages.

Background Check

The hospitals associated with our clinical education program require background checks on all incoming students to ensure the safety of the patients treated by students in our program. You will also be required to order a second background check in sufficient time for it to be reviewed by the hospitals prior to starting your clinical rotations. A background check typically takes 3 business days to complete. As an adult, if you have international residential history (6 months or longer) within the last 7 years, you must request an international background check. If you request an international background check, the domestic background check will automatically be included. You are a NEW STUDENT even if you have consecutive enrollment in an on-campus graduate program so please carefully follow the instructions given. You must notify the Admissions Office of any convictions that occur between the completion of your background check and your enrollment at WesternU.

PreCheck, Inc., a firm specializing in background checks for healthcare workers, conducts the background checks. Your order must be placed online through StudentCheck. Your background check should not be requested prior to February 1st of the entering year.

Personal Competencies for Admission and Matriculation

A candidate for admission to the COMP/COMP-Northwest Doctor of Osteopathic Medicine Program must possess, or be able to achieve through reasonable accommodation, certain sensory and motor functions, that would enable the individual to carry out the activities described in the sections that follow. Upon matriculation to the program, the student must continue to possess, or be able to achieve through reasonable accommodation, the personal competencies outlined below throughout their progression in the program. These personal competencies may also be referred to as technical standards in documents from the Commission on Osteopathic College Accreditation (COCA). The practice of medicine requires the performance of specific essential functions that fall into broad categories, which include but are not limited to the categories defined below.

Graduation from the Doctor of Osteopathic Medicine program signifies that the individual is prepared for entry into graduate medical education (GME). It therefore follows that graduates must have the knowledge and skills needed to function in a broad variety of clinical situations and be able to render a wide spectrum of osteopathic medical patient care. The student must be able to integrate, consistently, quickly, and accurately, all information received by whatever sense(s) employed. In addition, the individual must have the intellectual ability to learn, analyze, synthesize, and apply various types of information in a self-directed manner within the context of patient care. These requirements are consistent with acceptable clinical norms for licensed physicians.

For candidates or students who require a reasonable accommodation to meet the competencies outlined below, please contact the Harris Family Center for Disability and Health Policy (HFCDHP) at Disability Accommodations (e-mail) or (909) 469-5297 or visit the HFCDHP web site.

#WesternUWay
#WesternUProud

Special Note: Students who require a reasonable accommodation to meet the competencies outlined in the College Catalog are expected to contact, expeditiously, the HFCDHP in order to begin the interactive process. Due to the unique nature of the Osteopathic Principles and Practices discipline, the Neuromusculoskeletal/Osteopathic Manipulative Medicine (NMM/OMM) Department may assess and approve certain non-essential modifications to standard maneuvers/techniques, for students who possess a temporary physical/medical condition and/or who may meet the criteria of a qualified individual with a disability under the ADA. If approved, these modifications are limited only to the NMM/OMM course and will be provided to HFCDHP for record keeping. In the event that the NMM/OMM Department is unable to identify and/or approve a non-essential modification, that individual will be referred directly to HFCDHP.

For important information please refer to the College Catalog for the complete Personal Competencies for Admissions and Matriculation.

Completion of Your Application and Required Documents

We must be in receipt of all required documents by June 1 of the entering year. It is your responsibility to contact your Admissions Counselor and/or the Admissions Coordinator to confirm that we have verified receipt of all required documents.

- » Official transcripts will be provided to us by AACOMAS. If you have additional coursework that was not included in your application, it is your responsibility to provide official transcripts for this work by June 1.
- » Prerequisite coursework must be completed prior to enrollment at WesternU/COMP. If we have not confirmed all prerequisite coursework as complete, you will not be eligible to enroll. The deadline for completion of this work is June 1
- » Confirmation of completion of a Baccalaureate degree prior to enrollment is a requirement. If you have not provided documentation via an official transcript, you will not be eligible to enroll. If your degree will not be posted to your transcript by June 1, we will need to confirm completion of all requirements for the Baccalaureate degree with the registrar at your college/university and get the date of posting. Contact your Admissions Counselor to arrange this.

WesternU is home to over 170 student led clubs and organizations.

Admitted Students Health Clearance Document Requirement

Student Health and Safety

New matriculants into WesternU's health professions programs must submit evidence that they are in good health and be able to withstand the physical and mental pressures commonly placed upon professional students. All incoming students are required to submit a full medical history as well as the results of a physical examination, that is no more than 6 months old, prior to matriculation. New incoming students are required to submit all documentation as described in the Student Health Packet. The Student Health Office cannot release holds until all required documents have been received and accepted.

It is the student's responsibility to ensure all forms are submitted to the Student Health Office. Students should not depend on their healthcare provider's office or their college to submit required documents on their behalf. Student Health does not have access to other systems, e.g., VSAS, where some student forms are uploaded and stored.

You can review a detailed outline of the incoming student health clearance requirements on our <u>website</u>.

Questions regarding health clearance requirements can be directed to the Student Health Office at (909) 706-3830 or stu-emphealth@westernu.edu. .

Curriculum Overview

COMP and COMP-NW's curriculum is a four-year, full-time academic and clinical program leading to the Doctor of Osteopathic Medicine (DO) degree. This curriculum stresses the interdependence of the biological, clinical, behavioral, and social sciences with an emphasis on preparing students for residency training and future clinical practice as part of an interprofessional health care team.

In order to fulfill its educational mission, COMP and COMP-NW identifies and develops the knowledge, skills, attitudes, and behaviors required to become physicians who are competent, compassionate, life-long learners with the distinctive osteopathic philosophy. This is accomplished through a variety of modalities including synchronous and asynchronous presentations and activities, small and large group interactions, hands-on laboratory sessions, clinical skills sessions, and a breadth of experience in patient care and healthcare through excellent clinical rotations. All these sessions are designed to support the professional development of students so that they can be successful in their future role within the medical profession.

COMP and COMP-NW aspires to promote a patient and profession-based curriculum that is responsive to the ever-changing needs of the healthcare environment. Therefore, COMP and COMP-NW faculty members are actively involved in a process of continuous quality improvement, which includes a systematic review and evaluation of each course. Improvements and innovations are implemented on an as needed ongoing basis to assure that COMP and COMP-NW's curriculum provides an excellent educational program for osteopathic medical students.

All COMP and COMP-NW students are required to take and pass the Comprehensive Osteopathic Medical Licensing Examination (COMLEX-USA) Levels 1, 2CE, and 2PE before graduation. Additionally, during residency training, all DO graduates are expected to take and pass the COMLEX-USA Level 3 Exam for state licensure. Our COMLEX- USA first time pass rates and postgraduate residency placement rates can be found in the COMP Academic Outcomes section of our main webpage: https://www.westernu.edu/ire/outcomes/outcomes_om/

Please see COMP's catalog for more details regarding the College's curriculum and educational programs: https://www.westernu.edu/registrar/registrar-about/university-catalog/

CLASS OF 2028:
The average age is 25.

ISAC Intensive Summer Anatomy Course

The purpose of ISAC is to prepare a small group of first-year students to be Anatomy Teaching Assistants and assist the Anatomy faculty during Anatomy Labs throughout the regular academic year. ISAC students get a head start on Anatomy by completing all of the Gross Anatomy dissections, from head to toe, working five days a week for six weeks during June and July. ISAC has the advantage of smaller class size and greater interaction time with faculty in the lab than during the regular academic year. In exchange, ISAC students who perform well and who demonstrate qualities that will make them good teachers are expected to become Anatomy Teaching Assistants if selected by the faculty. Teaching Assistantships are paid positions.

The Scope of ISAC

ISAC satisfies your Anatomy Lab component. If you pass all of the ISAC practical exams, you will not need to take the Anatomy Lab practical exams during the regular academic year. This is one of the main advantages of ISAC for students—more time to study. ISAC students are still responsible for the lecture material and taking the didactic (multiple-choice) exams in the fall and spring courses, which include anatomy questions. ISAC has lectures to support the labs, but it does not have didactic exams—only lab practical exams. When the regular academic year begins, ISAC students attend lectures and take didactic exams along with their peers.

Selection of TAs and TA responsibilities

All ISAC students who successfully complete ISAC are candidates for a Teaching Assistantship and expected to apply. The faculty will select the final list of Teaching Assistants based on each candidate's knowledge base, ability to communicate, professionalism, commitment to and enthusiasm for mastering anatomy, and interactions with classmates. Anatomy TAs perform two tasks. First, they assist faculty in the lab during scheduled dissections, helping their peers perform dissections. Second, before each Anatomy practical exam, the TAs set up a mock practical exam to help their peers prepare for the real thing. These responsibilities amount to approximately 65 hours of lab time spread across nine months.

If you have questions about ISAC on the Lebanon campus, please contact **Dr. Edie Sperling at esperling@westernu.edu.**

If you have questions about ISAC on the Pomona campus, please contact **Dr. Jeremiah Scott at jscott@westernu.edu.**

CLASS OF 2028: 31% are from Oregon and 50% are from the Pacific Northwest.

Summer Preparedness and Readiness Course (SPaRC)

Dates: June 9-June 27, 2024

The Summer Preparedness and Readiness Course (SPaRC) is a three-week program designed to prepare incoming students for the rigors of their chosen program. SPaRC provides students with an introduction to applicable courses, skills, and competencies in an interprofessional education healthcare setting while easing their transition to a professional graduate program. SPaRC also helps students evaluate their strengths and weaknesses in the areas of academics and inter and intrapersonal development. Before the school year begins, SPaRC participants have been introduced to deans and faculty, know how to access crucial resources on campus, have experienced and dealt with information overload, and best of all, have already connected with fellow students in and outside of their programs.

Upon completing SPaRC, students:

- » Realistically understand the academic demands of their program
- » Are able to utilize academic-based learning and wellbeing coping strategies.
- » Have been introduced to their college dean and faculty.
- » Know how to access crucial resources on campus.
- » Have developed supportive friendships with students in and outside of their program.

Content Includes:

Sciences:

- » Skeletal system
- » Gross anatomy
- » Pharmacology
- » Program specific content

WesternU specific aspects:

- » Service learning
- » Study skills
- » Test taking skills
- » Life balance
- » WesternU Support Services

How to Apply

Incoming WesternU students, find out how to sign up here: http://www.westernu.edu/lead/lead-summer-prep/

For further information about SPaRC, please contact Dr. Neil Patel, Assistant Vice President, Learning and Development, LEAD patelnm@westernu.edu LEAD@westernu.edu

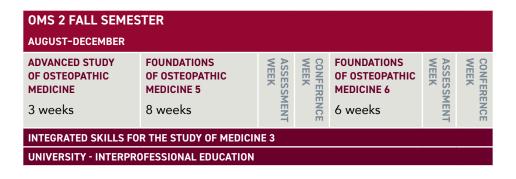
Sample OMS I Fall and Spring Semester Course Schedule

Pre-clinical Curriculum | Year 1

OMS 1 FALL SEMES	TER					
INTRODUCTION TO THE STUDY OF OSTEOPATHIC MEDICINE 5 weeks	FOUNDATIONS OF OSTEOPATHIC MEDICINE 1 4 weeks	ASSESSMENT WEEK	CONFERENCE	FOUNDATIONS OF OSTEOPATHIC MEDICINE 2 6 weeks	ASSESSMENT WEEK	CONFERENCE
INTEGRATED SKILLS FO	INTEGRATED SKILLS FOR THE STUDY OF MEDICINE 1					
UNIVERSITY - INTERPRO	DFESSIONAL EDUCATION					

OMS 1 SPRING SEM JANUARY-JUNE	IESTEI	₹				
FOUNDATIONS OF OSTEOPATHIC MEDICINE 3 8 weeks	ASSESSMENT WEEK	CONFERENCE	FOUNDATIONS OF OSTEOPATHIC MEDICINE 4 8 weeks	ASSESSMENT WEEK	CONFERENCE	HIGH-YIELD REVIEW 2 weeks
INTEGRATED SKILLS FO	R THE S	TUDY 0	F MEDICINE 2			
UNIVERSITY - INTERPRO	DFESSIO	NAL ED	UCATION			

Pre-clinical Curriculum | Year 2



JANUARY-JUNE							
FOUNDATIONS OF OSTEOPATHIC MEDICINE 7	ASSESSN WEEK	CONFERENC	FOUNDATIONS OF OSTEOPATHIC MEDICINE 8	ASSESS! WEEK	CONFER	HIGH-YIELD REVIEW	DEDICATED BOARD STUDY
6 weeks	SMENT	NCE	5 weeks	SMENT	RENCE	2 weeks	4 weeks



CLASS OF 2028: The average number of volunteer hours is 481.

COMP Clinical Curriculum Outline

OMS III Clinical Education Requirements

(The sequence of rotations & blocks is based on the selection of the student during the rotations lottery)

QUANTITY	TYPE	DISCIPLINE	DURATION
1	Core	Family Medicine	4 weeks
1	Core	Surgery	4 weeks
2	Core	Internal Medicine— General (IM-1 and IM-2)	2 x 4 weeks
1	Core	Psychiatry	4 weeks
1	Core	OB/GYN	4 weeks
1	Core	Pediatrics	4 weeks
1	Core	OMM	4 weeks
1	Elective	Elective	3 x 4 weeks

Note: Course title, topics, and sequence subject to change

OMS-IV Clinical Education Requirements

QUANTITY	TYPE	DISCIPLINE	DURATION
1	Required	Emergency Medicine	4 weeks
1	Required	Sub-Internship	4 weeks
1	Required	Residency Based Selective	4 weeks
6	Elective	Elective	6 x 4 weeks
1	N/A	Vacation	8 weeks



COMP-Northwest Research

Why Do Research?

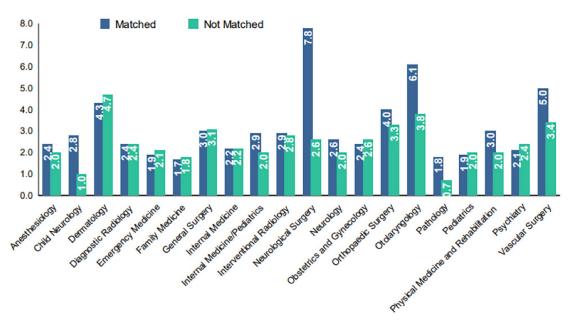
Research helps to build the critical thinking skills that will allow you to develop into a fantastic physician. Depending on the specialty, research experiences can also increase your chances of matching to your preferred specialty. The 2022 NRMP Charting Outcomes of the Match report shows that both allopathic and osteopathic medical students with research experience were more likely to match with their preferred specialty compared to those who had more limited research experience. A research experience could be anything from clinical case studies, literature reviews, survey research to clinical trials, prospective research studies, anatomy and/or basic medical science research studies. All medical students are encouraged to do research to enhance their journey here at COMP Northwest, and prepare them for Residency and beyond.

Students can join the Biomedical Research Longitudinal Track for enhanced training in research and students can apply for the WesternU Student Research Fellowship, which is typically awarded for a research experience during the applicants first summer. Annual deadlines for proposals typically fall in February.

To get involved in research, first find a mentor. This may be a WesternU faculty member or a researcher at another institution. In the latter case, be sure to also identify a WesternU mentor to be sure you have completed training and the project has been reviewed by the appropriate WU compliance and ethics committees.

Chart 10

Mean Number of Research Experiences of U.S. DO Seniors by Preferred Specialty and Match Status

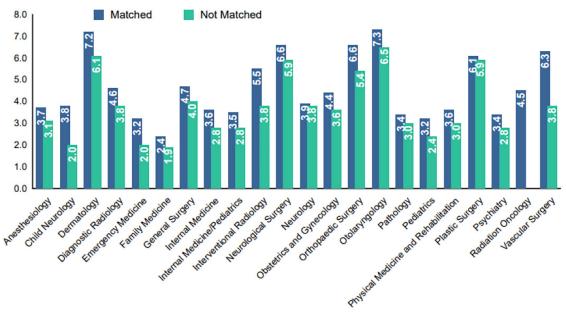


Source: NRMP Data Warehouse

Applicants were asked to report the number of research experiences they entered in their Electronic Residency Application Service (ERAS) applications. The experiences are not verified or evaluated and quality may vary greatly. Chart 10 shows the average number of research experiences by preferred specialty and Match outcome. U.S. DO seniors averaged 2.2 research experiences, with 88.0 percent reporting at least one research experience. The average numbers of research experiences were higher for matched U.S. DO seniors among competitive specialties such as Orthopaedic Surgery and Otolaryngology.

Chart 8

Mean Number of Research Experiences of U.S. MD Seniors by Preferred Specialty and Match Status



Source: NRMP Data Warehouse

Applicants were asked to report the number of research experiences entered in their Electronic Residency Application Service (ERAS) applications. The experiences are not verified or evaluated and quality may vary greatly. Chart 8 shows the average number of research experiences by preferred specialty and Match outcome. U.S. MD seniors averaged 4.0 research experiences, with 74 percent reporting this information. For all specialties, matched U.S. MD seniors had a higher average number of research experiences. Data were not reported for unmatched U.S. MD senior applicants preferring Radiation Oncology.

Current Research at COMP-Northwest

Infectious Disease Research

Mentor: Dr. Michelle Steinauer

Schistosomiasis is a neglected tropical disease that infects over 200 million people worldwide, primarily in tropical, developing regions like Sub-Saharan Africa. The blood fluke parasites that cause schistosomiasis multiply within freshwater snails before emerging and penetrating the skin of human patients. The parasites establish within the circulatory system and inflict a chronic inflammatory disease, which can have profound effects on individual health and population productivity. Our research, funded through the National Institutes of Health, is aimed at improving human health by breaking transmission through snail vectors. Students may work directly on-site with our team in Kenya or in the COMP-NW laboratory using genome wide association (GWAS) to determine the genetic mechanisms of vector competence and/or resistance to schistosome infection.

One Health Research—Antibiotic resistance and waterborne pathogens in Oregon waterways

Mentor: Michelle Steinauer

In collaboration with Oregon State University, this program trains a group of interprofessional students with an intensive research experience over the summer. Veterinary, public health, ecology, and microbiology students team up with our students for a five to six-week research experience. The program teaches collaboration among disciplines as much as accomplishing research goals related to understanding distributions and diversity of waterborne pathogens as well as environmental patterns of antimicrobial resistance in bacteria.

Advanced Drug Design and Delivery Against Resistant Bacterial Pathogens using Cell-Penetrating Peptides

Mentor: Dr. Rakesh Tiwari

This research investigates how cell-penetrating peptides (CPPs) and cyclic peptides can be used to develop new, more effective treatments for drug-resistant bacteria. In collaboration with a small biotech startup, the goal is to create a new generation of antibiotics that selectively disrupt microbial membranes using CPPs. These CPPs are short sequences of amino acids that can penetrate and interact with cell membranes, making them useful for delivering therapeutic agents directly into cells. By enhancing the stability and specificity of these peptides, the aim is to improve their use in delivering medicines, including antibiotics and anticancer drugs. The focus is on creating novel antimicrobial peptides that can work alongside traditional antibiotics to combat tough bacterial infections.

Novel applications of Hyperbaric Oxygen Therapy

Mentor: Dr. Belinda McCully

Western U is collaborating with NexGen Hyperbaric, LLC to investigate novel uses of hyperbaric oxygen therapy (HBOT) for the treatment of physical and mental condition. To support this initiative, a table-top hyperbaric oxygen therapy (HBOT) chamber was donated by NexGen Hyperbaric, LLC and delivered to the COMP-Northwest Research Laboratory in April 2023. Our goal is to utilize this chamber to investigate novel applications of HBOT in clinically-relevant animal models, and utilize these data to support future clinical trials.

Autonomic and cardiovascular dysfunction in surgical populations

Mentor: Dr. Belinda McCully

Our translational research group includes investigators at Western U, Oregon Health & Science University, and the University of Oregon to understand how autonomic and cardiovascular dysfunction impact clinical outcomes in surgical populations. We aim to answer these questions using clinically-relevant animals models, patient samples, and patient clinical data.

Our current area of interest is to understand how the vasoactive hormones released from neuroendocrine tumors alter autonomic, cardiac and vascular function, specifically in patients who require surgical resection of their disease. To address these questions, we utilize a mouse model of carcinoid disease, by which mice are injected with neuroendocrine tumor cells that promote liver tumor metastases. Using in vivo, ex vivo, and molecular techniques, we are able to assess how these metastases impact blood pressure regulation, vascular reactivity, electrical conduction in the heart, vascular receptor expression, and markers of inflammation.

Molecular Mechanisms of Aging, Rare Diseases, and Cellular Homeostasis

Mentor: Dr. Brian Wasko

Aging is the primary risk factor for most major diseases, including cardiovascular disease and cancer. Current clinical approaches involve combatting the age-associated diseases individually, commonly after the disease manifests. An alternative approach is to preventatively target molecular pathways that have been found to modulate organismal aging, which then has the potential to delay the onset and progression of multiple age-associated diseases simultaneously, resulting in improvements in lifespan and healthspan. Our research is focused on understanding conserved aspects of aging by studying the simple model eukaryotic organism, Saccharomyces cerevisiae (Baker's yeast). In one project, we are screening drugs to identify novel inhibitors of one of the most promising conserved biological pathways robustly shown to influence aging, the mTOR pathway.

Additionally, we also model clinical rare disease-associated mutations in yeast to improve our understanding of the molecular mechanisms of the understudied disease. We also have projects focused on understanding the fundamental cellular biology of how eukaryotic cells maintain intracellular pH homeostasis.

Point-of-Care Device for Pathogens Detection

There is a strong need for new technologies that enhance surveillance of disease-causing infection through an ability to sensitively and selectively detect pathogens. To meet this need, we propose to create and deploy a robust easy-to-use, field-deployable, quantitative platform for rapid pathogen screening that involves one-step cell lysis and pathogen inactivation in parallel with reagent binding and fluorescence readout. These robust and ruggedized point-of-care diagnostic tools will have important implications concerning our ability to rapidly identify infected patients. Our current project is focused on the detections of SARS-CoV-2 nucleic acid signatures. Future project involving students will include the development of tests for other viruses, like tuberculosis, schistosomiasis, influenza, and water borne pathogens.

How Are Students at COMP-Northwest Expanding The Research World As We Know It?

Ashley LaBarre Class of 2027 Co-President of the Research Club Lebanon

During the latter half of my undergraduate career, I got involved in research and instantly fell in love with it. This strong desire to conduct research drove me to pursue a master's degree with a research heavy focus before starting medical school. When starting medical school, I knew that I wanted to continue this passion and I got on a project as soon as I could. I am currently working on two projects, one being a meta-analysis on resiliency in medical students, and the other is a case study of multiple brachial plexus variants in an anatomy lab donor. I hope to eventually get involved with more projects and plan to continue to do research throughout my entire medical school career.

My goal with the Research Club is to help provide students with research opportunities and show them all that research has to offer. People tend to shy away from research, especially if they don't have a background in it, and I want to help others feel comfortable and confident with starting or joining a project. I hope to expand the amount of student researchers at WesternU and provide support for my peers on their research projects.



Prior to medical school I worked as a Clinical Research Program Manager at the Portland VA Research Foundation. My research background for the last 7 years has included a variety of research modalities in public health and infectious diseases. Most recently my research has been focused on managing multiple national and international clinical trials, notably a monoclonal antibody treatment for COVID-19, a vaccine for Clostridioides difficile, and a bacteriophage treatment for staphylococcus aureus bacteremia. My current research involves investigating the diagnostic utility of Human Herpesvirus 6 (HHV-6) CSF testing for neurological diseases with a focus on encephalitis in immunosuppressed patients. I'm working on various projects correlating XR technology with skull measurements and landmarks for safe and effective burr hole procedures following traumatic head injury. I'm also about to start an exciting project that involves a non-invasive medical device that could help patients with peripheral neuropathy regain some function.

A significant portion of my professional and academic life has been dedicated to research. I'm passionate about the investigative nature of research and how it can have a direct impact on the lives of patients. My hope as Co-president of the Research Club is to foster an environment that values curiosity, exploration, and collaboration. My vision is to encourage other students to get involved in research and gain confidence in implementing their own research projects!







Ahmed Salti Class of 2027 Vice President of Research Club Lebanon

It was during the latter stages of undergraduate journey where I was exposed to research. I was given an opportunity to work as a research assistant in infectious disease at the Portland VA Healthcare System. I have had the pleasure of working on a nation-wide, monoclonal antibody treatment for covid, an international vaccine trial for clostridioides difficile, and was involved in research that sought to improve quality of care at the VA.

Currently, my research involves evaluating safety and efficacy of various burr hole techniques and implementing extended reality technology and anatomy in relation to student education. I am also continuing to work on infectious disease related projects at the Portland VA.

I feel fortunate to be part of a school that values research. My goal as Vice President is to facilitate a research environment at our school where students are encouraged to work together and support each other as we explore research in medicine.



Robbie Nixon Class of 2027 Secretary of Research Club Lebanon

Ever since college, research has been an important part of my life. It not only helps me understand academic concepts in school but also gives me an amazing way to understand the world around me using evidence and reason. Part of my motivation for coming to COMP-NW was because of the research opportunities that it offers for its students. Soon after getting settled into medical school, I began talking to faculty to decide what kind of research I wanted to do as a student here. This process was simple and I'm happy to be working with Dr. Belinda McCully on a mouse model of carcinoid disease. As the secretary of the research club here on campus, I want to help increase our school's resources for student research, show how much our students are contributing to the fields they will be working in, and increase our exposure to published literature so we can be better prepared for our careers that deal heavily with new science.



Nicolaus Salm Class of 2027 Treasurer of Research Club Lebanon

Throughout my undergraduate studies, research became an integral aspect of my academic journey and an enticing potential career avenue. It swiftly evolved into a passion I wished to continue pursuing in medical school and beyond as a healthcare provider. Currently, I am pursuing this passion through research detailing hamstring musculature and vascular anatomy with 3D micro-CT slices to support the diagnostic accuracy of ultrasound for MSK injuries and rehabilitation protocol assessments in humans.

Having engaged in numerous laboratory and clinical research projects, I am well-acquainted with the challenges researchers encounter. It is my aspiration, as part of research club leadership, to help alleviate these challenges for others and help enhance our research acumen together. Along with the COMP-NW faculty and staff, we aim to simplify the more demanding tasks in research and make it approachable for all to get involved.



Jakia Islam Class of 2027 Outreach Coordinator of the Research Club Lebanon

My journey into research began with a curiosity about the sciences, evolving into a fundamental aspect of my education and experiences. I started engaging in research during my undergraduate studies and continued in my master's program. After entering medical school, I wanted to continue to grow my passion for research. With the help of WesternU's highly dedicated faculty and staff, I have the opportunity to explore my interests. I am currently studying the efficacy of digital interventions and in-person programs within university settings in enhancing mental health, improve physical well-being, mitigating high-risk behaviors, and promoting overall student welfare.

WesternU's faculty and staff are committed to developing well-rounded student doctors with proficient knowledge of scientific research methodologies. As outreach coordinator, I aim to help others engage with ongoing research at WesternU and foster a community among my peers to promote their projects.



Apoorva Singh Class of 2027 Conference Coordinator of Research Club Lebanon

My journey into research began in high school with the NASA High Altitude Balloon Project, igniting a passion that has since propelled my educational pursuits. As an undergraduate, I delved into three research projects spanning the fields of environmental science, physics, and biochemistry. These experiences solidified my aspiration to continue research in medical school.

Currently, I'm engaged in a research project alongside Dr. Mulumudi from the Everett Clinic in Washington. We're exploring Left Atrial Appendage Closure as a nonpharmacologic stroke prevention method in atrial fibrillation. Our focus extends to the importance of utilizing Transesophageal Echocardiography in this procedure.

As Conference Coordinator, I'm looking forward to helping peers connect and foster collaboration here at COMP-NW. I'll be drawing on my research experience to help organize the research symposium and initiatives that encourage collaboration across different fields. Let's work together to make COMP-NW a hub for exciting research and academic growth.



Maxwell McDaniel Class of 2027 Marketing Coordinator of Research Cub Lebanon

Research has been a challenging but rewarding part of my undergraduate and medical school careers. I have found that participating has given me a new lens to view and understand medical literature. It also provides you with the privilege to learn directly from experts in their field of study. There's only so much that can be packed into our regular curriculum, so research is an opportunity to delve deeper into more niche subjects which might not otherwise be seen in preclinical education. My previous work with pathogenic biofilms during undergrad has offered me a lot of continued value, and I am confident that trend will continue with my current research projects. Whatever your career aspirations may be, I heavily recommend working with our wonderful faculty and the research club. It can be intimidating to start, but the benefits to your career and the growth of your research literacy are too incredible to pass up.



Angela Loczi-Storm Class of 2027 Fundraising Coordinator of Research Club Lebanon

I began getting involved with research in undergrad, however, just as I was gearing up to delve into my own project, the onset of COVID prompted the closure of campus labs. Upon entering medical school, I knew I wanted to continue pursuing research and make-up for the opportunities I missed out on. Currently, I'm conducting research in the Steinauer lab on the effects of schistosome diet on infection susceptibility to s.mansoni. In addition to research on campus, I'm also involved with multiple projects through outside institutions focused on the early detection of melanoma, as well as socio-geographic barriers to dermatological care.

COMP-Northwest Clinical Rotation Sites

The clinical training sites for COMP-Northwest are available throughout Oregon and portions of Washington. Students will travel to multiple cities to complete their rotations.

TACOMA, WA

Description: Seattle, Chehalis, Olympia, Vancouver, and Gig Harbor WA

ASTORIA, OR

Description: Seaside, Warrenton OR

PORTLAND, OR

Description: Tigard, Milwaukie, Beaverton, Gladstone, Hillsboro, Tualatin, Clackamas, Gresham, Happy Valley, and Mount Hood OR

SALEM, OR

Description: McMinnville, Dallas, Stayton, and Silverton OR

CORVALLIS, OR

Description: Lebanon, Albany, Newport, Sweet Home, and Lincoln City OR

EUGENE, OR

Description: Springfield, Coburg, and Florence OR

BEND, OR

Description: Redmond, Prineville, Madras, and Sisters OR

ROSEBURG, OR

Description: Sutherlin and Winston

MEDFORD, OR

Description: Grants Pass, Ashland, and Klamath Falls OR

HUMBOLDT, CA

Description: Eureka, Arcata, Fortuna, Mad River, and Redding CA

Travel from campus and between clerkship sites is the financial responsibility of the student, as well as housing costs.

Affiliation agreements are maintained between hospitals and larger clinics confirming and delineating the responsibilities of the school and the rotation site. Individual credentialing of teaching physicians as Clinical Faculty (for core rotations) and Preceptors (for elective rotations) is required and updated every five years.

Students who participate in a Longitudinal Track Program in their first and second year will have the opportunity to continue that track into their clinical years and will have opportunities to pursue electives to fulfill the requirements of their chosen track (Lifestyle Medicine, Rural Health, Chronic Care, etc.)

CLASS OF 2028:

The average number of health care hours is 2,749.

Interprofessional Practice & Education

What is Interprofessional Practice & Education (IPE) at WesternU?

Collaboration and teamwork among healthcare professionals are important aspects to the delivery of high-quality patient care. A landmark report by the Institute of Medicine suggests healthcare workforce preparation should include IPE.

"Interprofessional education occurs when students from two or more professions learn about, from and with each other to enable effective collaboration and improve health outcomes. Interprofessional education is a necessary step in preparing a 'collaborative practice-ready' health workforce that is better prepared to respond to local health needs."

SOURCE: WORLD HEALTH ORGANIZATION (2010): FRAMEWORK FOR ACTION ON INTERPROFESSIONAL EDUCATION & COLLABORATIVE PRACTICE

WesternU's IPE curriculum places students from multiple professions together in large and small team classrooms. The goal is for WesternU graduates to demonstrate an understanding of other health professions and to provide and promote a team approach to patient care and healthcare management, ultimately leading to improved safety and quality of care.

This collaboration of professions directly reflects the "one health, one medicine, one vision" idea, employing a curriculum designed to do no less than revolutionize health professions education in this country - breaking down the silos that characterize so many university campuses today. Improved service to patients and enhanced student-centered learning were primary reasons for establishing WesternU's IPE curriculum.

As national healthcare organizations and employers emphasize the importance of a team-based approach to healthcare, developing skills as part of an interprofessional team becomes essential to graduates. As ambassadors for WesternU's broad interprofessional approach, our graduates will simultaneously cement WesternU's reputation as a leader in graduate health-sciences education and raise the bar for patient care throughout the United States.

WesternU is a major institution to develop a comprehensive program helping students from many health professions learn how to work as a cohesive health care team. Why are we doing this? Because:

» As national healthcare organizations and employers emphasize the importance of a team-based approach to healthcare, it is likely that education as part of an interprofessional health care team will enhance graduates' expertise and increase their employment opportunities.

WesternU is one of the most comprehensive graduate schools for the health professions in the U.S.

- » Graduates will be better prepared to work in patient-centered teambased care at the onset of their careers reinforcing their effectiveness and improving patient outcomes.
- » As populations grow larger and older, provider shortages are increasing. Thus, coordinated care is even more essential and valued.
- » Learning to take an interprofessional approach to population-based challenges such as global pandemics will benefit society during critical times.
- » Patients will receive timely care from the most appropriate healthcare providers—minimizing cost and maximizing patients' potential for improvement and recovery—thanks to the collaborative care that can be created as the result of interprofessional practice.

Our future graduates will have distinctive collaboration and communication outlooks and skills, which will ultimately benefit patients. Learn more at http://www.westernu.edu/interprofessional/home-page/



Office of Career and Professional Development (OCPD)

The Office of Career and Professional Development (OCPD) at COMP advises, counsels, and mentors osteopathic medical students in pursuit of their ideal medical career. The longitudinal curriculum includes workshops, lectures, and small group sessions beginning from your first day at medical school through graduation. The office provides calendars, timelines, and resources for board preparation and residency placement. Over the last five years, COMP students maintained a 96% or higher residency placement rate. Our goal at WesternU is to provide each student with the highest quality mentorship to be successful along their professional career path.

As a resource center, we offer:

- » Developing your Brand
- » Medical Specialty Advising
- » Careers in Medicine Website
- Development of the comprehensive academic portfolio Medical Student Performance Evaluations (MSPE)
- » Personal Statement review
- » Notable Characteristics review
- » Curriculum Vitae review
- » Residency application process with timelines overview
- » Residency Interview preparation
- » Residency Open House notifications
- » Match Day Celebration activities

Placement Rates (2020-2024)

CLASS	TOTAL GRADUATES	PLACEMENT RATE
DO Class of 2024	312	99.3%
DO Class of 2023	320	98.4%
DO Class of 2022	324	99.1%
DO Class of 2021	316	97.8%
DO Class of 2020	315	96.8%

Class of 2024 Placement Rates

The DO/DONW class of 2024 comprises 312 students, one of whom decided to pursue a research year and one who did not seek placement whatsoever. The chart below details the placement rate for the 310 DO/DONW 2024 students who participated in the 2024 cycle by program/placement type.

^{*} Comprises COMP and COMP-Northwest classes.

PROGRAM	2024
NRMP	300
Military	8
Urology Match	1
SF Match	1
TOTAL PLACED	310
PLACEMENT RATE:	100%

2024 Placement by Program Type

PROGRAM	PLACEMENT
NRMP	96.8%
Military	2.6%
Urology Match	0.3%
SF Match	0.3%

CLASS OF 2028:

The average science GPA is 3.57.

We care about our patients as much as we care for them. We know that compassion is a compelling motivation for healing.

Class of 2024 Placement by Specialty

SPECIALTY	TOTAL PLACED	% OF TOTAL
Anesthesiology	16	5.2%
Child Neurology	1	0.3%
Dermatology	1	0.3%
Emergency Medicine	45	14.5%
Family Medicine	62	20.0%
General Surgery	2	0.6%
Internal Medicine	87	28.1%
Internal Medicine/Pediatrics	1	0.3%
Neurology	5	1.6%
Obstetrics-Gynecology	11	3.5%
Ophthalmology	1	0.3%
Orthopedic Surgery	3	1.0%
Pathology – Anatomic and Clinical	10	3.2%
Pediatrics	24	7.7%
Pediatrics/Medical Genetics	1	0.3%
Phys Medicine & Rehab	3	1.0%
Psychiatry	17	5.5%
Surgery – General	5	1.6%
Surgery – Preliminary	1	0.3%
Transitional Year	13	4.2%
Urology	1	0.3%
Total:	310	100
TOTAL PRIMARY CARE*:	174	
PRIMARY CARE %:	56.1%	

^{*}Based on HRSA definition of primary care specialties.

If you have questions about how the Office of Career & Professional Development can help you, please contact:

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Introduction to Lebanon

WesternU COMP-Northwest – Lebanon

The COMP-Northwest building is a 54,000 square foot, state of the art educational facility. The building includes one 187 seat lecture hall, one 100 seat multi-purpose classroom/teaching space, a nine-room clinical skills laboratory, 14 small-group breakout rooms, anatomy laboratory, OMM lab, simulation lab, and a student center.

Samaritan Health Sciences Campus

The COMP-Northwest facility is built on the 50-acre Samaritan Health Sciences Campus across from the Samaritan Lebanon Community Hospital in Lebanon, Oregon.

Health Club and Activity options - Lebanon

The SamFit Health Club located across the street offers a discounted rate to WesternU, or there are several local Cross-Fit gyms, a community swimming pool, biking and jogging trails, community sports teams and more to keep you fit.

Edward C. Allworth Veterans Home

Students in our LC3 longitudinal track, military medicine club and more may find themselves engaging with patients at the Edward C. Allworth Veterans Home also on the campus. It is one of the latest in a handful of health care facilities boasting a home-like design. Inside, veterans have their own room and bathroom, surrounding a shared community area and kitchen.

Best Western Premier Boulder Falls Inn

This 84-room hotel and restaurant is built around a lush one-acre Japanese-inspired garden, featuring multiple waterfalls, walking paths, gazebos, and a beautiful collection of koi. A great place to unwind between studying or a place for visiting family members to stay while in town.

Boulder Falls Center

The Boulder Falls event center is part of the facilities we use to host several COMP-Northwest events throughout the year including graduation, match day and more. In addition to business and health care meetings and conventions, the facility is available for community activities. Built along a second side of the Japanese garden it is ideal for special occasions.

CLASS OF 2028: 97 of our students were born in the US.

Our Community: Lebanon, OR

Population: 20,126

Location and Activities

Lebanon is 85 miles south of Portland, 45 miles north of Eugene, and eight miles east of I-5. Elevated at 347 feet, Lebanon is ideally located to take maximum advantage of all that Oregon has to offer. Lebanon is located 35 minutes from the Cascade Mountains, a great plcae for hiking, skiing, hunting, mountain biking, camping, and fishing. Lebanon is just a 45 minute drive from the metropolitan areas of Eugene or Salem. Within a 90 minute drive, the list expands to include the scenic Oregon Coast, as well as Portland. The Lebanon community has developed an excellent city trail system and enthusiastically supports its annual Strawberry Festival, home of the "World's Largest Strawberry Shortcake."

Industry

Lebanon has a rich history in timber related industries. However, the community's economic base has diversified with the arrival of high technology companies, health occupation training, and several manufacturers. The Mid-Willamette area is one of the fastest growing areas in Oregon. Please visit the Chamber of Commerce website at www. lebanon-chamber.org/or the City of Lebanon website at www.ci.lebanon. or.us/ for more information.

Community

Agriculture has always been a strong element in the area's economy. With four-lane access to the freeway, some professionals choose to live in Lebanon and commute to other areas for work. Housing alternatives in Lebanon are wide- ranging in style, age, cost, and surroundings. The cost of housing is extremely moderate compared to other West Coast locations. Opportunities for continued education are abundant as Oregon State University in Corvallis is just 20 miles away, and the University of Oregon in Eugene is within a 45-minute drive. Linn-Benton Community College in Albany is only 14 miles from Lebanon.

Education

K-12 system includes the following schools:

Elementary schools: Cascades School, Green Acres School, Hamilton Creek School (K-8), Pioneer School, Riverview, East Linn Christian (K-12) and Sand Ridge Charter School (K-8).

Middle Schools: Hamilton Creek School (K-8), Lacomb School, Seven Oak Middle School, and East Linn Christian (K-12)

High School: Lebanon High School, and East Linn Christian (K-12)

Colleges: Linn-Benton Community College, Health Occupations Center (next door to WesternU)

CLASS OF 2028:

11 of our students were born outside of the US.



CLASS OF 2028: The average MCAT

is 506.

Housing

Students can secure housing that is appropriate to their needs. The University Student Affairs Office maintains a directory of referrals. There are multiple housing options in Lebanon and within the Willamette Valley. In Lebanon, the Cascade Ridge and The Lodges Apartments are the more popular apartment complexes with our students, but numerous other options have opened in recent years.

Transportation Information

Parking is offered at the Lebanon Campus free of charge.

Bicycle racks are located on the north and south sides of the building.

The City of Lebanon operates the Lebanon Inter-Neighborhood eXpress (LINX) shuttle that runs north to south on Main Street, connecting Cascade Ridge Apartments with Walmart. In addition to those stops, the LINX shuttle has five other stops throughout the day. The shuttle runs from 7 a.m. to 6 p.m. Monday through Friday. More information may be found at www.ci.lebanon.or.us/LINX.

Linn County also operates a shuttle that has a route between Sweet Home, Lebanon, and Albany. The cost is \$1 per ride. Please check the schedule for the routes and departure/arrival times. More information can be found at www.linnshuttle.com.

Library Information

In addition to the resources on campus, first and second year COMP-Northwest students can check out books from the Harriet K. and Philip Pumerantz Library in Pomona and have them sent to the Lebanon campus for pickup in the Bookstore at no additional charge.

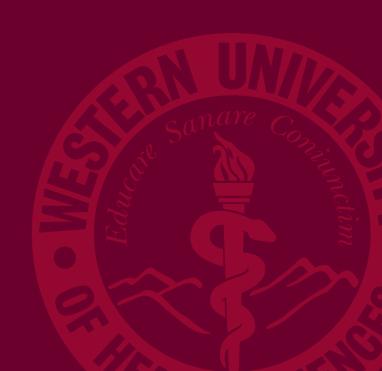
Students attending the COMP-Northwest Campus will be able to use the resources at the Lebanon Public Library. The Lebanon Public library maintains the Western University of Health Sciences collection. The current library hours are Monday – Tuesday: 10:00am – 6:00pm; Wednesday: 10:00am – 7:00pm; Thursday - Friday 10am-5pm; - Saturday noon – 5:00pm. The library is closed on Sunday.

Food Options

Food and beverage vending machines are available in the Student Center. Samaritan Lebanon Community Hospital has a cafeteria with high-quality, low-cost options. Lebanon offers numerous dining options on Main Street, including Mexican, deli sandwiches, Thai, burgers, and pizza. You'll also find several great cafes, bakeries, and brew pubs within a mile of campus. The Lebanon Downtown Farmers Market takes place every Thursday, May 22 to Oct. 23 from 2 to 6 p.m.



About Western University of Health Sciences



At WesternU, we integrate research with education and humanism.

Overview of WesternU Financial Aid Processes

Welcome! The information below is to provide you with a quick overview on how h aid is processed at our office. Please visit our website at https://www.westernu.edu/financial/, which has a lot of useful information.

If you have any questions or feedback, please contact our office at (909) 469-5353 or via email at finaid@westernu.edu. We look forward to assisting you!

Applying for Aid

THE PROCESS

1 COMPLETE THE FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA)

The Free Application for Federal Student Aid (FAFSA) is open for submission annually each October 1st.

- » Create a Federal Student Aid (FSA) ID
- » This FSA ID is used to sign your Free Application for Federal Student Aid (FAFSA) online. If you have an existing FSA ID, you are not required to create another one.
- » Complete the Free Application for Federal Student Aid (FAFSA) https://studentaid.gov/
- » Western University of Health Sciences (WesternU) school code is 024827
- » When completing the FAFSA application, transfer your federal tax information from two years ago (Prior-Prior Year).

2 REVIEW STUDENT BUDGET/ COST OF ATTENDANCE

Student Budgets/Cost of Attendance are subject to change and costs vary each year. See below for details.

REQUIREMENTS

In early spring the Financial Aid Office will email your WesternU email account. This email will instruct you to login to your Student Portal to complete the listed requirements prior to disbursement of loan funds. Once requirements are completed, your financial College Finance Plan will be emailed to your WesternU email account. Awards typically are awarded by the beginning of June.

4

FINANCIAL AID OFFER

Packaging and Award Policy

- » Students at WesternU are packaged and awarded as independent graduate students. There are no Grants available to graduate students. Resources such as gift aid, scholarships, Military and the National Health Service Corps will be taken into consideration first when packaging and awarding students.
- » All eligible students are awarded the unsubsidized loan based on the length of your academic year https://www.westernu.edu/financial/loan-counseling/financial-loans-department-education/ and the balance in the Grad PLUS loan to meet the maximum budget.
- » Outside scholarships are available! Please visit https://www.westernu.edu/financial/scholarships/ for more details.

Loans

- » Graduate professional students are eligible to borrow federal loans up to the cost of attendance minus other financial aid from the Department of Education (ED) and/or non-Department of Education lenders referred to as an Alternative loan.
- » ED Loans and Interest Rates are as follows:
- » Federal Direct Unsubsidized Loan 7.05% (T-Bill + 3.60%)
- » Grad PLUS Loan 8.05% (T-Bill + 4.6%)
- » The Federal Graduate PLUS loan requires a credit check. If loan is declined, student will need an Endorser.
- » Please remember that the interest rates for each academic year may vary based on what the 10-Year T-Bill will be by the end of May of each year. In addition, there is an origination fee, which is assessed at the time of disbursement. For additional information visit our website https://www.westernu.edu/financial/loan-counseling/. Repayment begins 6 months after the student graduates or drops below half time enrollment. Limited deferments and forbearances are available to students upon graduation based on economic hardship.

Alternative Loan

- » Eligible students are International, DACA, and those eligible to borrow ED loans.
- » International and DACA students must secure a U.S. Citizen co-signer to obtain funding.
- » Requires a credit check and is based on credit worthiness. Unlike ED's Loan program, approval is not guaranteed. The lending institutions determine interest rates of which there is no cap. Some lenders may charge an origination fee. Alternative loans may not have deferment/ forbearance as an option.

WesternU offers 4 Pathways to the top 10 jobs in the U.S., as ranked by U.S. News and World Report 2024-2025

DISBURSEMENTS SCHEDULE

- » Disbursement schedules are based on the student's program enrollment terms (fall and spring or fall, spring, and summer terms).
- » The financial aid amount you've accepted will be disbursed to your Student Account. Loan funds will first be used to pay for tuition and fees and then the remainder of it will be deposited to your checking account.
- » To view your disbursement schedule, please Login to your Student Portal.

MEET WITH A FINANCIAL AID COUNSELOR

» Students who are borrowing ED loans for the first time at Western University of Health Sciences will receive an email with instructions to schedule their 30-45-minute mandatory New Student Information (NSI) Financial Aid group meeting.

Student Budgets

- » The budget is for the student only and for educational expensed during the period of enrollment.
- » Information is updated annually at the end of March.
- » All budgets are estimated costs and are subject to change
- » Please visit https://www.westernu.edu/financial/financial-budgets/ for details.

FIRST YEAR 10 MONTHS	SECOND YEAR 12 MONTHS	THIRD YEAR 12 MONTHS	FOURTH YEAR 12 MONTHS	*ISAC/ DONW 12 MONTHS
\$67,465	\$67,465	\$67,465	\$67,465	\$67,465
\$40	\$40	\$20	\$20	\$40
N/A	N/A	N/A	\$350	N/A
\$27	\$27	N/A	N/A	\$27
\$1,181	N/A	N/A	N/A	\$1,181
\$50	N/A	N/A	N/A	\$50
\$68,763	\$67,532	\$67,485	\$67,835	\$68,763
TIMATED (COSTS			
\$1,145	\$250	\$250	\$250	\$1,145
\$15,510	\$17,061	\$18,612	\$17,061	\$18,612
\$3,400	\$3,740	\$4,080	\$3,740	\$4,080
\$3,565	\$3,984	\$9,763	\$9,361	\$4,235
N/A	\$750	N/A	N/A	N/A
N/A	N/A	\$750	N/A	N/A
N/A	\$1,100	N/A	N/A	N/A
N/A	\$175	N/A	N/A	N/A
N/A	\$50	N/A	N/A	N/A
N/A	N/A	N/A	\$1,500	N/A
\$452	\$499	\$499	\$475	\$499
\$2,119	\$2,122	\$2,295	\$2,337	\$2,121
\$94,954	\$97,263	\$103,734	\$102,559	\$99,455
	\$67,465 \$40 N/A \$27 \$1,181 \$50 \$68,763 FIMATED \$1,145 \$15,510 \$3,400 \$3,565 N/A N/A N/A N/A N/A N/A \$452	## ST YEAR 12 MONTHS ## \$67,465	### STYEAR 12 MONTHS	##RST YEAR 12 MONTHS 12 MONTHS 12 MONTHS 12 MONTHS 12 MONTHS 12 MONTHS 13 MONTHS 14 MONTHS 12 MONTHS 14 MONTHS 15 MONTHS 15 MONTHS 15 MONTHS 16 MONTHS 12 MONTHS 16 MONTHS 12 MONTHS 12 MONTHS 12 MONTHS 12 MONTHS 12 MONTHS 12 MONTHS 16 MONTHS 12 MO

WesternU's more than 21,000 alumni generate a combined annual economic impact of nearly \$5.7 billion throughout the United States and support nearly 134,000 jobs.



Policies and Procedures

WesternU Accreditation

Western University of Health Sciences is accredited by the Senior College and University Commission of the Western Association of Schools and Colleges (WASC). WASC's statement of accreditation status can be found at http://www.wascsenior.org/institutions/western-university-health-sciences. You may contact WASC at 985 Atlantic Avenue, Suite 100, Alameda, CA 94501. Phone: (310) 748-9001, Fax: (310) 748-9797, E-mail: wascsr@wascsenior.org. WASC is a non-profit organization that evaluates the quality and educational effectiveness of schools, colleges, and universities. WASC is one of six regional accreditation agencies in the United States. While it is not officially regulated by the government, it is regularly reviewed by the U.S. Department of Education and the Council for Higher Education Accreditation

College of the Osteopathic Medicine of the Pacific Accreditation

The academic program of Western University of Health Sciences, College of Osteopathic Medicine of the Pacific/College of Osteopathic Medicine of the Pacific-Northwest is accredited by the Commission on Osteopathic College Accreditation (COCA) of the American Osteopathic Association (AOA), which is recognized by the United States Department of Education (USDE). The College has received accreditation status from the American Osteopathic Association's Commission on Osteopathic College Accreditation, which is the recognized accrediting agency for the approval of colleges preparing osteopathic physicians. The address, email, and phone number of the accrediting agency are Secretary, COCA; American Osteopathic Association; 142 East Ontario Street; Chicago, IL 60611; E-mail predoc@osteopathic.org; Telephone 312/202-8124; Fax 312/202-8424. In addition to the COCA, COMP-Northwest is authorized by the State of Oregon to offer and confer the academic degrees described herein, following a determination that state academic standards will be satisfied under OAR 583-030.

Catalog Overview

The University Catalog is now available online. To ease download times for viewing, we have broken up the catalogue into major sections, academic program by academic program. In addition, the information contained in the Student Handbooks has been incorporated into the catalog. University Academic Policies and Procedures are contained as a section within each program component.

- » Student Employment
- » Harris Family Center for Disability and Health Policy
- » Psychological Counseling Services
- » Sexual Harassment
- » Drug Free Environment
- » Dress Code
- » Standards of Academic and Professional Conduct
- » Attendance and Absences
- » Background Investigation

Diversity Statement

The students, faculty, administration, and staff of Western University of Health Sciences place great value on diversity. For us, it is a philosophy of inclusion, with pluralism and academic freedom as its foundation. WesternU is committed to an open environment that promotes, accepts, and celebrates different points of view. WesternU is a community of individuals in which diversity is recognized as being the core of our intellectual, social, cultural, physical, emotional, and moral lives. We are enriched by our encounters with one another, and we strive to learn from each other in an atmosphere of positive engagement and mutual respect. Our understanding and acceptance of one another in the campus environment contributes to our ability to care for our patients, who live in a diverse society.

We acknowledge our guaranteed rights of free expression under the First Amendment to the Constitution of the United States. However, we also hold unique responsibilities as individuals, answerable for our own behavior and fully accountable for our actions. Seeking balance between rights and responsibilities makes us keenly aware of the dangers of defamatory, libelous, or obscene behavior, the value of community and the importance of respecting our differences and commonalties. As individuals committed to health professions education in the osteopathic tradition, we embrace the important principle of caring for the whole person-in body, mind, and spirit.

The WesternU student body for fall 2023-24 is 3,625.

Like Hippocrates, the Father of Medicine, we teach that the focus of treatment is on the patient, not the disease.

Non-Discrimination, Anti-Harassment and Anti-Retaliation Policy

Western University of Health Sciences (WesternU) recognizes that unlawful treatment and harassment, on the basis of an individual's protected characteristic (or status), is a form of discrimination. Discrimination and harassment are contrary to WesternU's mission to provide a campus community that educates and teaches with excellence, humanism, and compassion.

Accordingly, WesternU's Nondiscrimination, Anti-Harassment, and Anti-Retaliation Policy strictly prohibits discrimination and harassment in its programs and activities, on the basis of race, color, national, ancestry, citizenship, ethnicity, creed, religion or religious creed (sex or gender (including gender identity or expression), marital status, sexual orientation, disability (both physical and mental) including HIV and AIDS, medical condition (cancer and genetic characteristics), pregnancy (which includes childbirth, breastfeeding and medical conditions related to pregnancy, childbirth or breastfeeding), age, genetic information, military and veteran status, or any other characteristic protected under applicable law. WesternU also prohibits any form of retaliation against a person, who under good faith, reported a violation under the policy or who participated in any investigation or proceeding under the policy. Violations of the policy will lead to prompt and appropriate administrative action, including and up to termination of employment or expulsion from the University.

Safety and Security: Annual Security Report

The security of all members of the campus community is of vital concern to the Western University of Health Sciences. In compliance with the Jeanne Clery Disclosure of Campus Security Policy and Crime Statistics Act, information concerning campus security programs, recommended personal safety practices, the authority of the University security guards, campus disciplinary procedures and campus crime statistics for the most recent three-year period is now available at https://www.westernu.edu/safety/safety-handbook/. The information included in this document has been prepared by the Office of Health and Safety using statistical and other information supplied by the Pomona Police Department and Campus Security

Interview Day Evaluation Survey

Approximately one to two days after your interview, a link to the Interview Day Evaluation Survey will be emailed to you. The information that you provide will remain confidential. Your comments are important to us, and we hope that you will take a few minutes to complete it. We consider your comments when planning our future interviews and will help us to provide constructive feedback to faculty, staff, and students. If you do not receive the survey link, please contact the admissions office to request it.

University Student Affairs

Support Services Academic Year 2024-2025

Learning Enhancement and Academic Development (LEAD)

https://www.westernu.edu/lead/lead-about/

LEAD MISSION

We provide supportive education and well-being services to the WesternU community to foster and promote the university's humanistic values and traditions

LEAD specializes in five main topics that support students through their academic journey here at WesternU. The five main areas include: a) one-on-one academic counseling; b) tutoring; c) the annual Summer Preparedness and Readiness Course (SPaRC); d) the Wellbeing Initiative; and e) various workshops relevant to student life. All LEAD services are free of charge to the WesternU community and all services are completely confidential.

Academic Counseling In one-on-one academic counseling sessions, students can improve their competencies in a range of areas, including study strategies, test taking; focus and retention, time management, stress management, academic and professional writing skills, and more. Each 50-minute session is designed to address the student's unique needs. Appointments are confidential and free to all WesternU students. Students can schedule as many sessions as needed.

Appointments are conducted online via Zoom, and when students return to campus, appointments can be done in person in the LEAD Office and via Zoom.

Tutorial Assistance Program (TAP) This program offers peer-based, small group content review sessions. To receive TAP support, students must first meet with a LEAD academic counselor and then students must request a tutor. Our LEAD tutors are current and alumni students who have successfully completed the coursework students are requesting.

Wellbeing Initiative The initiative consists of Wellbeing workshops with topics that focus on student wellness. These activities aim to teach students skill sets to stay healthy and well while going through their rigorous programs. The office connects academic guidance with the mission of caring for students in a humanistic way.

LEAD's goal is to be an academic success partner as students transition into professional school.

- » Academic Counseling
- » Summer Preparedness & Readiness Course (SPaRC)
- » Academic & Professional Writing
- » Time Management
- » Test Taking Skills

WesternU is a nonprofit institution of higher education, founded in 1977, that exclusively focuses on graduate health professions education.

» Board Exam Preperation

» Wellness

» Tutoring Services

Hours: 8:00am-5:00pm

Virtual appointments: Mon-Fri In-person appointments: Tues-Thurs

Phone: (909) 469-5325 Email: LEAD@westernu.edu

200 Mullins Dr., Lebanon, Oregon 97355

LEADS TEAM

Dr. Neil Patel, PhD Assistant Vice President, Learning & Development patelnm@westernu.edu

Brian O'Driscoll Learning Skills Specialist bodriscoll@westernu.edu

Dr. Juliana Perez, OTD, OTR/L Learning Skills Specialist julianaperez@westernu.edu

Dr. Neil Birt, MS Assistant Director of Learning Skills & Assessment nbirt@westernu.edu

Dr. Rashelle Nagata, OTD, OTR/L Learning Skills Specialist rnagata@westernu.edu

Yequila Pearson Administrative Associate II ypearson@westernu.edu

Harris Family Center for Disability and Health Policy (CDHP)

We're on your side! HFCDHP is an advocate for students with permanent or temporary disabilities. Our goal is to ensure that all university programs and activities are accessible – by providing accommodations and services so students with disabilities can successfully complete their academic goals.

To learn additional information about the services we offer or to start the interactive process, which may take up to six weeks, please view our webpage at https://www.westernu.edu/cdhp/. Here you will find information on how to register for accommodations, required documentation, and other helpful information about our center. To contact our center, you may call (909) 469-5441 or email disabilityaccommodations@westernu.edu.

Please keep in mind, there are no charges to you for services that are needed to support your educational program. We are here to help you succeed!

Fitness Benefits

https://www.westernu.edu/students/fitness

We want you to stay mentally and physically fit while you are a student, so we offer several great opportunities to stay healthy:

One Pass Select or SamFit — One Pass Select is a new addition to our benefits list and gives you multi-gym access within your tier along with other perks like free grocery delivery from Shipt and Walmart+ (with select tiers). One Pass Select membership are purchased directly from Optum via a WesternU portal and members can submit for a reimbursement (up to \$100). Exclusive to Oregon, SamFit is an excellent option for our Lebanon students with four locations to serve you (and one is practically on the COMP-Northwest campus!). You pay a discounted and subsidized rate to SamFit and (WesternU pays \$100 to the facility on your behalf.). The advertised rates are at the above link are subject to change in the future.

Reimbursement to any non-SamFit gym – You may be eligible for a reimbursement up to \$100 for an annual/pre-paid membership or a month-to-month membership including One Pass Select (Excluding SamFit).

Behavioral Health Services

https://www.westernu.edu/students/students-services/ students-services-counseling/

We are pleased to provide all full-time students access to an Emotional Wellbeing Solutions (EWS) for students through OptumHealth. Under the EWS for students, you and any member of your immediate household are eligible for up to six free counseling sessions for each "incident" or situation. Counseling includes but is not limited to emotional wellbeing; financial planning; work; and school issues. Counseling services may be accessed by telephone, via the web, or face-to-face. On-campus counselors are also available in Pomona and Lebanon.

Identification Badges

Student identification badges must be worn at all times while on campus. Replacement badges may be obtained by emailing StudentAffairsOR@ westernu.edu

Health Insurance

https://www.westernu.edu/registrar/registrar-about/registration-information/student-health-insurance/

As a full-time WesternU student, you must show during registration EACH academic year that you have a current health insurance policy. We encourage you to "shop around" for a health insurance plan that meets your specific needs. Many students are enrolled in plans offered by Blue Cross, Kaiser Permanente, HealthNet, PacifiCare, Aetna, US Healthcare, and United Healthcare. Many companies out there can give you the coverage you need for your specific health concerns. If you are unfamiliar

WesternU's student population average age is 27 in 2023.

WesternU has four academic medical centers in four cities.

with insurance terminology, HealthCare.gov provides a glossary of health insurance terms that may be helpful as you review and compare your insurance options. Coverage requirements for all students seeking to waive out of the school sponsored insurance plan are as follows:

- » ACA compliant domestic health insurance plan for the entire academic year, including summer and holidays.
- » Deductible of no more than \$1,000 per policy year (\$2,000 for family plan)
- » Plan must utilize a provider network in the area of the campus you are attending for primary care, specialty, hospital, and diagnostic care

Should you choose not to go with another health insurance plan or if you do not show proof of insurance by the deadline, you will automatically be enrolled in the Aetna Student Health insurance plan which includes basic dental and vision coverage. This plan is designed to cover you for routine care and in the event of a major medical emergency. Under this plan, students have access to a network of healthcare providers. Listed below are some of the additional main highlights of this insurance plan. For complete details visit our health insurance page at www.westernu.edu/ registrar/registrar-about/registrationinformation/student-health-insurance/ or call WesternU's insurance broker, HSA Consulting at (888) 978-8355 or by email at westernu@hsac.com. NOTE: There is a University-owned medical center (Patient Care Center) located on the WesternU Campus in Pomona, California and students are welcome to use this medical facility. There are no free services to students. Students may want to call in advance to verify that the wait time will be minimal. The Patient Care Center accepts many types of insurance including the insurance plan described above.

Student Parking

At COMP-Northwest, there is currently no charge for student parking. A valid parking permit, which you will receive at registration, is required. Parking is available on a first come, first served basis.

Housing

https://www.westernu.edu/students-or/students-housing-moving-or/

All of our on-campus students live in the surrounding communities many of which are within walking and biking distances. Some students choose to live within a 10 to 30-minute driving radius. The University Student Affairs office provides as many resources as possible to assist students in finding housing. This includes online housing and profiles of available rentals and roommate referral service for students wishing to share housing. Upon acceptance to WesternU, you will be able to access these online services through the U portal. It is the student's responsibility to secure his or her own housing. For the Lebanon area, a list of local apartment complexes is available to view at local apartment complexes . It is recommended that you secure housing at least two weeks before the first day of orientation.

Student Government Association, Community Service & Clubs

https://www.westernu.edu/students/clubs

WesternU has a very active Student Government Association (SGA) on campus that serves as the voice of our students. In addition, we have over 160 different clubs between the Lebanon and Pomona campuses comprising of such diverse groups that include, but are limited to, nationally affiliated professional organizations, cultural/religious groups, and interest-based groups. Our clubs and classes take part in a variety of community service events each year including offering free health screenings at numerous health fairs, youth mentoring, senior center activities, and community nutrition education.

Every year in August, we host a Club Day where you have an opportunity to visit various club booths to discuss their mission and join as a member.

In addition, if you are interested in journalism, we encourage you to get involved in the publication of the WesternU Humanism Magazine. The magazine is written and edited by students under the direction of faculty advisors.

The Office of Humanism, Equity, and Anti-Racism (HEAR)

Room-126
Daumier Building
(909) 469-8839
hearoffice@westernu.edu

https://www.westernu.edu/hear/

Leads University-wide initiatives and actions to actualize WesternU's commitment to Humanism. Provides diversity, equity, inclusion, antiracist education, training, professional development; offers a range of services for WesternU students, faculty, staff, administrators, and various communities. Responsible for University-wide cultural programming, advocacy, and support for diversity, equity and inclusion. Works collaboratively with multiple stakeholders and leaders from all the colleges, administrative and support departments on the Pomona and Lebanon campuses to make WesternU an inclusive community where people of all identities and backgrounds belong and thrive.

Need Help?

The following links will assist you as you prepare to register for classes.

Acceptance Deposit	admissions@westernu.edu
Award Letters and Check Disbursements	finaid@westernu.edu
Counseling: Employee Assistance Program (EAP)	www.westernu.edu/students/ students-services-counseling
Documents Status	admissions@westernu.edu
Financial Aid	finaid@westernu.edu
Harris Family Ctr. For Disability & Health Policy	www.westernu.edu/cdhp/
Health Insurance	www.westernu.edu/students/ students-services-insurance
Housing	https://www.westernu.edu/students-or/ students-housing-moving-or/ students-housing-apartments-or/
Laptop Set-up	helpdesk@westernu.edu
Learning Enhancement and Academic Development	www.westernu.edu/lead/
Orientation/Welcome Week: Event Information	StudentAffairsOR@westernu.edu
Orientation Week: Excused Activity Absence Request	StudentAffairsOR@westernu.edu
Registration	registrar@westernu.edu
Status Page Password Instructions and Issues	admissions@westernu.edu
Student Lead Ambassadors	leadambassador@westernu.edu
WesternU Email Access Issues	helpdesk@westernu.edu

ADMISSIONS OFFICE:

For all questions regarding applications

Donna Fulton Assistant Director of Admissions (541) 259 – 0214 admissions@westernu.edu

Chris Noe Admissions Counselor (909) 469-5313 admissions@westernu.edu

Stefanie Eckert Admissions Counselor (541) 259-0324 admissions@westernu.edu FOR SPECIFIC QUESTIONS RELATING TO DO PROGRAM CURRICULUM:



Important Dates to Remember

OCT 1 FAFSA

If you intend to request financial aid, you should plan to file your FAFSA after October 1. Our school code is 024827. The school code is the same for the Pomona and Lebanon campus.

OCT 1 WICHE

If you are a legal resident of Arizona, Montana, New Mexico, Washington, and Wyoming, you may be eligible for a scholarship. Contact your state WICHE Office.

NOV 2024- ADMITTED STUDENTS JULY 2025 CLASS KLATCH EVENTS

Class Klatch events provide opportunities for you to connect with fellow class of 2029 students and with current students, faculty, staff, alumni, and administration of the WesternU/COMP family. They also provide helpful information to support a smooth transition into medical school! You will receive invitations via Slate and your WesternU email account, so check early and often and join us as frequently as possible. We anticipate hosting four on campus Class Klatches (two in the fall and two in the spring) and at least ten virtual events. Topics may include ISAC, Checklist items, Transitioning to and through Med School, Financial Aid, Housing, Curriculum, Club & Leadership Opportunities, Student Experience, COMPanion Program and Choosing an Advisor, the Key Supporter Event to prepare your loved ones for the medical school journey.

JULY 1 ONLINE REGISTRATION

Registration information and instructions will be emailed by late June, and you may register online at your convenience between July 1 and July 31. Registration must be completed by July 31. ISAC Students on-line registration takes place between May 15 and May 31. Registration must be completed by May 31.

NEW STUDENT ACTIVITIES

JUNE 16	ISAC Student Orientation: ISAC Orientation takes place the first day of ISAC class, attendance is mandatory.
JULY 28 - JULY 31	New Student Orientation: Attendance is mandatory. ISAC Student attendance at New Student Orientation is mandatory.

Convocation: Convocation officially opens the new academic year attendance is mandatory.

White Coat Ceremony: Immediately follows Convocation attendance is mandatory.

AUGUST 11 First Day of Class: Attendance is mandatory.

NOTE: Attendance at all Orientation, Convocation, White Coat, and First Day of Class activities is mandatory. An excused absence can only be obtained from the COMP Dean or their designee. Failure to participate in new student activities may result in the rescindment of your offer of acceptance