

# WesternU

College of Osteopathic Medicine of the Pacific - Northwest



## Meet Martin

2022 Recipient of the  
WesternU Board of Trustees Scholarship



Dear WesternU Trustees,

Thank you so much for the Board of Trustees Scholarship!

I grew up in a rural community in Perris, California, which has many similarities to Lebanon. I graduated from the University of Oregon with a bachelor's degree in art, and continued my education at Southern New Hampshire University, where I graduated with a master's degree in public health. I chose WesternU and the Doctor of Osteopathic Medicine program because WesternU aligns with many of my values like cultural sensitivity and lifelong learning, and it infuses those values with osteopathic manipulative medicine. Community service is very important to me, and I strive to support underserved communities through volunteering with harm reduction and social service agencies. Addiction medicine is also very important to me, as I work with the Oregon Society of Addiction Medicine as a coordinator, policy advocate and website designer. I hope to either become a practicing psychiatrist or a public health medical officer once I graduate to continue serving my community.

Ever since high school, I've had to maintain some form of employment while attending school. This scholarship will be the reason I'm able to attend school in the fall and continue my journey throughout my four years at WesternU. I won't have to worry so much about how to pay for school or have to find additional employment for living expenses. This scholarship will allow me to be just a student for the first time in my college experience. Thank you again!

Sincerely,

Martin Allums  
DO Class of 2026



Learn More About  
**Martin Allums, DO 2026**  
Trustee Scholarship Recipient



<b>Hometown:</b>	Perris, CA
<b>Undergrad:</b>	University of Oregon
<b>Degrees:</b>	B.S. in Art; M.S. in Public Health (from SNHU)
<b>Hobbies/Interests:</b>	Reading, art, biking
<b>Previous Career/Job:</b>	Public health worker for Lane County Public Health

**What is your proudest accomplishment?** My proudest accomplishment is my most recent work with Lane County Health and Human Services. I worked on a project examining refugee health for Afghan refugees receiving services from Lane County and was able to provide the department with a number of recommendations to immediately improve refugee health and support interpreter services.

**What inspired you to pursue your health sciences career path?** The thing that continues to inspire me to pursue health sciences is seeing people in pain who can be healed through medicine. Growing up, my mom had often been in pain but refused to seek treatment for her conditions because of a fear of medical procedures. I hope to help people feel more comfortable while they are being treated so they have more confidence to work with providers in the future.

**Why did you choose to attend WesternU?** Western U was my top choice program. I knew I wanted to come here because of the faculty's commitment to diversity and inclusion, as well as the wide variety of service opportunities and the school wide commitment to give back to the community.

**What are your future career plans/goals?** I hope to be either a psychiatrist or a public health officer.

**How will the Trustee Scholarship impact you?** This scholarship has given me the opportunity to attend medical school. I had been worried about how I would maintain finances and go to school, since I've always had to work multiple jobs while attending school to make ends meet. With this scholarship, I will be able to focus on my studies without worrying about choosing between things like food and school.

**What impact are you hoping to make on the community you serve?** I hope to build trust and confidence between minority communities and health care institutions or local clinics so that they can have pride in their community health care services. I also hope to improve the health outcomes of the Black community to achieve health equity.