

The Medicine of Movement

INTERVIEW DAY ORIENTATION & ADMISSIONS GUIDEBOOK



As humans, we were made to move.
With purpose.
With speed.
With grace.
And without pain.

Western University of Health Sciences College of Podiatric Medicine's progressive and comprehensive medical education is leading the way in inspiring and preparing a new generation of podiatric physicians whose expertise and compassionate care for the whole person improves lives.



As a podiatric physician, you will learn to practice the medicine of movement. You will apply your passion for medicine. For learning. For healing.

You will be able to recognize illness in any part of the human body.

You will build compassion, expertise, and skill in treating the whole person, quite literally from the ground up.

You will be given more advantages, assistance, and opportunities to work in your specialty—and in less time than you thought possible.

You will learn the comforting manner, cool head, and steady hand of a trusted medical partner, in the profession and in your patient's lives.

With a foundation like this, soon you, your career and your patients can begin moving to a stronger future.

Find your foundation at



Our Mission

The mission of Western University of Health Sciences College of Podiatric Medicine is to mentor and educate students by providing innovative educational experiences, including interprofessional patient care, in an inclusive, diverse and equitable environment, and inspiring a passion to improve the lives of others.

Educating health care professionals for the future



CONTENTS

- 1 Welcome to the College of Podiatric Medicine
- 3 The Interview Process
- 6 Curriculum
- 8 What Sets CPM Apart?
- 9 The Facilities
- 10 Financial Aid
- 13 We Care About You!
- 14 Student Life
- 15 Your Well-Being
- 16 Educational Support
- 17 Personal Competencies for Admission and Matriculation
- 20 Housing and Transportation
- 21 What our Students Say
- 22 Contacts

Welcome to the College of Podiatric Medicine



Welcome to the WesternU for your interview day.

Today you will see what makes CPM a unique and exciting place to learn and grow as you become a podiatric physician. Here are just a few examples that set CPM apart.

Dedicated, Passionate Faculty: Your faculty are devoted to your success! In addition to teaching the required basic medical knowledge in our innovative curriculum, they spend countless hours ensuring you achieve every success possible through mentoring and by reinforcing your foundational understanding of the pre-clinical concepts and perfecting your clinical skills. The CPM faculty care about you.

Educational Technology: Virtual reality training and other medical simulators developed by the CPM faculty, digital 3-D biomechanics models and the Digital Doctor's Bag[®]

Humanism and the Curriculum Design: Caring for another person is a tremendous honor and responsibility. Therefore, it is important that you learn to care for a person, and then specialize. At CPM, you learn alongside your DO colleagues and become a vital member of an interprofessional care team as you become a podiatric physician.

Residency Placement: CPM has the highest residency placement in the country! 100% of our graduates placed nine consecutive years.

Today, you will tour the campus and hear from CPM faculty, students and others about some great things CPM offers. Please make sure to ask us if there is something you don't see or learn about. We want you to get everything out of your interview day.

Becoming a podiatric physician is an honor. It is a rewarding specialty that allows you to improve people's lives. CPM is an extraordinary place to learn and realize your potential as a podiatric physician and surgeon. I hope you see how CPM is changing the future and we hope you will be a part of the excitement here. Join us at WesternU and change your future!

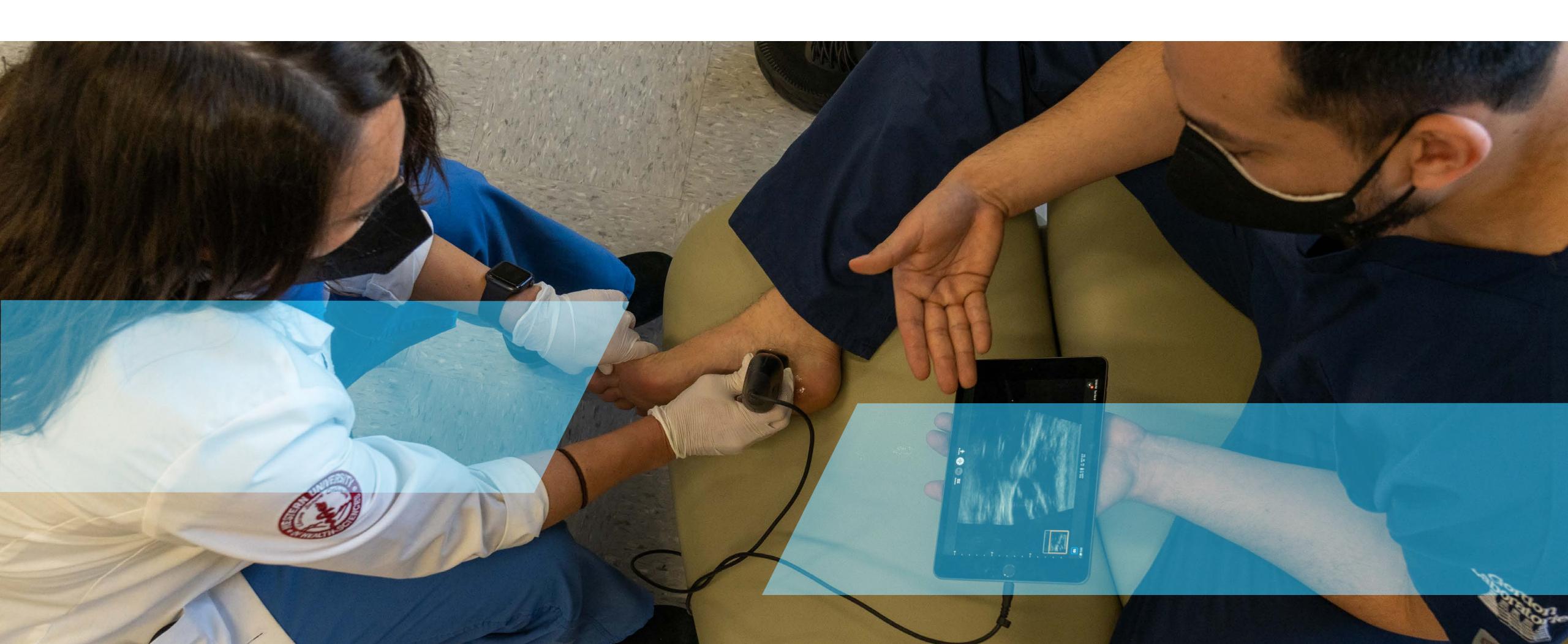
Jonathan Labovitz, DPM, FACFAS, CHCQM

Dean and Professor, College of Podiatric Medicine

An institution with a heart

There is a science to modern medicine and an art to compassionate healing.

Here, we teach and practice both to not only treat the whole patient but to build stronger relationships with them and the communities we serve.



THE INTERVIEW PROCESS

Welcome

Meet with our faculty, administration and other WesternU representatives.

Interview

Meet with a faculty member one-on-one. While naturally stressful, the goal is to get to know you and what kind of doctor you will be.

Campus Tour

See the WesternU campus, which is made up of the nine distinct colleges which you will collaborate with during your interprofessional educational experiences. You will also see technology driven classrooms and study rooms, the Sarkaria Family Patient Simulation Suite, and the WesternU Health Pomona patient care facility which is home to the Foot & Ankle Center, among others.

Admissions Committee

Following the interview day, the Admissions Committee will place you in one of four categories.

ADMIT

- Send any final official transcripts. You must have > "C" in all prerequisite courses.
- You will need to submit a deposit and health clearance documentation.
- Non-US Citizens will need to submit proof of residency.

ALTERNATE

- Acknowledge alternate status to remain in consideration.
- You may receive offers of admission as late as July.
- Admission is not guaranteed.

HOLD

Call the Office of Admissions with any questions.

DENIED

Schedule an advising appointment to discuss your application and how to improve your candidacy should you choose to reapply.

apply.westernu.edu/portal/advising-cpm

DEPOSIT DEADLINES

ADMITTED BY DEPOSIT DUE January 31 within 30 days of offer of admission February 1 – May 31 within 14 days of offer of admission After May 31 May require immediate deposit

Health clearance documents, final official transcripts and criminal background checks are due by June 1.

* If attending the Intensive Summer Anatomy Course (ISAC) then all documents are due May 1st.

Most institutions offer students 3-4 months total of clinical externships; our students start earlier and get more experience and exposure before residency interviews.

Jacqueline Truong, DPM
Assistant Dean, Pre-Clinical
Education and Outcomes Assessment



Elevating

the lives of our students, the lives of their patients, the specialty of Podiatric Medicine and Surgery itself.

100%

Residency Placement since the class of 2014

100%

Pass Rate on Boards
Part II & Clinical Skills
Patient Encounter

100%

High-quality educational experience from the inaugural class alumni survey

CURRICULUM

Our innovative curriculum is based on the latest literature to support adult learning, optimize multiple educational methods and retention to maximize your success and benefit your patients' well-being.

Overview

Your first two years focus on the foundations of medicine in classroom and small group activities, hands-on workshops, and standardized patients. Your third and fourth years are spent on clinical rotations learning to care for patients first-hand.

Pre-Clinical Education

First year focus: Normal functions of body, health, and wellness. Second year focus: Restoration of health, diagnosis, and treatment. We present the material in integrated blocks of the sciences and clinical skills. You also have podiatric specific courses and a two-year comprehensive course to help you prepare for the boards.

Clinical Education

In your third year you complete clinical rotations in medicine, surgery and podiatric medicine, surgery and biomechanics at core LA area hospitals. You will also have weekly didactic and skills session. Starting the last two months of your third year you extern at residency programs around the country.

Here the clinical and academic environments cross, which makes the experience more relevant.

Jonathan Labovitz, DPM
Dean and Professor
College of Podiatric Medicine

WesternU CPM provided the best well-rounded training in medicine and surgery. Excellent medical and podiatric training.

Alumni, Class of 2013

Interprofessional Education

Students from our nine graduate/professional colleges often work together in classrooms, small venues and with patients to develop an understanding of other healthcare professions and provide a team-based approach to patient care. The National Academy of Medicine and national healthcare organizations emphasize collaborative care, making this an essential component of training future health care professionals.

Summer Programs

Summer Preparedness and Readiness Course (SPaRC)

- 5 week student-centered and student-driven program
- Designed to prepare incoming students for the rigor of their program
- Introduces coursework, skills, and competencies in an interprofessional environment

Intensive Summer Anatomy Course (ISAC)

- Fast paced 6-week course
- Covers the gross anatomy course except for the Head & Neck portion
- Early exposure and improved faculty to student ratio
- If your final grade is 80 or above, you may be asked to facilitate the course during the academic year



Interprofessional education occurs when students from two or more professions learn about, from and with each other to enable effective collaboration and improve health.

World Health Organization (2010)

Interprofessional education teaches us to work as a team and understand what other specialties do-ultimately we learn how to provide better care.

Student, Class of 2019

WHAT SETS CPM APART?

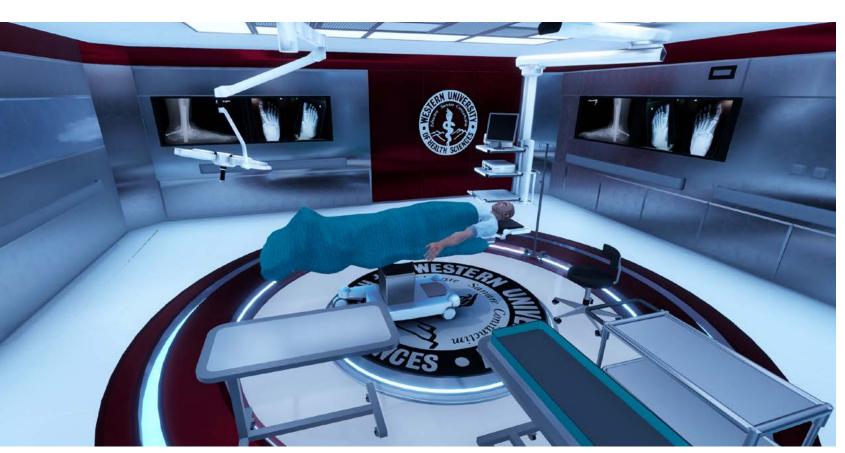
INNOVATION

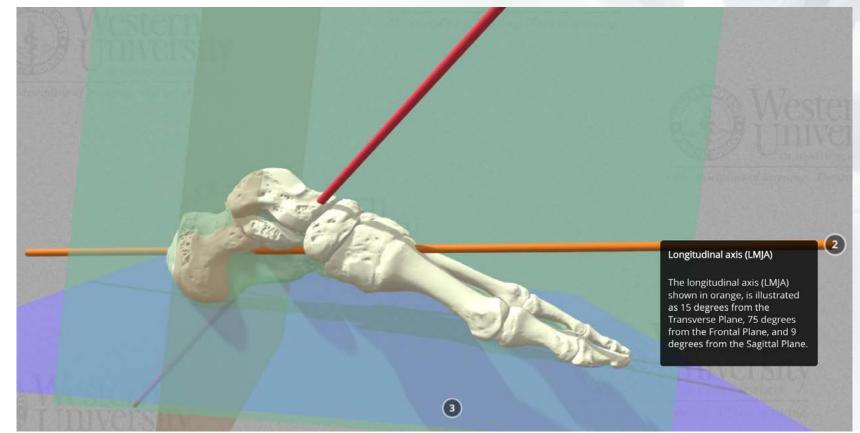
CPM's comprehensive and progressive medical curriculum integrates the foundational biomedical sciences by organ system. We also use multiple methods of conveying information, from lectures and case-based learning to hands-on and interprofessional experiences.

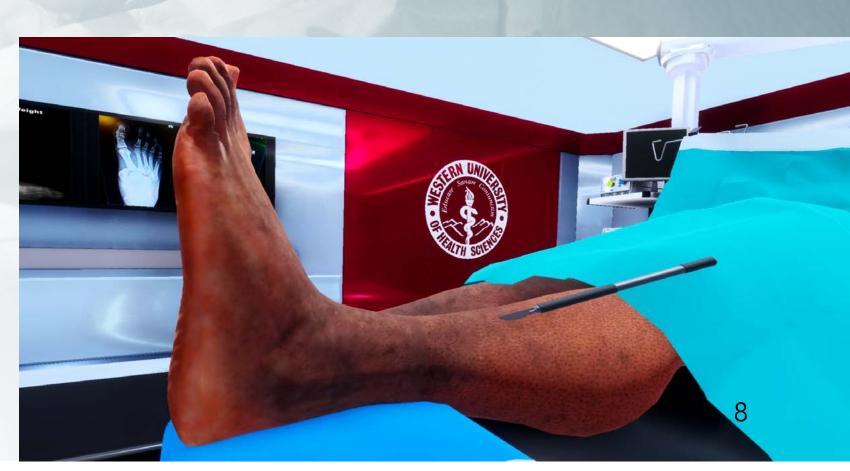
While we specialize in the lower extremity, our graduates function extraordinarily effectively in all aspects of medicine, making them an invaluable part of the patient care team.

What's next?

We are developing interactive tools to leverage the latest educational technology, including a virtual operating room and 3-D printed lower extremity models.







THE FACILITIES

Health Education Center

Most of your classes will be in this 4-story, 180,000 sq. ft. building that houses 6 auditoriums, more than 50 meeting rooms, faculty offices and college administration.

Biomechanics and Gait Lab

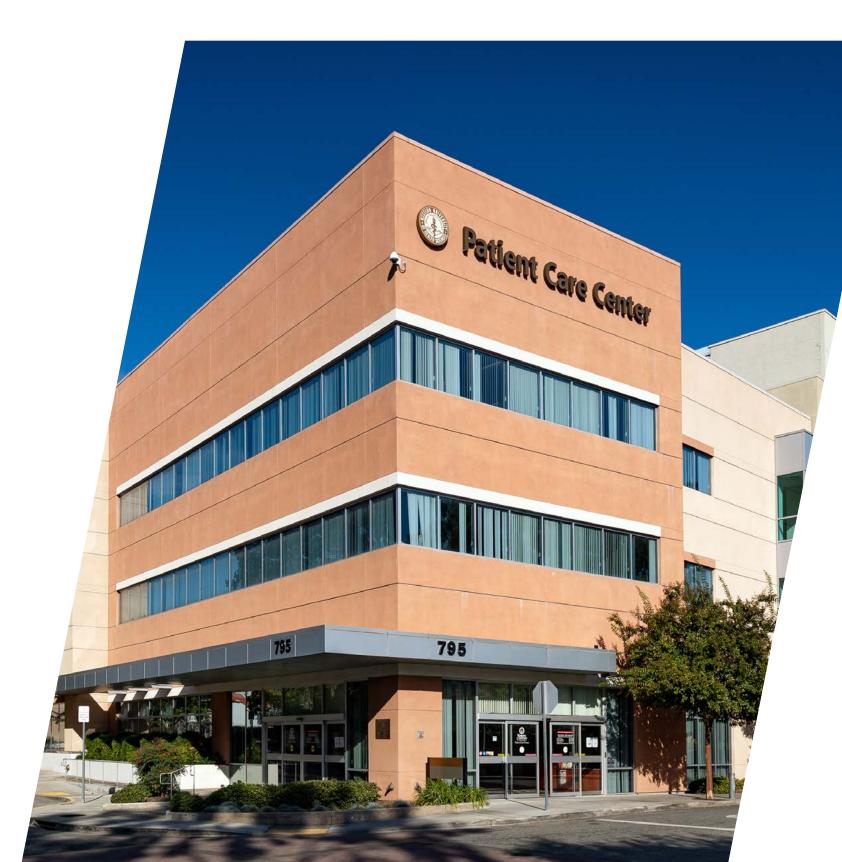
Our newest facility designed to assist our patients with state-of-the-art gait analysis and treatment space. As a student you'll have access to the most updated technology and treatment techniques.

WesternU Health | Pomona Patient Care Center

The patient care center on the Pomona campus is home to the Foot & Ankle Center, including cutting edge diagnostic technology for x-rays, gait analysis and vascular testing.









FINANCIAL AID

Financing a Healthy Future

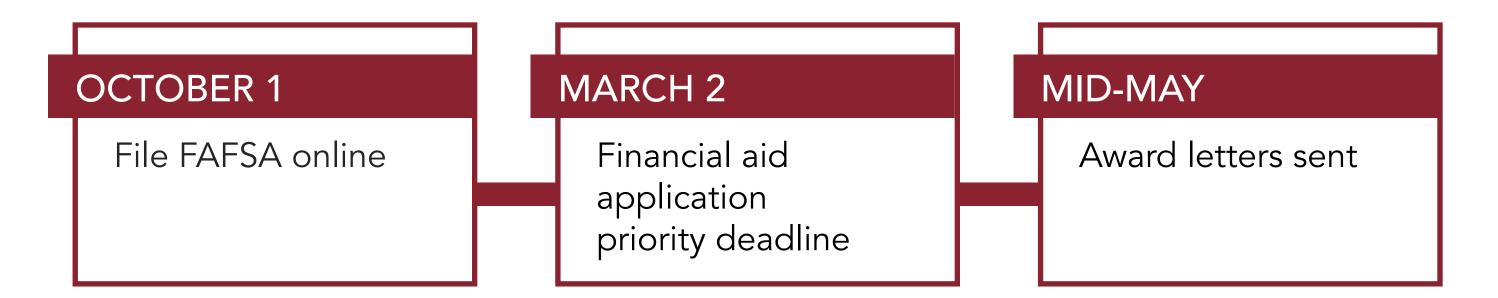
We believe it is critical to help support you as you finance the foundation of your career. The Financial Aid Office developed the Financing a Healthy Future literacy program site to help our students make better-informed decisions and provide you with the tools needed for financial planning, counseling, and budgeting. You can use these tools in your student, work, and personal life. For more information please visit **westernu.edu/financial**.

Need Assistance?

For additional information on Financial Aid visit westernu.edu or call 800-346-1610

Applying for Aid

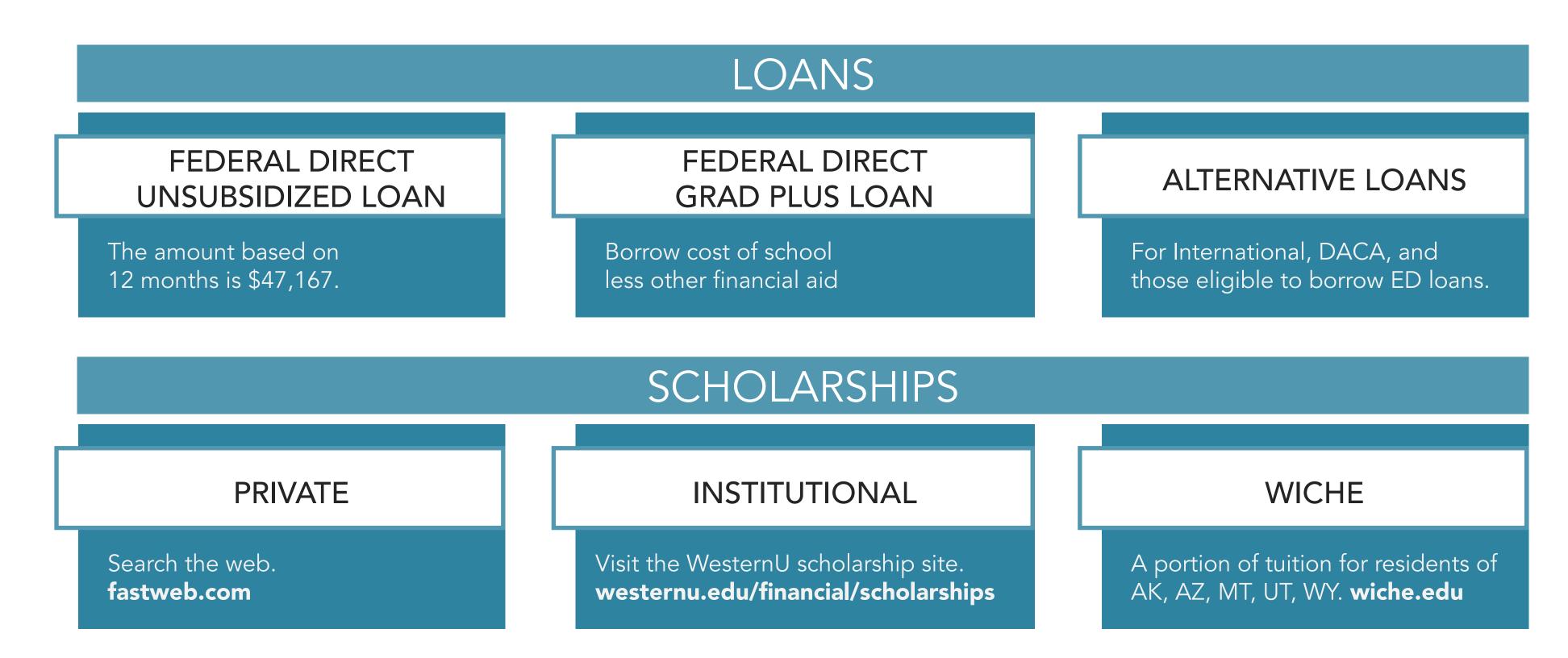
You **must** complete the FAFSA form | The WesternU school code is 024827 | File online at studentaid.gov/h/apply-for-aid



Graduate professional students are eligible to borrow federal loans up to the cost of attendance minus other financial aid from the Department of Education (ED) and/or non-Department of Education lenders referred to as an Alternate loan. Repayment begins six months after the student graduates or drops below half-time enrollment. Limited deferments and forbearances are available to students upon graduation based on economic hardship.

International and DACA students may be eligible for alternative loans, which require a credit check and a U.S. citizen co-signer.

Alternative loans have no interest rate cap and approval is not guaranteed.



Financial Aid webinars designed specifically for interviewees

prospective.westernu.edu/podiatry/dpm/interview-online

Financial Aid Student Budgets are Subject to Change

Information is updated annually at the end of April. | Please visit www.westernu.edu/financial/student-budgets/dpm for details.

2023/2024	First Year	Second Year	Third Year	Fourth Year	Podiatry-ISAC
Doctor of Podiatric Medicine	10 Months	10 Months	12 Months	12 Months	12 Months
Tuition & Fees					
Tuition	\$43,791	\$43,791	\$43,791	\$43,791	\$43,791
Student Body Fees	\$40	\$40	\$20	\$20	\$40
Graduation Fees	N/A	N/A	N/A	\$350	N/A
Top Hat	\$27	\$27	\$27	N/A	\$27
APMSA Membership	\$75	\$75	\$75	\$75	\$75
iPad	\$930	N/A	N/A	N/A	\$930
SEP/Medical Equipment	\$1,177	N/A	N/A	N/A	\$1,177
USMLE Scholar Rx 360 + Subscription	N/A	\$233	N/A	N/A	N/A
Total Fees	\$46,040	\$44,166	\$43,913	\$44,236	\$46,040
Budget Items/Estimated Costs					
Books & Supplies	\$1,145	\$0	\$0	\$0	\$1,145
Medical Equipment	\$0	\$600	\$600	\$0	\$0
Living Expenses (room + food)	\$18,720	\$18,720	\$22,453	\$22,453	\$22,453
Misc. Personal Expenses	\$6,226	\$6,226	\$7,469	\$7,469	\$7,469
Transportation	\$3,521	\$5,446	\$6,737	\$6,519	\$4,164
Boards – APMLE Part I	N/A	\$925	N/A	N/A	N/A
Boards – APMLE Part II	N/A	N/A	N/A	\$925	N/A
ISSM (2nd year only)	N/A	\$210	N/A	N/A	N/A
Limit License	N/A	N/A	N/A	\$131	N/A
Background Check/Drug Screening	\$100	N/A	N/A	N/A	\$100
Membership Dues/ACFAS	N/A	N/A	N/A	\$180	N/A
CASPR Application Fees	N/A	N/A	N/A	\$350	N/A
CRIP – Centralized Residency Interview Program/Travel	N/A	N/A	N/A	\$1,300	N/A
CPR/ACLS	N/A	N/A	N/A	\$90	N/A
Total Budget Components	\$29,712	\$32,127	\$37,259	\$39,417	\$35,331
Loan Fees					
Direct Stafford Unsubsidized Loan Fees	\$452	\$452	\$499	\$499	\$499
Grad PLUS Loan Fees	\$1,416	\$1,438	\$1,459	\$1,564	\$1,467
Total Loan Fees	\$1,868	\$1,890	\$1,958	\$2,063	\$1,966
Total Budget	\$77,620	\$78,183	\$83,130	\$85,716	\$83,337



STUDENT LIFE

We hold student events as a college and with The College of Osteopathic Medicine of the Pacific to celebrate your diligence and hard work during the year.

WesternU has an active student government and over 130 student clubs that highlight our diverse student body.

westernu.edu/students/student-government

WesternU offers fitness membership discounts. www.westernu.edu/students/fitness

As a graduate health sciences university, our employees and students should lead the way in promoting the shared responsibility of keeping themselves and their communities healthy and safe. Faculty, staff, residents, trainees, and students are required to participate in the COVID-19 Vaccination Program and must follow the appropriate procedures as outlined in the COVID-19 Vaccination Program Policy.





YOUR WELL-BEING

Harris Family Center for

Disability and Health PolicyIf you have a medical condition or disability that requires support services, including academic accommodations, CDHP will work with you.

Health Insurance

WesternU offers a student health plan. For more information see westernu.edu/registrar/registrar-about/student-health-insurance

Counseling

Full-time students have access to an Employee Assistance Program for Students through Optum Health. We also have a counselor on campus and the Dean and your faculty advisor provide counseling.

Well-Being Initiative

Workshops focusing on student wellness around exams, weekly meditation, and other activities to enrich the humanistic side of the student experience.

EDUCATIONAL SUPPORT

CPM Learning Skills Specialist

Discover the unparalleled advantage of CPM WesternU, where our students receive personalized support from dedicated program-specific learning skills specialists. Unlock your full potential as our expert identifies areas for improvement, enabling you to bridge gaps and achieve your peak performance from day one! Join us on the path to greatness and reach new heights of success with CPM WesternU by your side.

Learning Enhancement and Academic Development (LEAD)

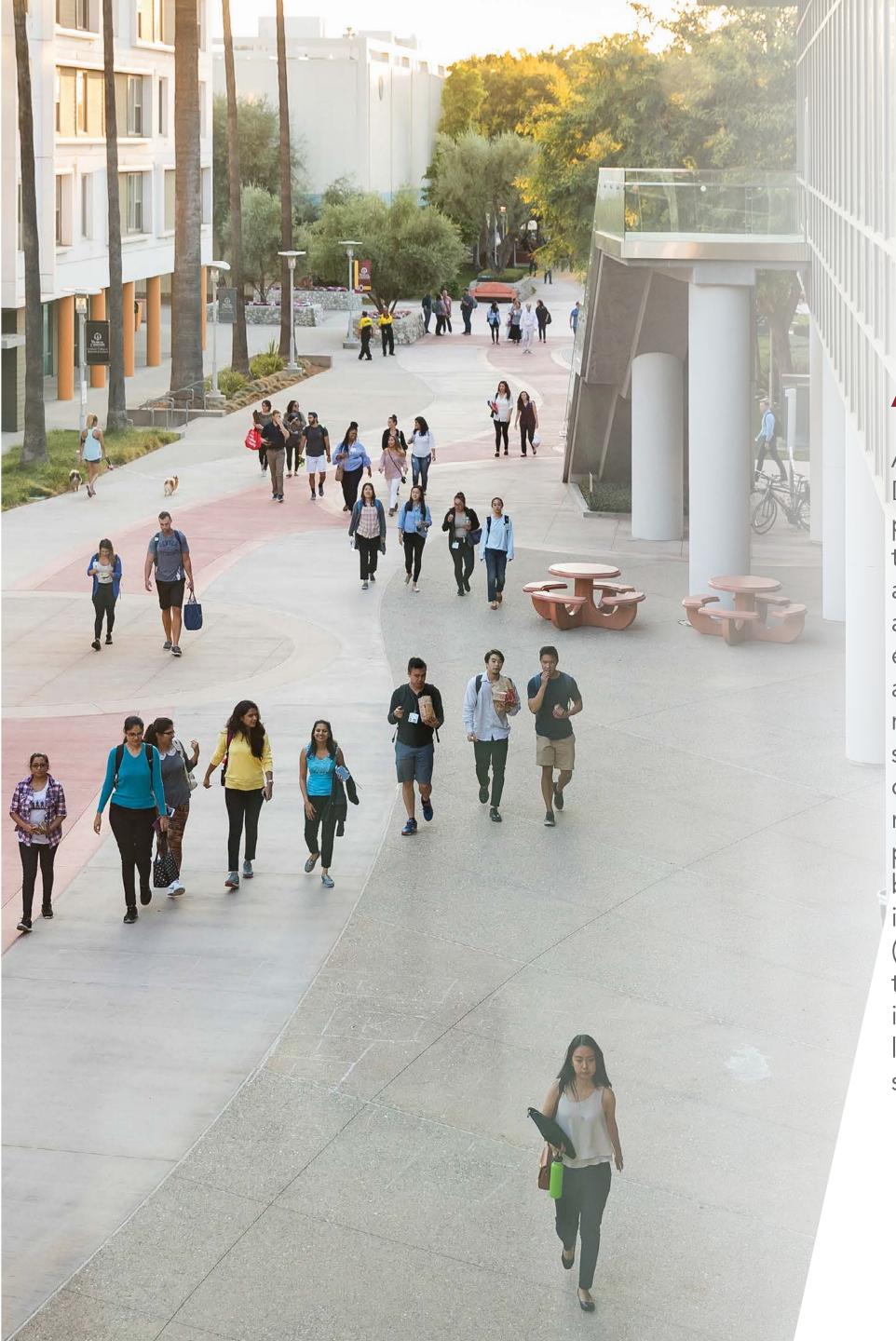
LEAD counselors are experts dedicated to assisting students to develop their academic, professional, and personal skills. They serve as a partner through academic counseling, learning style assessment, tutoring services, and many workshops on various topics to promote your academic success. Specifically, for CPM, the LEAD office has developed programs to enable students to accomplish their goals and achieve greater academic success starting early in the first academic year.

The Best Foot Forward program. The LEAD office designed this program specifically for CPM students experiencing challenges with the preclinical curriculum. It has been shown to be statistically significant in raising struggling students' scores and narrowing the achievement gap with excelling CPM students.

We love being a part of your academic journey from your first day in the program to when you become a successful podiatric practitioner. We are eager to hear from you about the good times and help you improve when times are challenging.

Neil Birt, Assistant Director of Learning Skills and Assessment, LEAD





PERSONAL COMPETENCIES FOR ADMISSION AND MATRICULATION

A candidate for admission to the Doctor of Podiatric Medicine (DPM) program must possess, or be able to achieve through a reasonable accommodation, certain sensory and motor functions, that would enable him/her to carry out the activities described below. Upon matriculation to the program, the student must continue to possess, or be able to achieve through a reasonable accommodation, the personal competencies outlined below throughout their progression in Doctor of Podiatric Medicine (DPM) program. Graduation from the program signifies that the individual is prepared for entrylevel podiatric medicine and surgery postgraduate training

programs. It follows that graduates must have the knowledge and skills needed to function in a broad variety of clinical situations (medical and surgical) and to render comprehensive general medical and surgical care as well as podiatric medical and surgical patient care. The podiatric medical student must be able to integrate, consistently and accurately, all information received by all available means necessary. In addition, he/ she must have the intellectual ability to learn, integrate, analyze, synthesize, and apply various types of information in a self-directed manner within the context of patient care.

A candidate for the DPM degree must exhibit abilities and skills, which include but are not limited to the six areas identified below. For candidates or students who require a reasonable accommodation in order to meet the competencies outlined below, please contact the Harris Family Center for Disability and Health Policy/ Accommodation and Resource Center (CDHP/AARC) at (909) 469-5297. Under all circumstances, a candidate or student should be able to perform the following in a reasonably independent manner, with or without a reasonable accommodation:

Observation

Candidates and students must have sufficient vision to be able to observe demonstrations, experiments, and microscopic laboratory exercises. They must be able to observe a patient accurately at a distance and close at hand.

Communication

Candidates and students must be able to communicate with patients and colleagues. They should be able to hear with or without reasonable accommodations. Candidates and students must be able to read, hear, speak, and be fluent in the English language. Reasonable accommodations may be provided for the hearing and speaking impaired.

Motor

Candidates and students must have sufficient motor functions to enable them to execute movements (with or without reasonable accommodations) that are reasonably required to provide general and emergency treatment of patients (i.e., palpation, auscultation, percussion, and other diagnostic and therapeutic modalities). Examples of procedures reasonably required of students and podiatric physicians include, but are not limited to: physical examination

in the acute and nonacute settings, cardiopulmonary resuscitation, insertion of a variety of catheters, administration of intravenous medication, application of pressure to stop bleeding, opening of obstructed airways, suturing of simple wounds, closed manipulation of lower extremity fractures, and intra-operative (open reduction with internal or external fixation-ORIF/OREF) of fractures. These actions require coordination of both gross and fine muscular movements, equilibrium, and functional use of the senses of touch and vision.

Intellectual, Conceptual, Integrative, and Quantitative Abilities

Candidates and students must demonstrate problem-solving skills, which involve intellectual, conceptual, integrative, and quantitative abilities. These abilities include memory, measurement, calculation, reasoning, analysis, and synthesis. The critical intellectual skill demanded of a podiatric physician, requires all of these intellectual abilities. In addition, candidates and students should be able to comprehend three-dimensional relationships and understand the spatial relationships of structures.



Behavioral and Social Attributes

Candidates and students must possess the emotional health required for full utilization of the intellectual abilities. They must show evidence that they can exercise good judgment and prompt completion of all responsibilities, attendant to the assessment and care of patients. Candidates and students must also demonstrate that they can develop mature, sensitive, and effective relationships with faculty, staff, colleagues, and patients. Candidates and students must be able to tolerate physically taxing workloads, adapt to changing environments, display flexibility, and learn to function in the face of uncertainties inherent in-patient care. Compassion, integrity, concern for others, interpersonal skills, interest, and motivation are all personal qualities to be assessed during the admissions and educational processes.

Physical Health

To ensure compliance with California State Health Department requirements and exhibit exemplary commitment to the rights and integrity of all parties in the education of health care professional students, WesternU/CPM has established medical status credentialing requirements that must be completed prior to matriculation. In addition to the skills listed above, candidates for the DPM degree also must be sufficiently free of any serious communicable diseases. Medical status credentialing is designed to ensure that the safety of patients, colleagues and staff is not compromised while protecting the rights and safety of students as well. For more detailed information, contact the Student/ Employee Health Coordinator.



HOUSING & TRANSPORTATION

The Daumier at Western University of Health Sciences is a unique housing option for WesternU students. Conveniently located, and with an impressive list of amenities, The Daumier was designed with you in mind. Visit our Housing Website to learn more about The Daumier and other housing options near campus. Once admitted, we also offer a secure database where you can search for other students looking for a roommate.

www.westernu.edu/students/housing-information

The parking lots are managed by the city of Pomona. You can purchase an annual parking permit during online registration or you may choose to park in metered lots. The Metrolink train is another option for students commuting to campus. The Pomona downtown station, which is a few blocks from campus, operates on the Riverside Line, connecting downtown Riverside to Los Angeles. The Pomona North station, which is further from the school, is on the San Bernardino Line, which runs from downtown San Bernardino to Los Angeles. You can get more information at **metrolinktrains.com**.





WHAT STUDENTS SAY

What I am doing here is changing people's lives.

Humanism teaches us how to really care for a patient. We learn compassion and a way of practicing.

Faculty here are more like mentors, they really take an interest in you.



CONTACTS

ADMISSIONS OFFICE

309 E. Second Street Pomona, CA 91766 (909) 469-5335 Admissions@westernu.edu

DPM/DPM-AS Interviewing Candidates

Martha Alfaro Assistant Director of Admissions (909) 469-5332 malfaro@westernu.edu

DPM/DPM-AS Prospective Students, Recruitment and Outreach

Christopher Vu Recruiter- Graduate Health Professions Programs (909) 469-5261 cbvu@westernu.edu

Applicants with last names starting in 'A' - 'I' and Linkage Candidates

Coral Ashley, Admissions Counselor (909) 469-5377 cashley@westernu.edu

Applicants with last names starting in 'J' - 'Q'

Julia Rodriguez, Admissions Counselor (909) 469-5649 juliarodriguez@wewsternu.edu

Applicants with last names starting in 'R' – 'Z' and Transfer Applicants

Judith Mauricio, Admissions Counselor (909) 469-5333

imauricio@westernu.edu

FINANCIAL AID OFFICE

(909) 469-5353 finaid@westernu.edu

COLLEGE OF PODIATRIC MEDICINE STUDENT SERVICES

Heather Williams
Assistant Dean for Student Affairs
(909) 706-3889
Mobile: (909) 996-0910 (call or text)
studentaffairs@westernu.edu

Hingrit Avendano de Cruz Administrative Associate I (909) 706-3933 havendanodecruz@westernu.edu

SOCIAL MEDIA

Facebook: westernUCPM
Twitter: @WesternUCPM
Instagram: westernUCPM

You Tube: WesternU CPM Student Affairs

ONLINE

westernu.edu/podiatricmedicine prospective.westernu.edu

