

Western University of Health Sciences

College of Graduate Nursing

Master of Science in Nursing - Entry Program

CGN 6602: Mental Health

Mental Health Nursing Care Plan

**Patient’s Initials: \_\_\_\_\_\_\_\_\_\_ Age: \_\_\_\_\_\_\_ Gender: \_\_\_\_\_\_\_\_\_\_\_**

**Admitting Diagnosis: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Admission: \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |  |
| --- | --- | --- | --- |
| **Living Conditions:** | **Support System:** | **Cultural Implications:** | **Education / Work History:** |
| * With Whom? * Environment*:* |  |  |  |
| **Psychiatric History:** | **Other Health Problems:** | **Current Medications:** | **Health Habits:** |
|  |  |  | *Smoking:*  *Drugs:*  *Drinking:*  *Sleeping:*  *Elimination:* |

Patient’s perception of the problem:

Patient’s solution to the problem:

**ASSESSMENT MENTAL STATUS EXAM:**

**Appearance:** Well groomed Age approp Disheveled Unusual Phys Traits +Hygiene -Hygiene Thin Obese

**Behavior:** Calm Agitated Rigid Tense Inapprop Restless Fidgety Tearful Pacing Handwringing Hyperactive

**Speech:** RRR Clear Coherent Slowed Soft Slurring Loud Pressured Hyperverbal Hesitancy Mute Monotone

**Affect:** Full range Bright Guarded Blunted Flat Labile Restricted Variable Incongruent with stated mood

**Mood:** Euthymic Happy Depressed Anxious Euphoric Melancholy Angry Irritable Fearful Worried

**TC:** No SI/HI/AVH +SI +HI Other Hallucinations Compulsions Obsession Phobia(s) Feelings of unreality

Paranoia Delusions-persecution, reference, control, somatic, systematized Illusions

Thought broadcasting Thought insertion Preoccupations

Give details of findings in TC:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**TP:** Linear Flight of ideas Loose associations Ideas of reference Grandiose Magical Thinking

Circumstantial Tangential Neologisms Thought Blocking Thought Insertion Echolalia Word salad

Concrete

**Cognition:** MMSE Score (if applicable):\_\_\_/30 Recent Memory-Intact or Ltd Remote Memory-Intact or Ltd

Attention-WNL or Poor Concentration-WNL or Low Abstract thought-WNL or Ltd

Intelligence-Superior, Average, Below

**Impulse Control**: Good Fair Poor **Judgement:** Good Fair Poor **Insight:** Good Fair Poor

**Movement Disorder?** Yes No If Yes, explain type\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Additional Comments:**

**Nursing Diagnosis:**

**Nursing Diagnoses w/Related Factors & Defining Characteristics:**

1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_related to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

as evidenced by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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2.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_related to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

as evidenced by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Planning-Outcome Identification:**

**Goals/Expected Outcomes for Dx #1:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Goals/Expected Outcomes for Dx #2:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Implementation-Interventions:**

**Interventions for Dx #1: Rationales for Interventions:**

**Interventions for Dx #2: Rationales for Interventions:**

**Evaluation:**

**Evaluation of Expected Outcome for Dx #1: Evaluation of Expected Outcome for Dx #2:**

**Student Comments**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Instructor Comments**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Points\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

The most successful care plan is worth 10 points each week.